



WRC II Poznan, Poland

16 - 18 June

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H3

16 JUN 2017

Race 7

Dist. [m]	NED		HKG		SUI		POL1		LAT		IRL	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.8	42.0	3.7	44.0	3.7	45.0	3.8	46.0	0.0	0.0	3.7	50.0
100	4.6	40.0	4.5	41.0	4.6	43.0	4.6	41.0	0.0	0.0	4.5	46.0
150	4.7	37.0	4.6	39.0	4.6	42.0	4.6	39.0	0.0	0.0	4.6	43.0
200	4.5	35.0	4.5	38.0	4.6	41.0	4.6	38.0	0.0	0.0	4.6	42.0
250	4.5	34.0	4.5	37.0	4.6	39.0	4.5	37.0	0.0	0.0	4.6	39.0
300	4.5	34.0	4.4	37.0	4.5	38.0	4.5	37.0	0.0	0.0	4.5	38.0
350	4.4	34.0	4.4	37.0	4.5	38.0	4.5	36.0	0.0	0.0	4.5	37.0
400	4.4	33.0	4.4	37.0	4.4	36.0	4.4	36.0	0.0	0.0	4.4	37.0
450	4.4	33.0	4.3	36.0	4.5	36.0	4.5	36.0	0.0	0.0	4.4	37.0
500	4.4	32.0	4.3	36.0	4.5	36.0	4.4	35.0	0.0	0.0	4.5	36.0
550	4.4	33.0	4.3	35.0	4.4	36.0	4.4	34.0	0.0	0.0	4.4	36.0
600	4.4	33.0	4.3	35.0	4.5	36.0	4.3	34.0	0.0	0.0	4.4	35.0
650	4.4	33.0	4.3	35.0	4.4	36.0	4.4	34.0	0.0	0.0	4.4	35.0
700	4.3	33.0	4.3	34.0	4.4	36.0	4.4	34.0	0.0	0.0	4.4	35.0
750	4.3	33.0	4.2	34.0	4.4	36.0	4.3	34.0	0.0	0.0	4.5	35.0
800	4.3	33.0	4.3	35.0	4.4	36.0	4.4	34.0	0.0	0.0	4.4	35.0
850	4.4	32.0	4.3	35.0	4.5	36.0	4.3	34.0	0.0	0.0	4.4	35.0
900	4.4	33.0	4.3	35.0	4.5	36.0	4.3	34.0	0.0	0.0	4.4	35.0
950	4.4	33.0	4.3	34.0	4.5	35.0	4.4	34.0	0.0	0.0	4.4	35.0
1000	4.4	32.0	4.2	33.0	4.4	34.0	4.3	33.0	0.0	0.0	4.4	35.0
1050	4.3	31.0	4.2	33.0	4.5	35.0	4.3	34.0	0.0	0.0	4.4	35.0
1100	4.2	31.0	4.1	33.0	4.4	35.0	4.3	34.0	0.0	0.0	4.4	34.0
1150	4.2	31.0	4.2	33.0	4.5	35.0	4.3	33.0	2.6	33.0	4.4	34.0
1200	4.2	31.0	4.1	33.0	4.4	35.0	4.3	33.0	4.0	33.0	4.3	34.0
1250	4.1	31.0	4.2	33.0	4.4	35.0	4.2	34.0	4.3	33.0	4.4	34.0
1300	4.1	31.0	4.2	34.0	4.3	35.0	4.3	34.0	4.3	33.0	4.3	34.0
1350	4.1	30.0	4.1	34.0	4.3	35.0	4.2	34.0	4.3	33.0	4.4	34.0
1400	4.1	31.0	4.1	33.0	4.3	35.0	4.3	34.0	4.3	33.0	4.3	34.0
1450	4.0	30.0	4.1	33.0	4.3	35.0	4.3	34.0	4.3	33.0	4.4	34.0
1500	4.1	30.0	4.1	33.0	4.3	35.0	4.2	33.0	4.2	33.0	4.3	34.0
1550	4.2	30.0	4.0	32.0	4.3	35.0	4.3	33.0	4.2	33.0	4.3	34.0
1600	4.0	30.0	4.1	31.0	4.3	34.0	4.3	34.0	4.2	33.0	4.4	34.0
1650	4.0	29.0	4.1	32.0	4.3	34.0	4.3	33.0	4.2	33.0	4.3	34.0
1700	3.9	29.0	4.2	33.0	4.4	35.0	4.3	33.0	4.3	33.0	4.3	34.0
1750	4.0	30.0	4.2	34.0	4.3	35.0	4.3	33.0	4.2	33.0	4.3	34.0
1800	4.0	30.0	4.3	34.0	4.3	36.0	4.3	33.0	4.3	33.0	4.3	34.0
1850	4.1	30.0	4.3	34.0	4.4	36.0	4.3	33.0	4.3	33.0	4.3	34.0
1900	4.0	30.0	4.2	35.0	4.4	36.0	4.2	32.0	4.2	33.0	4.3	34.0
1950	4.1	30.0	4.3	35.0	4.3	36.0	4.2	32.0	4.3	33.0	4.1	33.0
2000	4.0	29.0	4.3	34.0	4.3	36.0	4.1	32.0	4.2	31.0	4.2	32.0

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