



Poznan, Poland  
17-19 June, 2016

WRC III Poznan, Poland

17 - 19 June 2016

**10**  
(Event)

**RACE DATA**  
**Lightweight Men's Four**  
19 JUN 2016

**LM4-**  
**FA**  
**Race 139**

Dist. [m]	GER		GBR		NZL		DEN		FRA		ITA	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.3	44.0	4.4	49.0	4.3	52.0	4.3	50.0	4.3	45.0	4.3	51.0
100	5.7	45.0	5.7	46.0	5.7	47.0	5.8	49.0	5.7	43.0	5.7	47.0
150	6.0	44.0	6.0	44.0	5.9	45.0	6.1	46.0	6.1	42.0	6.1	45.0
200	6.0	43.0	6.0	42.0	5.9	43.0	6.1	44.0	6.1	41.0	6.0	44.0
250	5.9	42.0	6.0	41.0	5.9	42.0	5.9	42.0	6.1	40.0	5.9	43.0
300	5.8	41.0	5.9	40.0	5.8	41.0	5.9	41.0	5.9	39.0	5.7	41.0
350	5.8	40.0	5.8	39.0	5.8	41.0	5.8	40.0	5.8	38.0	5.7	40.0
400	5.7	39.0	5.7	38.0	5.7	40.0	5.8	39.0	5.8	38.0	5.6	40.0
450	5.6	38.0	5.7	37.0	5.7	40.0	5.7	39.0	5.7	37.0	5.5	40.0
500	5.5	38.0	5.6	37.0	5.6	40.0	5.6	38.0	5.7	37.0	5.5	40.0
550	5.5	37.0	5.7	37.0	5.7	40.0	5.7	38.0	5.6	37.0	5.5	39.0
600	5.6	37.0	5.6	37.0	5.8	39.0	5.7	38.0	5.7	37.0	5.5	39.0
650	5.5	37.0	5.7	37.0	5.7	39.0	5.6	38.0	5.6	37.0	5.5	39.0
700	5.4	36.0	5.6	37.0	5.7	39.0	5.7	38.0	5.6	36.0	5.5	39.0
750	5.5	36.0	5.7	37.0	5.6	39.0	5.6	37.0	5.5	36.0	5.5	40.0
800	5.4	36.0	5.6	37.0	5.7	39.0	5.5	37.0	5.6	36.0	5.5	39.0
850	5.5	36.0	5.7	37.0	5.7	38.0	5.6	37.0	5.5	36.0	5.6	39.0
900	5.5	36.0	5.6	37.0	5.7	38.0	5.6	37.0	5.5	36.0	5.6	39.0
950	5.5	36.0	5.7	37.0	5.7	38.0	5.5	37.0	5.4	36.0	5.5	39.0
1000	5.5	37.0	5.6	37.0	5.7	38.0	5.6	37.0	5.4	36.0	5.5	39.0
1050	5.6	37.0	5.6	37.0	5.6	38.0	5.6	37.0	5.4	35.0	5.5	39.0
1100	5.7	37.0	5.6	37.0	5.7	38.0	5.6	38.0	5.4	36.0	5.5	39.0
1150	5.6	37.0	5.6	37.0	5.8	38.0	5.6	38.0	5.5	36.0	5.6	40.0
1200	5.6	37.0	5.6	37.0	5.7	38.0	5.6	38.0	5.5	36.0	5.6	40.0
1250	5.6	37.0	5.5	37.0	5.7	38.0	5.5	37.0	5.5	36.0	5.5	39.0
1300	5.5	37.0	5.5	37.0	5.7	38.0	5.5	37.0	5.5	36.0	5.6	39.0
1350	5.6	37.0	5.5	37.0	5.7	38.0	5.6	37.0	5.6	36.0	5.6	39.0
1400	5.5	36.0	5.5	37.0	5.7	38.0	5.6	37.0	5.5	36.0	5.6	39.0
1450	5.5	37.0	5.6	37.0	5.7	38.0	5.6	37.0	5.6	36.0	5.6	39.0
1500	5.6	37.0	5.6	37.0	5.7	38.0	5.6	37.0	5.6	36.0	5.5	39.0
1550	5.5	37.0	5.6	38.0	5.8	38.0	5.7	38.0	5.7	37.0	5.6	40.0
1600	5.7	38.0	5.7	38.0	5.8	39.0	5.7	39.0	5.7	38.0	5.6	42.0
1650	5.7	38.0	5.7	38.0	5.8	39.0	5.8	40.0	5.8	38.0	5.6	41.0
1700	5.6	38.0	5.7	39.0	5.9	39.0	5.9	40.0	5.8	38.0	5.5	42.0
1750	5.6	37.0	5.7	38.0	5.8	39.0	5.9	40.0	5.8	39.0	5.5	42.0
1800	5.6	38.0	5.9	40.0	5.8	39.0	6.0	42.0	5.9	40.0	5.5	42.0
1850	5.7	39.0	5.9	41.0	5.9	40.0	6.0	42.0	6.0	42.0	5.5	43.0
1900	5.8	40.0	5.9	41.0	6.0	40.0	6.0	42.0	6.0	42.0	5.6	42.0
1950	5.8	40.0	5.9	42.0	5.9	41.0	6.0	44.0	6.0	42.0	5.5	42.0
2000	5.8	41.0	5.9	42.0	5.9	40.0	5.9	43.0	5.9	42.0	5.4	41.0

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