

Dist. [m]	AUS		DEN		GBR		NZL		POL		SUI	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.6	43.0	3.7	44.0	3.8	45.0	3.7	44.0	3.8	47.0	3.6	42.0
100	4.6	40.0	4.5	42.0	4.7	42.0	4.7	41.0	4.7	43.0	4.4	40.0
150	4.7	38.0	4.6	41.0	4.6	40.0	4.7	39.0	4.8	39.0	4.6	38.0
200	4.7	38.0	4.7	39.0	4.7	39.0	4.8	38.0	4.7	38.0	4.6	38.0
250	4.8	37.0	4.7	38.0	4.7	39.0	4.7	39.0	4.7	37.0	4.7	36.0
300	4.6	37.0	4.6	37.0	4.6	38.0	4.7	38.0	4.7	36.0	4.6	36.0
350	4.5	35.0	4.5	36.0	4.5	37.0	4.6	37.0	4.5	35.0	4.4	35.0
400	4.6	35.0	4.5	36.0	4.6	37.0	4.7	37.0	4.5	35.0	4.5	35.0
450	4.3	34.0	4.3	36.0	4.4	36.0	4.5	37.0	4.4	34.0	4.3	34.0
500	4.2	34.0	4.2	35.0	4.2	36.0	4.3	37.0	4.2	34.0	4.1	34.0
550	4.4	34.0	4.2	35.0	4.3	36.0	4.3	36.0	4.3	33.0	4.1	33.0
600	4.4	34.0	4.3	34.0	4.4	35.0	4.3	36.0	4.3	33.0	4.3	33.0
650	4.5	34.0	4.5	35.0	4.5	35.0	4.6	36.0	4.4	33.0	4.3	33.0
700	4.4	34.0	4.4	35.0	4.4	35.0	4.4	36.0	4.4	33.0	4.3	33.0
750	4.4	33.0	4.4	35.0	4.5	35.0	4.5	35.0	4.4	33.0	4.4	34.0
800	4.5	33.0	4.4	34.0	4.5	35.0	4.4	35.0	4.3	33.0	4.4	34.0
850	4.4	33.0	4.4	35.0	4.4	35.0	4.5	35.0	4.4	33.0	4.4	34.0
900	4.4	34.0	4.3	34.0	4.5	35.0	4.5	35.0	4.4	33.0	4.3	33.0
950	4.3	33.0	4.3	34.0	4.4	34.0	4.5	35.0	4.4	32.0	4.3	33.0
1000	4.3	33.0	4.3	35.0	4.3	34.0	4.4	35.0	4.4	32.0	4.2	33.0
1050	4.3	33.0	4.3	35.0	4.3	34.0	4.4	34.0	4.3	32.0	4.3	33.0
1100	4.4	34.0	4.4	35.0	4.4	34.0	4.5	35.0	4.4	33.0	4.4	34.0
1150	4.3	33.0	4.3	34.0	4.3	34.0	4.4	35.0	4.3	33.0	4.3	33.0
1200	4.2	33.0	4.2	35.0	4.3	34.0	4.4	34.0	4.3	33.0	4.3	34.0
1250	4.4	33.0	4.3	35.0	4.4	34.0	4.5	34.0	4.3	33.0	4.4	34.0
1300	4.4	34.0	4.3	35.0	4.3	34.0	4.3	34.0	4.3	33.0	4.2	33.0
1350	4.3	33.0	4.3	36.0	4.2	34.0	4.2	35.0	4.1	33.0	4.1	33.0
1400	4.2	33.0	4.2	35.0	4.2	33.0	4.1	34.0	4.1	32.0	4.1	32.0
1450	4.2	34.0	4.2	35.0	4.2	34.0	4.2	35.0	4.1	33.0	4.1	32.0
1500	4.3	33.0	4.3	36.0	4.3	34.0	4.2	35.0	4.2	33.0	4.2	32.0
1550	4.3	33.0	4.3	35.0	4.3	34.0	4.2	35.0	4.2	33.0	4.1	32.0
1600	4.4	34.0	4.4	36.0	4.4	34.0	4.4	34.0	4.3	33.0	4.3	33.0
1650	4.3	33.0	4.5	36.0	4.4	34.0	4.3	34.0	4.4	33.0	4.2	34.0
1700	4.5	34.0	4.5	37.0	4.3	34.0	4.3	34.0	4.1	33.0	4.2	33.0
1750	4.5	34.0	4.5	37.0	4.4	35.0	4.4	34.0	4.3	34.0	4.3	34.0
1800	4.6	34.0	4.7	39.0	4.5	35.0	4.5	35.0	4.5	35.0	4.3	34.0
1850	4.6	34.0	4.8	40.0	4.6	36.0	4.6	35.0	4.5	34.0	4.5	34.0
1900	4.6	35.0	4.7	40.0	4.6	36.0	4.6	37.0	4.6	35.0	4.5	35.0
1950	4.6	37.0	4.6	40.0	4.5	36.0	4.5	37.0	4.5	35.0	4.5	35.0
2000	4.5	36.0	4.7	40.0	4.5	38.0	4.6	37.0	4.6	36.0	4.6	36.0