



WRC III Poznan, Poland

17 - 19 June 2016

8
(Event)

RACE DATA
Lightweight Women's Double Sculls
19 JUN 2016

LW2x
FA
Race 135

Dist. [m]	ITA		DEN		NED1		IRL		POL		NZL	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.1	45.0	4.1	44.0	4.1	43.0	4.0	43.0	4.0	34.0	4.0	48.0
100	5.1	42.0	5.0	41.0	5.0	40.0	5.0	41.0	5.0	44.0	4.9	45.0
150	5.1	40.0	5.2	40.0	5.1	38.0	5.2	39.0	5.1	42.0	5.1	44.0
200	5.1	39.0	5.1	39.0	5.1	37.0	5.1	38.0	5.1	40.0	5.1	41.0
250	5.0	38.0	5.1	38.0	5.0	36.0	5.0	37.0	5.0	39.0	5.0	39.0
300	5.0	38.0	5.0	37.0	5.0	36.0	5.0	37.0	4.9	38.0	4.9	39.0
350	5.0	37.0	5.0	37.0	5.0	35.0	4.9	35.0	4.9	38.0	5.0	38.0
400	4.9	37.0	5.0	37.0	4.9	35.0	4.9	34.0	4.8	37.0	4.8	38.0
450	4.8	35.0	5.0	37.0	4.8	34.0	4.8	34.0	4.8	37.0	4.8	37.0
500	4.8	35.0	4.9	36.0	4.8	34.0	4.8	34.0	4.7	36.0	4.8	37.0
550	4.8	35.0	4.9	36.0	4.8	34.0	4.9	34.0	4.8	36.0	4.9	37.0
600	4.8	37.0	4.9	35.0	4.9	34.0	4.8	34.0	4.8	36.0	4.8	37.0
650	4.8	36.0	4.9	35.0	4.9	34.0	4.9	34.0	4.7	36.0	4.9	36.0
700	4.7	36.0	4.9	35.0	5.0	34.0	4.8	34.0	4.8	36.0	4.9	37.0
750	4.8	36.0	4.9	34.0	5.0	35.0	4.9	34.0	4.7	36.0	4.8	37.0
800	4.8	36.0	4.8	34.0	5.0	34.0	4.9	34.0	4.8	36.0	4.9	36.0
850	4.8	37.0	4.9	35.0	4.9	34.0	4.9	34.0	4.8	36.0	4.9	37.0
900	4.8	36.0	4.9	34.0	4.9	34.0	4.9	34.0	4.7	36.0	4.8	37.0
950	4.7	36.0	4.8	34.0	4.8	34.0	4.9	34.0	4.7	35.0	4.9	37.0
1000	4.8	36.0	4.8	34.0	4.8	34.0	4.9	34.0	4.8	35.0	4.8	37.0
1050	4.7	36.0	4.8	34.0	4.8	34.0	4.9	34.0	4.7	35.0	4.8	37.0
1100	4.7	37.0	4.8	34.0	4.8	34.0	4.8	34.0	4.7	35.0	4.9	36.0
1150	4.7	37.0	4.8	33.0	4.9	34.0	4.8	34.0	4.8	35.0	4.8	37.0
1200	4.8	36.0	4.8	34.0	4.9	35.0	4.8	34.0	4.8	35.0	4.9	37.0
1250	4.6	36.0	4.8	34.0	4.9	35.0	4.9	34.0	4.7	35.0	4.8	37.0
1300	4.7	36.0	4.8	35.0	4.9	35.0	4.8	34.0	4.7	35.0	4.8	37.0
1350	4.6	36.0	4.8	35.0	4.8	34.0	4.8	34.0	4.8	35.0	4.8	37.0
1400	4.6	36.0	4.8	35.0	4.8	35.0	4.8	34.0	4.7	35.0	4.9	37.0
1450	4.6	35.0	4.8	35.0	4.8	35.0	4.7	34.0	4.7	35.0	4.9	37.0
1500	4.7	35.0	4.8	35.0	4.8	34.0	4.7	34.0	4.7	35.0	4.8	37.0
1550	4.7	36.0	4.8	36.0	4.8	34.0	4.7	34.0	4.7	36.0	4.8	37.0
1600	4.7	37.0	4.8	36.0	4.8	34.0	4.8	35.0	4.7	36.0	4.8	38.0
1650	4.7	37.0	4.8	37.0	4.9	35.0	4.8	35.0	4.7	36.0	4.9	38.0
1700	4.7	37.0	4.9	37.0	5.0	37.0	4.7	35.0	4.8	37.0	4.9	38.0
1750	4.8	37.0	4.9	37.0	5.0	36.0	4.6	34.0	4.8	37.0	4.8	39.0
1800	4.8	37.0	4.9	37.0	5.0	37.0	4.7	34.0	4.9	38.0	4.9	39.0
1850	4.8	39.0	4.9	38.0	5.0	37.0	4.7	36.0	4.9	38.0	4.9	39.0
1900	4.9	38.0	5.0	40.0	4.9	38.0	4.7	36.0	4.9	38.0	4.9	40.0
1950	5.0	39.0	5.1	42.0	5.0	38.0	4.7	36.0	5.0	38.0	5.0	41.0
2000	4.9	40.0	5.1	41.0	5.0	38.0	4.6	36.0	4.9	39.0	4.9	42.0

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