



RWC III Lucerne, Switzerland

09 - 11 July 2010

18

**GPS RACE DATA**

**LM1x**

(Event)

**Men's Lightweight Single Sculls - Quarterfinal 4**

**Q4**

FRI 09 JUL 2010

**Race 78**

Dist. [m]	NOR2		DEN		HUN		SVK		IRL		JPN1	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50												
100	3.8	41.0	2.3	41.1	1.6	40.3			2.9	41.2	1.8	40.1
150	4.8	41.4	4.5	41.1	3.8	39.6			3.7	41.0	3.0	40.2
200	4.9	39.5	5.2	40.2	4.4	39.2			4.3	40.4	4.0	39.8
250	4.9	38.7	5.3	40.3	4.8	38.7			4.6	39.7	4.3	39.5
300	4.8	37.4	5.3	38.8	5.0	37.9			4.7	38.8	4.7	38.5
350	4.8	36.5	5.3	37.3	5.0	37.1			4.7	38.5	4.9	37.0
400	4.6	35.6	5.3	36.1	4.8	36.2			4.7	37.5	5.0	35.6
450	4.5	34.6	5.3	35.2	5.0	35.2			4.6	36.8	5.0	34.7
500	4.6	34.5	5.2	34.9	4.9	34.6			4.7	35.5	5.0	33.3
550	4.6	34.4	5.2	34.3	4.9	34.4			4.7	35.0	4.9	32.4
600	4.5	34.1	5.3	34.3	5.0	33.8			4.6	35.6	4.9	32.0
650	4.5	33.7	5.3	34.2	5.0	33.4			4.6	34.9	4.8	31.7
700	4.5	34.1	5.4	33.8	5.0	33.0			4.6	33.2	4.8	31.4
750	4.5	33.7	5.2	33.3	4.9	32.4			4.5	32.8	4.9	31.7
800	4.5	33.6	5.2	33.4	4.8	32.0			4.6	34.1	4.9	31.6
850	4.6	33.5	5.2	33.3	4.8	31.9			4.6	33.8	4.8	31.4
900	4.5	33.5	5.1	33.5	4.8	31.7			4.5	33.3	4.9	31.1
950	4.5	33.0	5.2	33.7	4.8	31.7			4.6	35.7	4.8	30.9
1000	4.5	32.7	5.1	33.6	4.7	32.1			4.6	36.8	4.8	30.9
1050	4.6	32.7	5.1	33.5	4.7	32.2			4.5	34.1	4.8	31.0
1100	4.4	33.2	5.2	33.3	4.7	32.0			4.5	32.6	4.8	31.4
1150	4.6	33.1	5.2	33.2	4.8	31.8			4.5	32.4	4.7	31.0
1200	4.7	33.1	5.3	33.4	5.0	32.0			4.6	33.1	4.7	31.1
1250	4.6	33.0	5.1	34.2	5.0	32.1			4.4	32.8	4.6	31.0
1300	4.6	32.8	5.2	33.6	4.9	32.2			4.5	32.5	4.7	30.8
1350	4.5	32.9	5.3	33.5	4.8	32.2			4.3	31.9	4.5	31.1
1400	4.7	33.3	5.2	33.3	4.7	32.1			4.4	32.2	4.6	30.7
1450	4.5	33.3	5.3	33.2	4.6	31.7			4.3	32.9	4.5	30.9
1500	4.3	32.9	5.1	33.2	4.7	32.7			4.3	30.7	4.5	30.6
1550	4.5	33.2	5.1	33.2	4.8	32.1			4.2	30.9	4.5	30.3
1600	4.7	34.5	4.9	32.6	4.8	32.4			4.3	30.4	4.7	30.6
1650	4.7	34.6	4.9	32.4	4.7	31.9			4.2	30.1	4.4	30.3
1700	4.5	34.5	4.7	32.2	4.7	31.8			4.2	30.0	4.5	30.1
1750	4.7	34.4	4.9	31.3	4.6	30.2			4.2	30.2	4.7	31.0
1800	4.6	34.8	5.0	30.6	4.5	28.5			4.2	29.2	4.7	30.7
1850	4.7	35.5	4.9	30.7	4.5	27.5			4.2	29.0	4.5	30.9
1900	4.6	35.6	5.0	32.3	4.3	30.1			4.3	31.2	4.5	30.3
1950	4.7	34.4	4.9	32.4	4.5	27.0			4.2	31.4	4.4	30.4
2000	4.5	33.8	4.7	31.9	4.4	25.4			4.4	30.8	4.6	30.4