



RWC III Lucerne, Switzerland

09 - 11 July 2010

**10**  
(Event)

**GPS RACE DATA**  
**Lightweight Men's Four - Final E**  
SAT 10 JUL 2010

**LM4-  
FE  
Race 123**

Dist. [m]	IRQ		INA									
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	2.5	39.5	3.1	39.7								
100	4.6	39.5	4.8	40.2								
150	5.2	39.1	5.4	40.0								
200	5.4	38.9	5.5	39.2								
250	5.4	38.6	5.4	38.2								
300	5.5	38.3	5.5	37.4								
350	5.3	37.7	5.4	37.3								
400	5.2	37.6	5.2	37.2								
450	5.3	38.1	5.4	36.3								
500	5.2	37.7	5.2	36.6								
550	5.3	37.0	5.4	36.8								
600	5.2	36.3	5.3	36.4								
650	5.0	37.3	5.1	36.6								
700	5.0	36.7	5.2	36.1								
750	5.0	36.0	5.0	35.8								
800	5.0	39.9	5.1	35.4								
850	4.8	38.3	5.0	37.1								
900	4.7	36.0	5.2	35.3								
950	4.8	36.3	5.2	35.1								
1000	5.0	37.3	5.0	33.4								
1050	4.9	34.3	5.1	34.7								
1100	5.0	37.8	5.1	34.3								
1150	4.7	41.6	4.9	33.5								
1200	4.9	37.3	5.0	33.5								
1250	4.9	37.4	5.0	34.1								
1300	5.0	34.3	5.0	33.8								
1350	4.8	33.8	5.0	33.8								
1400	4.8	35.2	5.1	33.7								
1450	4.8	35.0	5.0	34.0								
1500	4.8	35.8	4.9	34.0								
1550	5.2	36.0	5.0	33.9								
1600	5.2	36.3	5.0	34.7								
1650	5.0	36.3	5.1	35.7								
1700	5.0	37.6	5.1	35.2								
1750	4.8	38.5	5.0	35.6								
1800	4.8	38.3	5.1	35.6								
1850	4.9	38.0	5.1	35.3								
1900	5.2	38.1	5.1	37.0								
1950	5.1	37.8	5.3	36.6								
2000	4.9	38.0	5.3	35.5								