



WRC III Poznan, Poland

17 - 19 June 2016

17
(Event)

RACE DATA
Lightweight Women's Single Sculls
18 JUN 2016

LW1x
FC
Race 77

Dist. [m]	LAT		PER		CZE		SUI2		POL		KOR	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.9	40.0	3.7	42.0	3.7	50.0	3.9	49.0	3.9	44.0	3.7	42.0
100	4.5	38.0	4.3	38.0	4.4	44.0	4.6	44.0	4.5	40.0	4.4	38.0
150	4.6	38.0	4.3	35.0	4.5	42.0	4.7	43.0	4.6	38.0	4.6	37.0
200	4.6	37.0	4.3	36.0	4.5	41.0	4.7	41.0	4.6	37.0	4.5	35.0
250	4.5	36.0	4.2	35.0	4.4	41.0	4.5	38.0	4.5	36.0	4.4	35.0
300	4.4	36.0	4.1	34.0	4.3	39.0	4.4	38.0	4.4	35.0	4.3	34.0
350	4.4	34.0	4.1	34.0	4.2	37.0	4.3	36.0	4.3	34.0	4.3	33.0
400	4.2	34.0	4.0	33.0	4.2	37.0	4.3	36.0	4.2	34.0	4.2	32.0
450	4.3	34.0	4.0	33.0	4.2	36.0	4.3	36.0	4.3	34.0	4.2	32.0
500	4.3	34.0	4.0	32.0	4.2	34.0	4.2	35.0	4.3	33.0	4.2	31.0
550	4.2	34.0	4.1	33.0	4.2	35.0	4.2	35.0	4.3	33.0	4.2	32.0
600	4.2	33.0	3.9	33.0	4.1	34.0	4.1	35.0	4.1	33.0	4.1	31.0
650	4.1	33.0	4.0	33.0	4.1	33.0	4.1	34.0	4.2	32.0	4.1	30.0
700	4.2	33.0	4.0	32.0	4.1	33.0	4.0	33.0	4.2	33.0	4.1	30.0
750	4.1	32.0	3.9	32.0	4.1	32.0	4.1	34.0	4.2	32.0	4.1	30.0
800	4.2	32.0	4.0	32.0	4.2	32.0	4.1	34.0	4.2	32.0	4.1	30.0
850	4.1	32.0	4.0	32.0	4.1	32.0	4.0	35.0	4.2	32.0	4.1	30.0
900	4.1	32.0	4.0	32.0	4.2	32.0	4.1	35.0	4.2	32.0	4.1	30.0
950	4.1	32.0	4.1	32.0	4.1	34.0	4.1	34.0	4.2	32.0	4.2	30.0
1000	4.1	32.0	4.0	32.0	4.2	33.0	4.1	34.0	4.2	32.0	4.1	30.0
1050	4.0	32.0	4.1	32.0	4.2	33.0	4.2	35.0	4.3	32.0	4.1	30.0
1100	4.1	32.0	4.1	33.0	4.1	33.0	4.1	34.0	4.1	31.0	4.0	30.0
1150	4.0	32.0	4.0	33.0	4.0	33.0	4.1	34.0	4.1	31.0	4.0	30.0
1200	4.0	32.0	4.1	33.0	4.1	33.0	4.1	33.0	4.2	32.0	4.1	30.0
1250	4.0	32.0	4.2	32.0	4.2	33.0	4.1	33.0	4.1	32.0	4.1	30.0
1300	4.1	32.0	4.2	32.0	4.1	33.0	4.1	34.0	4.2	31.0	4.0	29.0
1350	4.1	32.0	4.1	32.0	4.1	32.0	4.0	33.0	4.2	31.0	4.0	29.0
1400	4.1	32.0	4.1	31.0	4.1	33.0	4.0	33.0	4.1	31.0	4.0	30.0
1450	4.1	32.0	4.1	32.0	4.1	32.0	4.1	33.0	4.1	31.0	3.9	29.0
1500	4.0	32.0	4.0	33.0	4.0	32.0	4.0	33.0	4.2	31.0	3.9	29.0
1550	4.1	32.0	4.1	33.0	4.1	32.0	4.0	33.0	4.2	31.0	3.8	29.0
1600	4.1	33.0	4.2	34.0	4.1	32.0	4.0	33.0	4.1	31.0	4.0	29.0
1650	4.2	33.0	4.1	33.0	4.2	32.0	4.0	33.0	4.2	31.0	4.0	30.0
1700	4.2	33.0	4.1	33.0	4.2	32.0	4.1	34.0	4.3	31.0	4.0	30.0
1750	4.2	34.0	4.2	33.0	4.3	34.0	4.2	33.0	4.2	32.0	4.0	31.0
1800	4.3	34.0	4.2	33.0	4.4	34.0	4.2	35.0	4.3	31.0	4.1	34.0
1850	4.3	34.0	4.1	33.0	4.4	34.0	4.2	35.0	4.3	31.0	4.1	35.0
1900	4.4	34.0	4.1	33.0	4.4	34.0	4.2	35.0	4.3	31.0	4.1	35.0
1950	4.3	34.0	4.1	33.0	4.4	36.0	4.2	35.0	4.4	31.0	4.2	36.0
2000	4.3	36.0	4.0	32.0	4.4	37.0	4.3	35.0	4.4	32.0	4.1	35.0

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SPORT

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