

**10**  
(Event)

**RACE DATA**  
**Lightweight Men's Four**  
17 JUN 2016

**LM4-**  
**H2**  
**Race 45**

Dist. [m]	GER		FRA		DEN		Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke						
50	4.2	45.0	4.3	45.0	4.3	49.0						
100	5.5	45.0	5.6	44.0	5.6	47.0						
150	5.8	43.0	5.9	42.0	6.0	44.0						
200	5.9	42.0	6.0	41.0	6.0	42.0						
250	5.8	42.0	6.0	41.0	5.9	41.0						
300	5.7	41.0	5.9	40.0	5.8	40.0						
350	5.6	40.0	5.7	40.0	5.8	40.0						
400	5.5	40.0	5.7	39.0	5.8	39.0						
450	5.4	39.0	5.6	38.0	5.7	38.0						
500	5.4	38.0	5.6	38.0	5.6	38.0						
550	5.4	38.0	5.5	38.0	5.6	38.0						
600	5.4	38.0	5.5	37.0	5.6	37.0						
650	5.5	38.0	5.5	37.0	5.6	37.0						
700	5.5	37.0	5.6	37.0	5.7	37.0						
750	5.5	37.0	5.5	37.0	5.6	37.0						
800	5.4	37.0	5.5	37.0	5.5	37.0						
850	5.6	37.0	5.5	37.0	5.6	37.0						
900	5.5	37.0	5.6	37.0	5.5	37.0						
950	5.5	37.0	5.5	37.0	5.6	37.0						
1000	5.5	37.0	5.5	37.0	5.5	37.0						
1050	5.5	37.0	5.5	38.0	5.5	37.0						
1100	5.4	37.0	5.5	38.0	5.6	37.0						
1150	5.4	37.0	5.5	38.0	5.5	37.0						
1200	5.5	37.0	5.5	38.0	5.5	37.0						
1250	5.4	37.0	5.4	38.0	5.5	37.0						
1300	5.3	36.0	5.4	37.0	5.5	37.0						
1350	5.2	36.0	5.3	37.0	5.4	37.0						
1400	5.1	36.0	5.2	36.0	5.4	36.0						
1450	5.2	36.0	5.3	36.0	5.5	37.0						
1500	5.3	36.0	5.3	35.0	5.4	36.0						
1550	5.3	37.0	5.4	36.0	5.5	36.0						
1600	5.3	37.0	5.6	37.0	5.5	37.0						
1650	5.3	37.0	5.5	37.0	5.4	37.0						
1700	5.2	37.0	5.4	37.0	5.4	37.0						
1750	5.2	36.0	5.4	37.0	5.5	37.0						
1800	5.3	36.0	5.6	38.0	5.5	37.0						
1850	5.3	36.0	5.7	39.0	5.4	37.0						
1900	5.5	39.0	5.7	40.0	5.5	36.0						
1950	5.7	40.0	5.6	40.0	5.6	38.0						
2000	5.7	41.0	5.6	40.0	5.7	39.0						

