



RWC III Lucerne, Switzerland

09 - 11 July 2010

17

GPS RACE DATA

LW1x

(Event)

Women's Lightweight Single Sculls - Quarterfinal 1

Q1

FRI 09 JUL 2010

Race 71

Dist. [m]	POL		JPN2		USA		AUT		CAN		SUI	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50												
100	0.3	40.0	0.5	39.9	1.8	39.9	1.0	39.5	0.2	40.0	0.1	39.9
150	2.0	39.8	3.8	38.6	2.6	40.0	3.8	37.4	3.4	40.8	2.7	39.1
200	3.1	38.7	4.3	36.9	3.3	38.4	4.5	36.2	4.1	37.7	3.8	38.1
250	3.6	38.3	4.3	35.9	3.6	36.7	4.3	35.3	4.3	39.3	4.1	36.9
300	3.7	38.4	4.2	34.7	3.8	36.2	4.3	36.3	4.3	40.6	4.3	35.3
350	3.8	38.3	4.3	34.8	4.0	35.7	4.3	36.1	4.4	40.2	4.1	37.1
400	4.0	37.2	4.2	33.5	4.4	34.6	4.3	34.7	4.2	42.1	4.2	35.5
450	4.3	35.5	4.1	33.0	4.4	34.4	4.2	34.2	4.3	41.3	4.2	32.6
500	4.2	34.7	4.0	32.7	4.4	34.1	4.3	34.3	4.3	41.0	4.2	32.0
550	4.2	33.7	4.0	33.8	4.4	34.1	4.4	36.1	4.2	41.3	4.2	31.4
600	4.2	33.1	4.2	32.8	4.4	34.0	4.3	35.9	4.3	41.8	4.3	31.2
650	4.1	32.7	3.9	31.8	4.3	34.7	4.3	36.3	4.3	42.4	4.2	32.0
700	4.0	32.6	4.2	32.4	4.1	34.2	4.2	35.4	4.3	42.7	4.2	31.8
750	4.1	32.5	4.0	34.3	4.2	33.7	4.3	36.0	4.2	42.9	4.2	31.8
800	4.1	32.3	4.1	32.4	4.3	34.1	4.2	35.5	4.2	42.7	4.2	31.7
850	4.1	32.1	4.3	31.4	4.3	33.3	4.2	35.2	4.1	42.1	4.1	32.0
900	4.1	32.0	4.1	31.5	4.3	32.5	4.2	35.3	4.2	42.9	4.1	32.1
950	4.1	32.0	4.0	32.4	4.2	33.3	4.2	35.1	4.1	42.7	4.2	31.0
1000	4.1	32.1	4.1	31.1	4.2	33.2	4.1	34.7	4.1	42.8	4.0	30.5
1050	4.2	32.1	4.2	34.0	4.3	33.5	4.2	35.6	4.1	42.4	4.1	31.6
1100	4.0	32.0	4.0	33.4	4.2	33.8	4.1	35.6	4.2	42.0	4.1	32.3
1150	4.0	31.9	4.4	32.2	4.3	34.1	4.2	35.4	4.3	42.1	4.1	31.7
1200	4.1	31.9	4.2	32.4	4.3	35.5	4.3	35.3	4.2	42.7	4.1	32.5
1250	4.1	32.0	4.2	32.5	4.2	35.8	4.3	35.6	4.2	42.9	4.1	32.0
1300	4.1	32.0	4.2	32.2	4.3	34.3	4.3	35.6	4.1	42.9	3.9	31.1
1350	4.1	31.6	4.3	31.6	4.2	35.1	4.2	35.5	4.2	42.6	4.1	32.5
1400	4.2	31.9	4.1	31.7	4.3	34.4	4.2	35.8	4.2	42.3	4.1	33.9
1450	4.0	31.6	4.2	31.2	4.2	34.8	4.3	36.0	4.2	41.9	4.0	33.3
1500	4.1	31.7	4.5	31.1	4.3	33.8	4.2	36.2	4.1	41.7	4.1	31.4
1550	4.3	31.9	4.4	31.3	4.0	33.9	4.1	36.5	4.2	42.6	4.2	33.2
1600	4.2	32.1	4.1	32.5	4.2	36.1	4.2	35.8	4.1	41.9	4.1	31.6
1650	4.1	32.2	4.2	33.2	4.1	35.5	4.2	35.7	4.2	42.5	4.1	32.9
1700	4.2	32.4	4.3	32.1	4.0	34.1	4.2	35.9	4.1	41.1	4.1	31.4
1750	4.2	32.5	4.3	31.9	4.0	34.3	4.2	36.5	4.2	41.8	4.0	31.3
1800	4.2	32.6	4.3	32.3	4.0	35.7	4.2	36.7	4.2	41.0	4.0	32.2
1850	4.2	33.1	4.2	33.4	4.0	36.2	4.2	36.7	4.2	41.6	4.1	32.5
1900	4.3	33.1	4.3	32.4	3.8	35.6	4.3	36.2	4.3	39.5	4.1	32.4
1950	4.3	33.4	4.2	33.5	3.8	35.2	4.3	35.4	4.6	41.3	4.2	33.6
2000	4.3	33.7	4.2	34.9	4.0	38.4	4.1	35.3	4.9	41.2	4.4	34.5