



WRC II Varese, Italy

19 - 21 June

10
(Event)

RACE DATA
Lightweight Men's Four
FR 19 JUN 2015

**LM4-
H1
Race 50**

Dist. [m]	ITA2		FRA		ITA1		CAN		GBR		JPN2	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.4	47.0	4.6	47.0	3.9	48.0	4.4	46.0	4.4	51.0	4.5	46.0
100	5.6	46.0	6.0	45.0	5.5	46.0	5.6	45.0	5.8	47.0	5.7	43.0
150	5.9	44.0	6.3	44.0	5.9	45.0	5.9	43.0	6.0	46.0	5.9	42.0
200	5.9	42.0	6.3	43.0	6.1	44.0	5.8	42.0	6.0	44.0	5.9	40.0
250	5.9	41.0	6.2	42.0	6.1	43.0	5.8	41.0	5.9	42.0	5.8	40.0
300	5.8	40.0	6.1	41.0	6.0	43.0	5.7	41.0	5.8	41.0	5.7	39.0
350	5.7	40.0	6.0	40.0	6.0	42.0	5.7	40.0	5.8	41.0	5.7	39.0
400	5.7	39.0	5.9	40.0	5.9	42.0	5.6	39.0	5.8	39.0	5.6	39.0
450	5.7	39.0	5.9	39.0	5.8	41.0	5.6	38.0	5.8	39.0	5.6	38.0
500	5.6	38.0	5.7	38.0	5.8	40.0	5.6	38.0	5.7	39.0	5.6	38.0
550	5.5	38.0	5.7	38.0	5.7	39.0	5.6	38.0	5.6	39.0	5.5	38.0
600	5.4	37.0	5.7	37.0	5.6	38.0	5.5	38.0	5.6	38.0	5.5	37.0
650	5.4	37.0	5.6	37.0	5.6	38.0	5.4	37.0	5.7	38.0	5.4	37.0
700	5.5	37.0	5.6	37.0	5.6	38.0	5.5	37.0	5.6	38.0	5.4	37.0
750	5.4	37.0	5.5	37.0	5.6	38.0	5.5	37.0	5.6	38.0	5.4	37.0
800	5.4	37.0	5.5	36.0	5.5	38.0	5.5	37.0	5.6	38.0	5.4	37.0
850	5.5	37.0	5.5	36.0	5.5	38.0	5.4	37.0	5.6	38.0	5.4	37.0
900	5.5	37.0	5.5	36.0	5.6	38.0	5.3	37.0	5.6	38.0	5.3	37.0
950	5.6	37.0	5.5	36.0	5.6	38.0	5.3	37.0	5.6	38.0	5.3	36.0
1000	5.6	37.0	5.5	36.0	5.6	38.0	5.4	37.0	5.5	38.0	5.3	36.0
1050	5.5	37.0	5.5	35.0	5.5	37.0	5.4	37.0	5.6	38.0	5.4	37.0
1100	5.4	36.0	5.6	36.0	5.6	38.0	5.5	37.0	5.7	38.0	5.4	37.0
1150	5.5	36.0	5.5	36.0	5.6	38.0	5.5	37.0	5.7	38.0	5.3	37.0
1200	5.3	35.0	5.5	36.0	5.5	38.0	5.5	37.0	5.6	39.0	5.2	36.0
1250	5.3	35.0	5.5	35.0	5.5	37.0	5.4	37.0	5.6	39.0	5.2	36.0
1300	5.2	33.0	5.6	36.0	5.5	38.0	5.4	37.0	5.5	39.0	5.2	37.0
1350	5.0	31.0	5.6	37.0	5.5	38.0	5.6	37.0	5.5	38.0	5.3	37.0
1400	5.0	30.0	5.6	37.0	5.5	38.0	5.6	37.0	5.6	38.0	5.3	36.0
1450	4.9	28.0	5.6	37.0	5.6	38.0	5.5	37.0	5.6	38.0	5.3	37.0
1500	4.8	28.0	5.6	37.0	5.5	38.0	5.5	37.0	5.6	38.0	5.2	36.0
1550	4.8	27.0	5.6	36.0	5.5	38.0	5.5	37.0	5.6	39.0	5.2	36.0
1600	4.7	27.0	5.6	37.0	5.5	39.0	5.4	36.0	5.6	39.0	5.2	36.0
1650	4.7	27.0	5.7	37.0	5.5	40.0	5.4	36.0	5.6	39.0	5.2	36.0
1700	4.7	27.0	5.6	37.0	5.6	40.0	5.2	35.0	5.6	39.0	5.3	36.0
1750	4.7	26.0	5.6	37.0	5.6	40.0	5.1	35.0	5.6	39.0	5.3	36.0
1800	4.7	25.0	5.7	38.0	5.6	40.0	5.2	35.0	5.7	40.0	5.3	36.0
1850	4.8	25.0	5.7	38.0	5.7	42.0	5.2	35.0	5.8	40.0	5.3	36.0
1900	4.7	25.0	5.8	38.0	5.7	42.0	5.1	34.0	5.8	43.0	5.3	36.0
1950	4.8	25.0	5.8	38.0	5.6	41.0	5.1	34.0	5.8	43.0	5.3	37.0
2000	4.7	25.0	5.7	39.0	5.1	34.0	5.1	34.0	5.7	43.0	5.2	36.0

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