



FISA ANTI-DOPING PROGRAMME

Individual Training Camp Form

To be Completed by the NATIONAL FEDERATION

Please send FISA a copy of this form for each training camp planned for the coming year. These forms must be sent to FISA if possible by 31 December, if not, no later than 2 weeks before the start of any training camp. FISA should be notified of any changes no later than two weeks before the start of the training camp. All details regarding the location, hotels, training schedules, and times of arrival and departure should be noted.

FISA fax no.: +41 21 617 83 75 **FISA email:** info@fisa.org

Discipline:

- Men**
 Women
 Lightweight Men
 Lightweight Women
 Junior Men
 Junior Women

National Federation: _____ Dates of training camp: _____

Contact person at training venue: _____ Telephone: _____

Venue of training camp: _____ Country: _____

Name & address of hotel / apartment: _____

Phone: (area code & number) _____ Fax no: _____

Time & date of arrival: _____

Time & date of departure: _____

TRAINING SCHEDULE

Please indicate training times (from – to)

| Day | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----|--------|---------|-----------|----------|--------|----------|--------|
| AM | | | | | | | |
| PM | | | | | | | |

Form completed by: _____

Dated: _____ Name: _____

Location: _____ Signed: _____