



GUIDE TO ABBREVIATED THERAPEUTIC USE EXEMPTIONS (ATUE) APPLICATIONS

Approval body for applications: FISA

Athlete level: International Athlete

Substances:

- **Beta-2 agonistes** (Formoterol, Salbutamol, Salmeterol and Terbutaline by inhalation)
- **Glucocorticosteroids** (*intraarticular /periarticular/ peritendinous/ epidural/ intradermal injections and inhalation*)
- *Oral, rectal, intraveinuous or intramuscular administration require a Standard TUE*
- *Glucocorticosteroids topical when used for dermatological (including iontophoresis/phonophoresis), auricular, nasal, ophthalmic, buccal, gingival and perianal disorders are not prohibited and do not require any form of Therapeutic Use Exemption.*

Preamble: The conditions to meet to obtain a Therapeutic Use Exemption are clearly defined by WADA in the **INTERNATIONAL STANDARD FOR THERAPEUTIC USE EXEMPTIONS**.

4.2. The Athlete would experience a significant impairment to health if the Prohibited Substance or Prohibited Method were to be withheld in the course of treating an acute or chronic medical condition.

*4.3. The therapeutic use of the Prohibited Substance or Prohibited Method would produce **no additional enhancement of performance** other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition. **The use of any Prohibited Substance or Prohibited Method to increase “low-normal” levels of any endogenous hormone is not considered an acceptable therapeutic intervention.***

4.4. There is no reasonable therapeutic alternative to the use of the otherwise Prohibited Substance or Prohibited Method.

4.5. The necessity for the use of the otherwise Prohibited Substance or Prohibited Method cannot be a consequence, wholly or in part, of prior non-therapeutic use of any substance from the Prohibited List.

Medical doctors should make sure all conditions have been met before sending a TUE application to FISA.

1. In accordance with article 4.4.2. of **FISA Antidoping Rules**, all athlete of international level
 - 1.1. included by FISA in the FISA's Registered Testing Pool (RTP) and /or
 - 1.2. prior to their participation in
 - 1.2.1. a World Cup Regatta
 - 1.2.2. a World Championship
 - 1.2.3. a Continental Championship
 - 1.2.4. an Olympic Qualification Regattamust submit to FISA an abbreviated TUE application (ATUE) for the use of a
 - beta-2 agonists and/or
 - glucocorticosteroids (by inhalation, péri- or intra-articulars injections, iontophoresis and anal topical preparations)

The list of the athletes who are on the current **FISA's Registered testing Pool** can be found on the FISA anti-doping website.

Note: All other athletes (non-international) must apply to their National Anti-Doping Organisation for an ATUE approval. This may be either the National Federation, or the National Anti-Doping Organisation.

A TUE granted for a national level athlete, shall be effective only for the purposes of competitions other than those listed in the List of International Competitions referred to above. If the athlete concerned subsequently becomes an International-Level athlete or seeks to compete in an International Competition, he must submit a further TUE application directly to FISA. If the athlete does not submit such a TUE application and subsequently tests positive at an International Competition for the prohibited substance for which he applied for a TUE at national level, this shall nevertheless be considered by FISA to be an adverse analytical finding and the athlete shall be subject to an investigation for an anti-doping rule violation.

2. An ATUE application must be submitted to FISA notwithstanding that the athlete may previously have submitted a ATUE application to his national federation or his National Anti-Doping Agency

☞ A TUE Application to FISA

3. The ATUE application must be submitted to FISA on the **FISA's Abbreviated Application Form**. It is recommended that a copy of the Abbreviated Application Form is also sent to the athlete's Team Doctor.
4. The ATUE application submitted to FISA must be complete. It will be considered to be complete if

- 4.1. it is legible
- 4.2. all boxes on the Abbreviated TUE Application Form have been properly filled
- 4.3. it is accompanied by all supporting medical documents required by the FISA .

Both the Abbreviated TUE Application Form and the supporting medical documents must be submitted to FISA in either English or French.

5. On receipt of an ATUE application by FISA, the application shall be reviewed for its completeness. The Abbreviated TUE Application Form and all supporting medical documents shall be treated in strict confidence for this purpose.

☞ Incomplete Applications

6. If the ATUE application is incomplete either because
 - 6.1. the ATUE Application Form has not been properly filled (in English or French)
 - 6.2. it does not attach the supporting medical documents required (in English or French)the application shall be returned to the athlete. If the ATUE application is illegible, it shall also be considered incomplete and returned to the applicant. That's why athletes and doctors are therefore warned to take great care in completing the A TUE application and to check, prior to its dispatch to FISA, that all the necessary medical documents are attached. Athletes are recommended to seek specialist medical advice if they are unsure about any specific documents that are required to be submitted.
7. If an ATUE application is returned as **incomplete**, there shall be **no effective** ATUE in place for the athlete in question. If the athlete still wishes to apply for a ATUE, he shall be required to re-submit his application to FISA in a legible form and with the missing information and/or documents stipulated.

☞ ATUE Application is complete : Effective ATUE

8. If the ATUE application is complete, FISA shall write to the athlete to inform him that the ATUE is effective immediately pending review of the file by the FISA TUE Panel. FISA shall copy this notification to the athlete's National Federation and to WADA.

☞ Review of complete applications and decision by FISA TUE Panel

9. Following its review, the FISA TUE Panel shall either
 - 9.1. validate the ATUE and issue the athlete with a certificate of approval confirming the duration for which the ATUE is granted
 - 9.2. cancel the ATUE.

If FISA TUE Panel validates an ATUE, FISA shall send a copy of the certificate to the athlete's national federation and notify WADA.

☞ Cancellation of ATUE by FISA TUE Panel

10. If an ATUE is cancelled by FISA TUE Panel, the cancellation shall take immediate effect on its notification to the athlete by registered mail at the address stated on the TUE Application

Form. The cancellation shall also be notified to the athlete's National Federation and to WADA.

☞ **Further TUE Application through the Standard Application Procedure**

11. If an ATUE is cancelled by FISA TUE Panel, the athlete may re-apply to FISA for a Standard TUE through the standard application procedure. Pending such an application, however, there shall be no effective TUE on file for the athlete.

Note: Changes to this TUE Guide may be necessary from time to time. Always refer to the FISA website for the most up to date version.