

Dist. [m]	GRE		IRL		RSA		GER		USA		NED1	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.7	39.0	3.7	40.0	3.5	39.0	3.8	40.0	3.7	41.0	3.8	42.0
100	4.5	38.0	4.6	37.0	4.5	38.0	4.7	39.0	4.6	38.0	4.7	40.0
150	4.7	37.0	4.6	35.0	4.9	38.0	5.0	38.0	4.8	37.0	4.8	37.0
200	4.7	37.0	4.6	34.0	4.9	36.0	4.8	37.0	4.7	36.0	4.7	36.0
250	4.5	36.0	4.5	33.0	4.7	35.0	4.6	35.0	4.6	34.0	4.5	35.0
300	4.4	35.0	4.4	32.0	4.5	34.0	4.4	34.0	4.4	33.0	4.3	34.0
350	4.3	34.0	4.4	32.0	4.4	33.0	4.4	34.0	4.4	33.0	4.3	34.0
400	4.2	34.0	4.3	32.0	4.5	33.0	4.3	33.0	4.2	33.0	4.3	33.0
450	4.2	34.0	4.3	31.0	4.4	32.0	4.2	33.0	4.2	32.0	4.2	32.0
500	4.3	34.0	4.3	32.0	4.4	32.0	4.3	33.0	4.3	31.0	4.3	32.0
550	4.1	33.0	4.1	31.0	4.2	32.0	4.0	32.0	4.2	32.0	4.1	32.0
600	4.2	33.0	4.2	31.0	4.4	32.0	4.3	32.0	4.4	31.0	4.4	33.0
650	4.2	33.0	4.2	31.0	4.4	32.0	4.4	33.0	4.4	32.0	4.4	33.0
700	4.2	33.0	4.2	30.0	4.3	32.0	4.4	32.0	4.4	32.0	4.5	33.0
750	4.1	33.0	4.0	30.0	4.2	31.0	4.3	33.0	4.4	32.0	4.4	33.0
800	4.1	32.0	4.0	30.0	4.1	31.0	4.0	32.0	4.1	31.0	4.2	33.0
850	4.2	33.0	4.1	30.0	4.2	31.0	4.1	32.0	4.2	30.0	4.2	32.0
900	4.1	33.0	4.2	30.0	4.3	31.0	4.3	32.0	4.3	31.0	4.2	32.0
950	4.1	32.0	4.1	31.0	4.3	31.0	4.2	32.0	4.3	31.0	4.2	32.0
1000	4.0	32.0	4.0	30.0	4.2	31.0	4.1	32.0	4.3	31.0	4.2	32.0
1050	3.9	32.0	4.1	30.0	4.1	31.0	4.1	31.0	4.2	31.0	4.1	32.0
1100	4.0	31.0	4.1	30.0	4.1	31.0	4.0	33.0	4.1	31.0	4.2	33.0
1150	4.4	32.0	4.3	31.0	4.3	31.0	4.1	32.0	4.2	31.0	4.1	32.0
1200	4.3	32.0	4.4	31.0	4.4	32.0	4.4	33.0	4.4	31.0	4.4	32.0
1250	4.3	32.0	4.3	32.0	4.4	32.0	4.4	33.0	4.5	32.0	4.4	33.0
1300	4.3	32.0	4.3	31.0	4.4	32.0	4.3	33.0	4.3	32.0	4.3	33.0
1350	4.1	32.0	4.3	31.0	4.4	32.0	4.2	33.0	4.4	32.0	4.2	33.0
1400	4.0	30.0	4.1	31.0	4.2	32.0	4.2	32.0	4.3	31.0	4.2	32.0
1450	4.0	29.0	4.2	31.0	4.3	32.0	4.3	33.0	4.3	31.0	4.2	33.0
1500	4.0	29.0	4.3	31.0	4.4	32.0	4.3	33.0	4.3	32.0	4.3	33.0
1550	4.1	29.0	4.4	32.0	4.4	33.0	4.4	34.0	4.3	31.0	4.2	33.0
1600	4.1	29.0	4.5	33.0	4.4	33.0	4.5	34.0	4.4	32.0	4.4	34.0
1650	4.1	29.0	4.5	33.0	4.5	33.0	4.7	35.0	4.5	32.0	4.4	34.0
1700	4.2	28.0	4.4	32.0	4.5	33.0	4.5	35.0	4.5	33.0	4.4	34.0
1750	4.1	28.0	4.5	33.0	4.5	34.0	4.7	36.0	4.6	33.0	4.5	35.0
1800	4.2	28.0	4.6	33.0	4.6	34.0	4.7	36.0	4.6	34.0	4.4	35.0
1850	4.2	28.0	4.7	34.0	4.7	35.0	4.8	37.0	4.7	35.0	4.6	37.0
1900	4.2	27.0	4.6	35.0	4.6	35.0	4.7	37.0	4.6	35.0	4.5	37.0
1950	4.1	28.0	4.5	35.0	4.5	35.0	4.5	35.0	4.6	36.0	4.5	36.0
2000	4.0	28.0	4.3	34.0	4.5	35.0	4.4	35.0	4.6	37.0	4.5	36.0