

Dist. [m]	POR		NOR		IRL		FIN		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	4.2	46.0	4.5	45.0	4.3	44.0	4.3	41.0				
100	5.3	43.0	5.6	43.0	5.4	41.0	5.3	39.0				
150	5.5	41.0	5.8	42.0	5.5	38.0	5.4	37.0				
200	5.5	40.0	5.8	40.0	5.3	35.0	5.3	37.0				
250	5.4	40.0	5.7	40.0	5.3	34.0	5.2	36.0				
300	5.4	39.0	5.6	40.0	5.3	34.0	5.2	35.0				
350	5.3	38.0	5.6	39.0	5.3	34.0	5.2	35.0				
400	5.3	38.0	5.5	38.0	5.3	34.0	5.2	35.0				
450	5.3	38.0	5.4	37.0	5.2	34.0	5.1	35.0				
500	5.3	38.0	5.4	37.0	5.3	34.0	5.1	34.0				
550	5.2	38.0	5.4	37.0	5.2	34.0	5.1	34.0				
600	5.2	37.0	5.4	37.0	5.2	33.0	5.1	34.0				
650	5.2	37.0	5.4	37.0	5.2	34.0	5.0	34.0				
700	5.2	37.0	5.3	36.0	5.3	34.0	5.0	34.0				
750	5.2	37.0	5.4	36.0	5.2	34.0	5.0	33.0				
800	5.2	37.0	5.4	36.0	5.3	35.0	4.9	33.0				
850	5.2	37.0	5.3	36.0	5.2	34.0	4.9	33.0				
900	5.2	37.0	5.2	36.0	5.2	34.0	5.0	33.0				
950	5.2	37.0	5.2	35.0	5.3	34.0	4.9	33.0				
1000	5.3	37.0	5.3	35.0	5.2	34.0	5.0	33.0				
1050	5.3	37.0	5.3	35.0	5.3	34.0	5.1	33.0				
1100	5.2	37.0	5.3	35.0	5.2	34.0	5.0	33.0				
1150	5.3	37.0	5.2	35.0	5.3	34.0	5.0	33.0				
1200	5.2	37.0	5.2	35.0	5.2	34.0	4.9	33.0				
1250	5.2	37.0	5.2	35.0	5.2	34.0	5.0	33.0				
1300	5.2	37.0	5.2	35.0	5.4	34.0	5.0	34.0				
1350	5.2	37.0	5.3	35.0	5.3	35.0	5.0	35.0				
1400	5.2	37.0	5.2	35.0	5.3	35.0	5.0	35.0				
1450	5.1	37.0	5.1	34.0	5.2	34.0	5.0	34.0				
1500	5.1	37.0	5.2	34.0	5.1	34.0	5.0	34.0				
1550	5.2	37.0	5.2	34.0	5.1	35.0	5.0	34.0				
1600	5.2	38.0	5.2	35.0	5.2	34.0	4.9	34.0				
1650	5.2	38.0	5.2	35.0	5.3	35.0	4.9	34.0				
1700	5.2	38.0	5.2	34.0	5.3	36.0	4.8	36.0				
1750	5.2	38.0	5.2	35.0	5.3	35.0	4.9	35.0				
1800	5.3	40.0	5.2	35.0	5.3	35.0	5.0	36.0				
1850	5.3	40.0	5.1	35.0	5.2	35.0	5.0	36.0				
1900	5.4	42.0	5.1	35.0	5.3	38.0	4.9	36.0				
1950	5.3	42.0	5.1	35.0	5.4	37.0	5.0	37.0				
2000	5.4	41.0	5.2	35.0	5.5	40.0	5.1	37.0				