



WRC III Lucerne, Switzerland

08 - 10 July 2011

**10**  
(Event)

**GPS RACE DATA**  
**Lightweight Men's Four**  
SUN 10 JUL 2011

**LM4-FA**  
**Race 196**

Dist. [m]	DEN		SUI		ITA		GBR		AUS		RSA	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.4	32.6	4.3	38.4	4.3	34.5	4.1	35.1	4.2	30.7	4.3	38.0
100	5.7	30.0	5.6	38.1	5.4	33.0	5.3	33.7	5.5	27.6	5.6	37.4
150	6.0	28.7	6.0	38.0	5.9	31.9	5.8	32.5	5.8	25.9	5.9	36.0
200	5.9	27.9	5.9	37.9	6.0	31.3	5.9	31.9	5.8	25.0	5.9	33.1
250	5.8	28.6	5.8	37.2	5.8	31.1	5.8	31.6	5.8	24.6	5.8	31.9
300	5.7	29.9	5.7	38.5	5.6	31.2	5.6	31.8	5.7	24.3	5.7	31.0
350	5.5	31.6	5.6	38.7	5.6	33.7	5.6	34.8	5.5	24.2	5.6	30.5
400	5.6	35.0	5.5	38.0	5.6	35.8	5.7	36.5	5.6	24.2	5.5	35.0
450	5.5	37.0	5.6	37.0	5.6	36.5	5.6	37.3	5.5	24.4	5.6	36.5
500	5.4	36.7	5.4	36.7	5.5	37.6	5.4	37.8	5.4	27.7	5.5	34.4
550	5.4	34.5	5.4	36.3	5.4	37.7	5.5	38.1	5.4	31.1	5.5	33.7
600	5.4	33.4	5.4	36.5	5.4	37.7	5.4	38.3	5.4	34.5	5.4	33.3
650	5.4	34.9	5.3	36.5	5.5	37.5	5.4	38.3	5.4	35.9	5.4	33.2
700	5.5	36.8	5.4	36.5	5.4	36.8	5.4	38.4	5.4	36.7	5.4	33.2
750	5.5	38.2	5.4	36.5	5.4	36.8	5.4	37.8	5.5	36.7	5.4	33.4
800	5.4	38.9	5.4	36.6	5.4	36.3	5.4	37.6	5.5	36.9	5.4	33.5
850	5.4	39.3	5.4	36.9	5.3	36.2	5.4	37.4	5.4	38.0	5.5	34.3
900	5.3	39.4	5.3	36.8	5.3	36.4	5.4	36.8	5.4	38.2	5.4	33.7
950	5.3	39.5	5.2	36.5	5.3	36.5	5.3	36.7	5.4	39.2	5.3	32.2
1000	5.3	39.3	5.2	36.4	5.3	36.5	5.3	37.9	5.3	39.3	5.3	31.4
1050	5.3	39.2	5.3	36.0	5.3	36.8	5.3	38.1	5.4	38.1	5.3	31.5
1100	5.3	39.3	5.4	34.9	5.3	37.1	5.3	37.4	5.3	36.7	5.3	34.1
1150	5.3	39.4	5.3	34.5	5.4	35.2	5.4	35.4	5.5	35.7	5.3	35.4
1200	5.3	39.5	5.2	34.7	5.3	36.2	5.4	34.5	5.4	34.4	5.3	33.7
1250	5.3	39.6	5.4	35.9	5.3	36.7	5.4	34.0	5.4	33.1	5.4	32.4
1300	5.3	39.6	5.3	36.6	5.3	35.7	5.3	34.8	5.3	32.1	5.3	33.7
1350	5.3	39.6	5.2	36.7	5.4	36.1	5.3	36.3	5.3	33.4	5.2	35.2
1400	5.3	39.6	5.2	36.8	5.3	36.4	5.3	37.1	5.2	32.9	5.2	35.3
1450	5.2	39.6	5.2	36.8	5.2	36.6	5.3	37.7	5.2	34.4	5.2	35.4
1500	5.2	39.6	5.3	36.8	5.3	36.9	5.3	37.9	5.3	37.3	5.2	35.4
1550	5.3	39.6	5.2	36.7	5.3	36.6	5.4	38.1	5.3	36.0	5.1	35.4
1600	5.4	39.6	5.3	35.9	5.3	36.7	5.4	38.3	5.3	36.6	5.2	35.7
1650	5.3	39.6	5.3	34.8	5.3	37.6	5.4	38.3	5.3	36.9	5.2	36.2
1700	5.3	39.6	5.3	36.7	5.3	38.1	5.4	37.9	5.3	37.1	5.2	36.4
1750	5.3	39.6	5.4	37.9	5.3	38.6	5.3	37.1	5.3	37.1	5.2	36.2
1800	5.4	39.6	5.4	38.8	5.4	38.4	5.5	36.5	5.5	37.2	5.3	35.8
1850	5.6	39.6	5.5	39.2	5.7	37.2	5.5	36.3	5.5	37.2	5.3	33.7
1900	5.7	39.6	5.5	39.7	5.6	36.6	5.5	36.1	5.6	37.2	5.3	33.4
1950	5.7	39.6	5.6	39.9	5.8	36.3	5.6	36.1	5.7	37.2	5.5	33.2
2000	5.6	39.6	5.4	40.1	5.8	36.2	5.6	36.0	5.6	37.2	5.4	33.0