

Dist. [m]	NZL		HKG		NED1		JPN1		SWE		Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke		
50	3.9	45.0	3.9	44.0	3.9	42.0	3.9	46.0	4.0	47.0		
100	4.8	40.0	4.8	43.0	5.0	39.0	4.8	42.0	4.9	43.0		
150	5.0	39.0	5.0	41.0	5.2	37.0	4.9	40.0	5.1	42.0		
200	5.1	37.0	5.0	40.0	5.1	36.0	4.9	40.0	5.1	40.0		
250	5.0	37.0	5.0	40.0	5.1	35.0	4.9	39.0	5.1	39.0		
300	4.9	36.0	4.9	40.0	5.0	35.0	4.8	38.0	5.0	38.0		
350	4.9	36.0	4.8	39.0	5.0	35.0	4.8	38.0	4.9	37.0		
400	4.9	36.0	4.7	38.0	5.0	34.0	4.7	37.0	4.9	37.0		
450	5.0	36.0	4.8	37.0	4.9	34.0	4.6	37.0	4.9	36.0		
500	5.0	35.0	4.7	37.0	4.8	33.0	4.6	37.0	4.8	35.0		
550	4.9	36.0	4.7	37.0	4.9	33.0	4.7	37.0	4.9	36.0		
600	4.9	35.0	4.7	36.0	4.9	34.0	4.6	37.0	4.8	35.0		
650	4.8	35.0	4.6	36.0	4.8	34.0	4.6	37.0	4.7	35.0		
700	4.8	35.0	4.5	36.0	4.8	34.0	4.6	37.0	4.7	35.0		
750	4.8	35.0	4.6	35.0	4.7	33.0	4.6	37.0	4.7	35.0		
800	4.8	35.0	4.5	36.0	4.7	33.0	4.4	36.0	4.7	34.0		
850	4.7	35.0	4.4	35.0	4.7	33.0	4.5	36.0	4.7	34.0		
900	4.7	35.0	4.6	35.0	4.7	33.0	4.5	36.0	4.6	34.0		
950	4.8	35.0	4.5	34.0	4.6	33.0	4.4	36.0	4.7	35.0		
1000	4.9	35.0	4.5	34.0	4.7	33.0	4.5	36.0	4.7	35.0		
1050	4.8	35.0	4.4	34.0	4.7	33.0	4.5	36.0	4.7	35.0		
1100	4.8	35.0	4.5	34.0	4.7	34.0	4.6	36.0	4.7	35.0		
1150	4.7	35.0	4.4	34.0	4.7	34.0	4.5	36.0	4.8	36.0		
1200	4.8	35.0	4.5	34.0	4.7	34.0	4.3	35.0	4.8	36.0		
1250	4.7	35.0	4.4	34.0	4.7	34.0	4.4	35.0	4.7	36.0		
1300	4.8	35.0	4.5	34.0	4.7	34.0	4.5	35.0	4.8	36.0		
1350	4.8	36.0	4.4	34.0	4.8	34.0	4.4	35.0	4.7	35.0		
1400	4.9	35.0	4.4	34.0	4.7	34.0	4.4	35.0	4.7	36.0		
1450	4.8	36.0	4.4	33.0	4.7	34.0	4.4	34.0	4.8	35.0		
1500	4.8	35.0	4.4	34.0	4.6	34.0	4.4	34.0	4.7	35.0		
1550	4.8	35.0	4.4	34.0	4.7	34.0	4.4	34.0	4.7	36.0		
1600	4.8	36.0	4.5	34.0	4.8	35.0	4.3	34.0	4.7	36.0		
1650	4.7	36.0	4.4	34.0	4.7	34.0	4.4	34.0	4.7	35.0		
1700	4.8	36.0	4.5	34.0	4.6	34.0	4.4	34.0	4.7	35.0		
1750	4.8	36.0	4.4	34.0	4.6	34.0	4.3	34.0	4.6	34.0		
1800	4.7	35.0	4.4	34.0	4.8	35.0	4.4	34.0	4.5	33.0		
1850	4.8	35.0	4.5	35.0	4.8	36.0	4.4	34.0	4.5	31.0		
1900	4.8	35.0	4.5	34.0	4.9	37.0	4.5	36.0	4.4	30.0		
1950	4.8	35.0	4.5	35.0	4.9	37.0	4.6	37.0	4.4	30.0		
2000	4.7	35.0	4.5	34.0	4.8	37.0	4.6	36.0	4.3	29.0		