



RWC III Lucerne, Switzerland

09 - 11 July 2010

17

GPS RACE DATA

LW1x

(Event)

Women's Lightweight Single Sculls - Final C

FC

SAT 10 JUL 2010

Race 135

Dist. [m]	SUI		DEN3		USA		ZAM		JPN1		AUS	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	0.2	40.7			3.3	42.1	3.9	41.4	3.1	40.2	3.0	40.1
100	1.7	40.6			4.6	40.5	4.6	43.6	4.0	39.2	4.0	40.1
150	2.1	40.5			4.3	38.2	4.7	41.0	4.5	36.8	4.5	38.2
200	2.9	40.0			4.4	36.6	4.6	37.8	4.5	33.9	4.4	35.6
250	3.5	38.5			4.3	35.0	4.5	36.2	4.4	31.9	4.3	32.6
300	3.6	38.1			4.3	35.0	4.5	38.8	4.3	32.4	4.1	31.6
350	3.7	37.8			4.2	33.7	4.5	37.7	4.5	30.7	4.0	31.3
400	3.8	37.5			4.3	33.8	4.4	37.6	4.3	31.7	4.0	31.0
450	3.9	36.7			4.4	33.6	4.2	38.7	4.2	30.4	4.1	30.7
500	4.0	36.1			4.3	34.4	4.3	35.5	4.3	30.3	4.1	32.7
550	4.0	35.8			4.4	34.6	4.3	38.8	4.1	29.6	4.1	31.7
600	3.9	35.5			4.3	33.9	4.2	38.5	4.0	28.7	4.1	30.4
650	4.0	36.6			4.4	33.9	4.1	39.7	4.1	28.4	4.1	30.3
700	4.1	33.7			4.2	33.3	4.0	39.3	4.1	28.4	4.1	30.1
750	4.2	33.3			4.1	33.6	4.2	33.3	4.2	28.5	4.1	29.8
800	4.2	34.5			4.2	34.0	4.2	34.6	4.1	28.3	4.0	29.1
850	4.1	31.9			4.3	34.4	4.2	38.9	4.2	28.1	3.9	29.3
900	4.2	32.6			4.3	33.3	4.2	40.1	4.2	28.1	4.0	29.3
950	4.0	32.6			4.2	34.3	4.3	37.8	4.2	28.0	4.1	29.6
1000	3.9	33.9			4.3	33.8	4.3	35.8	4.2	28.0	4.1	29.5
1050	4.1	31.8			4.2	34.8	4.2	38.3	4.1	27.8	4.1	30.2
1100	4.0	31.2			4.1	34.1	4.2	34.1	4.1	27.8	4.2	30.5
1150	4.1	28.4			4.2	34.3	4.2	37.8	4.1	27.8	4.1	30.4
1200	4.1	31.1			4.3	33.6	4.1	36.2	4.1	27.7	4.1	30.5
1250	4.2	30.3			4.2	34.1	4.1	39.1	4.0	27.0	4.1	30.6
1300	4.1	31.3			4.3	34.4	4.2	39.9	3.9	26.7	4.1	30.6
1350	4.2	31.6			4.3	34.3	4.3	40.0	3.9	26.4	4.1	30.5
1400	4.1	31.4			4.3	34.6	4.2	38.5	3.9	26.5	4.1	29.7
1450	4.1	32.1			4.1	34.4	4.2	39.9	4.0	26.7	4.0	29.7
1500	4.0	32.4			4.2	33.9	4.2	38.8	3.9	26.6	4.1	29.7
1550	4.1	32.6			4.2	34.4	4.2	38.6	3.9	26.2	4.1	29.4
1600	4.1	31.7			4.2	35.1	4.3	35.2	3.9	26.4	4.1	29.7
1650	4.2	32.6			4.1	35.0	4.3	36.2	4.0	26.8	4.1	29.5
1700	4.3	32.4			4.2	34.7	4.3	38.7	4.0	27.4	4.1	29.6
1750	4.3	32.8			4.1	33.0	4.3	39.5	4.1	28.0	4.0	29.6
1800	4.3	32.7			4.2	34.1	4.3	40.3	4.1	29.3	4.2	30.1
1850	4.3	32.7			4.3	36.1	4.3	37.3	4.1	29.9	4.1	30.9
1900	4.5	33.5			4.4	36.7	4.4	37.2	4.2	30.0	4.2	31.3
1950	4.8	36.2			4.5	37.3	4.6	39.3	4.3	29.5	4.3	31.4
2000	4.9	37.1			4.5	37.9	4.5	36.7	4.2	31.3	4.2	32.1