



WRC III Lucerne, Switzerland

08 - 10 July 2011

**10**  
(Event)

**GPS RACE DATA**  
**Lightweight Men's Four**  
FRI 8 JUL 2011

**LM4-**  
**R2**  
**Race 96**

Dist. [m]	CAN		NED		CZE		RSA		ESP		Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke		
50	4.1	35.1	4.1	30.5	4.3	35.3	4.2	35.1	3.9	36.4		
100	5.6	33.4	5.5	28.0	5.5	33.4	5.6	33.3	5.4	34.4		
150	5.8	32.6	5.7	26.5	5.7	32.3	5.8	32.3	5.6	32.2		
200	5.8	31.9	5.8	28.6	5.7	31.8	5.8	31.8	5.8	31.2		
250	5.7	31.6	5.7	31.5	5.6	34.2	5.7	31.5	5.6	30.6		
300	5.5	32.2	5.5	34.6	5.6	36.6	5.6	31.4	5.5	30.3		
350	5.5	33.0	5.2	38.1	5.5	37.6	5.4	31.3	5.4	30.2		
400	5.4	33.6	5.2	39.5	5.4	38.0	5.4	31.3	5.4	31.5		
450	5.3	34.7	5.2	38.8	5.3	38.2	5.3	31.5	5.3	32.7		
500	5.2	34.7	5.2	38.0	5.3	38.2	5.2	31.5	5.2	35.5		
550	5.2	32.8	5.1	37.4	5.2	37.9	5.3	33.6	5.2	37.1		
600	5.2	32.3	5.1	34.6	5.2	37.3	5.2	35.4	5.1	37.7		
650	5.1	31.9	5.0	31.5	5.2	36.5	5.2	36.2	5.1	37.7		
700	5.2	30.8	5.1	30.1	5.2	36.6	5.3	36.2	5.2	37.3		
750	5.1	31.4	5.2	29.9	5.2	36.6	5.3	36.1	5.2	35.3		
800	5.1	31.1	5.3	31.5	5.2	36.6	5.2	36.3	5.2	36.6		
850	5.2	30.8	5.1	32.6	5.2	36.5	5.3	36.4	5.2	37.4		
900	5.2	32.8	5.0	33.1	5.2	35.1	5.2	36.2	5.2	38.1		
950	5.1	34.7	5.1	33.6	5.3	35.9	5.2	35.7	5.2	35.4		
1000	5.1	35.7	5.1	34.2	5.2	35.1	5.2	35.2	5.1	36.6		
1050	5.1	34.8	5.1	36.0	5.1	35.9	5.1	35.3	5.1	38.2		
1100	5.1	32.9	5.2	36.1	5.2	36.0	5.2	35.8	5.2	37.6		
1150	5.1	36.2	5.0	35.4	5.2	36.2	5.2	35.9	5.1	36.1		
1200	5.1	37.1	5.1	36.1	5.3	36.4	5.2	35.4	5.1	35.9		
1250	5.2	36.8	5.2	34.4	5.2	36.5	5.3	34.7	5.2	36.3		
1300	5.0	37.6	5.1	35.6	5.2	36.6	5.2	34.3	5.2	36.5		
1350	5.1	38.3	5.2	36.5	5.3	36.4	5.2	34.9	5.2	37.1		
1400	5.1	38.6	5.2	36.4	5.3	36.1	5.3	35.1	5.2	38.1		
1450	5.1	39.3	5.1	34.5	5.2	35.1	5.2	33.7	5.2	37.6		
1500	5.1	39.3	5.1	34.8	5.2	33.9	5.2	34.5	5.1	35.8		
1550	5.2	38.3	5.1	35.6	5.2	33.0	5.2	35.3	5.1	36.4		
1600	5.1	37.6	5.2	36.8	5.2	33.5	5.2	35.4	5.2	36.6		
1650	5.2	38.9	5.2	38.2	5.2	34.1	5.2	35.3	5.2	36.6		
1700	5.3	39.5	5.2	38.4	5.2	35.7	5.2	35.3	5.2	36.6		
1750	5.4	39.8	5.2	38.4	5.2	36.5	5.2	35.2	5.3	36.6		
1800	5.4	40.0	5.2	38.0	5.2	36.9	5.3	35.7	5.3	34.6		
1850	5.5	40.1	5.2	36.3	5.3	37.0	5.4	36.1	5.4	36.3		
1900	5.5	40.2	5.2	36.8	5.4	37.1	5.5	36.3	5.5	37.0		
1950	5.5	40.2	5.2	38.3	5.5	37.2	5.6	36.5	5.4	37.3		
2000	5.4	40.2	5.2	38.5	5.4	37.2	5.6	36.5	5.4	37.6		