



Lucerne, Switzerland, 12-14 July, 2013

WRC III Lucerne, Switzerland

12 - 14 July 2013

10
(Event)

RACE DATA
Lightweight Men's Four
SAT 13 JUL 2013

LM4-
SA/B 2
Race 110

Dist. [m]	ITA		CZE		POL		DEN		FRA		RSA	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.6	47.0	4.3	45.0	4.6	49.0	4.4	49.0	4.3	49.0	4.6	40.0
100	5.8	47.0	5.7	43.0	5.9	47.0	5.7	47.0	5.7	48.0	5.7	44.0
150	6.0	44.0	5.9	41.0	6.0	45.0	6.0	44.0	6.0	46.0	5.9	40.0
200	5.9	43.0	5.9	40.0	5.9	44.0	6.0	41.0	6.1	44.0	5.9	40.0
250	5.9	42.0	5.8	39.0	5.9	43.0	6.0	41.0	6.0	43.0	5.7	39.0
300	5.8	41.0	5.7	38.0	5.8	43.0	5.9	37.0	5.9	42.0	5.7	38.0
350	5.7	41.0	5.7	40.0	5.8	39.0	5.8	34.0	5.8	42.0	5.7	38.0
400	5.7	40.0	5.6	35.0	5.7	41.0	5.7	36.0	5.8	41.0	5.5	38.0
450	5.7	39.0	5.6	32.0	5.6	39.0	5.8	36.0	5.7	41.0	5.6	38.0
500	5.6	38.0	5.6	39.0	5.6	39.0	5.6	35.0	5.6	41.0	5.6	37.0
550	5.5	38.0	5.5	34.0	5.5	39.0	5.7	35.0	5.5	40.0	5.5	37.0
600	5.5	38.0	5.5	32.0	5.6	38.0	5.6	37.0	5.5	39.0	5.4	37.0
650	5.4	38.0	5.5	34.0	5.6	38.0	5.5	37.0	5.5	39.0	5.5	37.0
700	5.5	38.0	5.5	34.0	5.6	39.0	5.6	37.0	5.5	39.0	5.4	37.0
750	5.5	38.0	5.5	36.0	5.5	38.0	5.5	37.0	5.5	39.0	5.5	36.0
800	5.5	38.0	5.4	36.0	5.5	38.0	5.5	37.0	5.5	39.0	5.5	36.0
850	5.4	38.0	5.5	31.0	5.5	37.0	5.6	37.0	5.5	38.0	5.4	37.0
900	5.4	37.0	5.4	34.0	5.5	38.0	5.5	37.0	5.4	38.0	5.5	37.0
950	5.4	37.0	5.4	28.0	5.5	38.0	5.6	37.0	5.4	38.0	5.5	37.0
1000	5.5	37.0	5.4	36.0	5.5	38.0	5.5	37.0	5.4	38.0	5.4	37.0
1050	5.4	38.0	5.4	33.0	5.5	37.0	5.5	37.0	5.4	38.0	5.5	37.0
1100	5.5	38.0	5.5	35.0	5.4	38.0	5.6	37.0	5.5	39.0	5.5	37.0
1150	5.5	38.0	5.4	31.0	5.5	38.0	5.5	37.0	5.5	39.0	5.5	37.0
1200	5.5	38.0	5.5	34.0	5.5	38.0	5.5	37.0	5.6	39.0	5.5	37.0
1250	5.4	38.0	5.5	35.0	5.5	38.0	5.6	37.0	5.5	38.0	5.6	37.0
1300	5.4	39.0	5.4	32.0	5.5	38.0	5.5	37.0	5.5	38.0	5.5	37.0
1350	5.4	39.0	5.4	35.0	5.5	39.0	5.5	37.0	5.4	38.0	5.5	37.0
1400	5.5	39.0	5.5	34.0	5.4	38.0	5.5	37.0	5.4	38.0	5.5	38.0
1450	5.5	40.0	5.4	32.0	5.5	39.0	5.5	37.0	5.4	38.0	5.7	38.0
1500	5.5	40.0	5.5	35.0	5.6	38.0	5.5	37.0	5.5	38.0	5.7	38.0
1550	5.6	40.0	5.6	37.0	5.7	39.0	5.7	37.0	5.5	39.0	5.6	38.0
1600	5.5	39.0	5.6	38.0	5.6	39.0	5.6	37.0	5.5	39.0	5.7	38.0
1650	5.4	39.0	5.5	38.0	5.5	39.0	5.5	35.0	5.3	38.0	5.6	38.0
1700	5.5	39.0	5.5	38.0	5.5	39.0	5.6	36.0	5.4	38.0	5.6	39.0
1750	5.4	39.0	5.6	39.0	5.5	39.0	5.7	39.0	5.5	40.0	5.6	39.0
1800	5.4	39.0	5.7	40.0	5.5	39.0	5.7	34.0	5.5	40.0	5.6	39.0
1850	5.5	40.0	5.7	41.0	5.5	40.0	5.6	39.0	5.4	40.0	5.7	40.0
1900	5.6	42.0	5.7	41.0	5.5	40.0	5.5	36.0	5.4	40.0	5.7	40.0
1950	5.6	41.0	5.7	42.0	5.5	41.0	5.5	36.0	5.4	40.0	5.7	40.0
2000	5.5	41.0	5.7	42.0	5.5	40.0	5.5	39.0	5.5	39.0	5.5	38.0

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