



RWC III Lucerne, Switzerland

09 - 11 July 2010

17

GPS RACE DATA

LW1x

(Event)

Women's Lightweight Single Sculls - Final E

FE

SAT 10 JUL 2010

Race 120

Dist. [m]	HKG		VEN		JPN4		Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke						
50	2.6	40.4	2.3	39.7	2.9	40.8						
100	3.4	40.4	3.2	39.7	4.0	40.1						
150	4.5	39.7	4.5	37.8	4.2	38.8						
200	4.7	40.1	4.6	36.9	4.1	37.3						
250	4.7	38.9	4.4	35.6	4.2	36.3						
300	4.6	38.0	4.2	33.4	4.1	35.1						
350	4.6	36.6	4.0	31.7	4.0	34.3						
400	4.5	37.9	3.9	29.9	3.9	32.4						
450	4.4	40.5	4.0	30.8	3.9	34.5						
500	4.3	42.0	3.7	29.8	4.0	32.0						
550	4.3	42.4	3.8	30.1	4.0	31.3						
600	4.2	41.9	3.7	29.2	3.9	34.1						
650	4.3	41.6	3.4	29.0	3.9	31.8						
700	4.2	37.7	3.6	28.4	3.9	31.0						
750	4.1	40.5	3.6	28.7	3.9	29.8						
800	4.1	40.0	3.6	28.3	4.0	29.4						
850	4.2	42.5	3.5	28.9	4.0	29.9						
900	4.1	41.5	3.6	28.6	4.0	30.0						
950	4.2	39.1	3.6	28.7	3.9	29.8						
1000	4.1	40.4	3.6	28.7	4.1	29.8						
1050	4.1	40.7	3.6	28.4	4.1	30.0						
1100	4.1	41.4	3.6	29.8	4.0	30.3						
1150	4.1	40.6	3.6	28.6	4.0	30.6						
1200	4.1	41.6	3.7	31.2	4.1	30.7						
1250	4.1	41.9	3.6	29.7	4.1	30.5						
1300	4.0	38.9	3.6	28.9	4.0	30.2						
1350	4.0	40.7	3.6	29.2	3.8	29.5						
1400	4.1	41.2	3.5	29.3	3.9	29.3						
1450	4.1	40.4	3.6	27.7	3.9	29.8						
1500	4.0	39.1	3.7	29.1	3.8	32.2						
1550	4.2	41.5	3.6	31.7	4.0	30.1						
1600	4.0	36.1	3.6	30.1	3.9	30.6						
1650	3.9	39.7	3.6	29.0	4.0	34.5						
1700	4.1	39.7	3.7	29.9	4.0	32.1						
1750	4.1	40.3	3.7	31.3	3.9	30.5						
1800	4.2	40.6	3.7	30.5	3.9	30.2						
1850	4.2	40.9	3.8	30.2	4.2	31.2						
1900	4.2	36.3	3.8	35.3	4.0	30.5						
1950	4.2	34.5	3.7	38.1	4.1	31.4						
2000	4.3	34.1	3.9	32.8	4.1	32.6						