Centro de Estágio Porto Antigo
Porto Antigo Training Centre
PORTO ANTIGO-TRAINING CENTRE

- The training centre was officially opened in 2006 and since then has welcomed athletes and teams from around the world, such as Australia, Austria, Germany, Spain, Belarus, Canada, Hungary, Portugal, Russia, Norway, United Kingdom, Scotland, Poland, Sweden, Slovenia, Denmark, Italy, Ukraine, Malta and Japan, among others.

- Hotel/Centre is overlooking a huge and charming water mirror in the famous Douro Valley, UNESCO World Heritage. The Hotel results from the restoring of the house that belonged to renowned Africa explorer Alexandre Alberto da Rocha Serpa Pinto. The beautiful landscape and microclimate allow temperature and unique conditions for the practice of water sports.

- We are located on the left bank of the Douro River, Portugal’s second largest river and next to Europe’s biggest lock, only 4 Km/2.49 miles away. In close proximity to our training centre is a smaller river, called Bestança, which is the second less polluted river in Europe with a course of 1000 meters/0.62 miles, marked with buoys.

- The river extension is 45 Km (27.96 miles) and the weather conditions are quite favourable, even in the winter.

- The Hotel/Centre is located 70 km/43.50 Miles from Porto and access to the hotel from International Airport Francisco Sá Carneiro (Porto) is guaranteed by train or shuttle provided by the Hotel.

- The hotel has 23 rooms, restaurant, bar, gym, outdoor pool, laundry, massages on request, bicycles, possibility of hiking and other activities like rafting, canyoning and paint ball, among others.
PORTO ANTIGO TRAINING CENTRE TECHNICAL FILE

• Location
• Porto Airport
• Transfer (1)
• Rooms
• Distance to water
• Extent of water
• Course
• Restaurant
• Spa
• Gym
• Outside swimming pool
• Laundry
• Bar
• Motorboat
• Terrace
• TV sitting room
• Website

• Price/night/person(2013)
• Average temperature throughout the year

Porto Antigo, Cinfães, Viseu
70 Km (43.50 miles)
Available
23
10 mts - private marina
45 Km (27.96 miles)
1000 meters (0.62 miles)
Available
8 Km
Available
8 Km
Available
Available
Available
Available
Available
Available
Available
Available
Available
Available

[1] Free, depending on the length of the stay.
[2] Price per person in double room in full board with drinks from 1st October to 30th June. Different dates on request.
HOTEL AND TRAINNING CENTRE
MARINA
TRAINING CENTRE
TRAINING CENTRE
GYMNASIUM
THE ROOMS
Centro de Estágio Porto Antigo
Porto Antigo Training Centre

Links:
• http://www.hotelportoantigo.com/pt/