



Varese, Italy
19 - 21 June, 2015

WRC II Varese, Italy

19 - 21 June

10
(Event)

RACE DATA
Lightweight Men's Four
SAT 20 JUN 2015

**LM4-
FC
Race 109**

Dist. [m]	ARG		POL		HKG		JPN2		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	4.3	45.0	4.3	47.0	4.2	46.0	4.3	44.0				
100	5.6	43.0	5.7	45.0	5.4	45.0	5.7	44.0				
150	5.8	43.0	5.9	43.0	5.8	43.0	6.0	42.0				
200	5.8	42.0	5.9	42.0	5.8	42.0	5.9	41.0				
250	5.8	41.0	5.9	41.0	5.7	42.0	5.9	40.0				
300	5.7	41.0	5.8	40.0	5.7	42.0	5.8	40.0				
350	5.7	41.0	5.7	40.0	5.6	41.0	5.7	39.0				
400	5.6	40.0	5.7	40.0	5.6	40.0	5.6	39.0				
450	5.6	39.0	5.6	39.0	5.5	40.0	5.6	39.0				
500	5.6	40.0	5.6	38.0	5.6	40.0	5.5	38.0				
550	5.5	39.0	5.6	38.0	5.6	40.0	5.6	39.0				
600	5.5	39.0	5.6	38.0	5.7	40.0	5.6	38.0				
650	5.5	38.0	5.5	37.0	5.6	39.0	5.5	38.0				
700	5.4	38.0	5.5	37.0	5.6	39.0	5.5	38.0				
750	5.5	38.0	5.6	37.0	5.6	39.0	5.6	38.0				
800	5.4	38.0	5.5	37.0	5.7	39.0	5.6	38.0				
850	5.4	38.0	5.5	37.0	5.6	39.0	5.5	37.0				
900	5.4	38.0	5.5	37.0	5.6	38.0	5.5	37.0				
950	5.5	38.0	5.4	36.0	5.5	38.0	5.4	37.0				
1000	5.5	38.0	5.4	37.0	5.5	38.0	5.5	37.0				
1050	5.4	38.0	5.6	38.0	5.5	38.0	5.5	37.0				
1100	5.4	38.0	5.5	37.0	5.5	38.0	5.4	37.0				
1150	5.5	38.0	5.5	37.0	5.5	38.0	5.4	37.0				
1200	5.4	38.0	5.4	37.0	5.5	38.0	5.4	37.0				
1250	5.3	37.0	5.4	37.0	5.5	38.0	5.4	37.0				
1300	5.4	38.0	5.4	37.0	5.5	38.0	5.4	37.0				
1350	5.4	38.0	5.4	37.0	5.5	38.0	5.4	37.0				
1400	5.4	38.0	5.4	37.0	5.5	38.0	5.4	37.0				
1450	5.5	38.0	5.4	37.0	5.5	38.0	5.3	37.0				
1500	5.5	38.0	5.4	38.0	5.5	38.0	5.3	37.0				
1550	5.5	38.0	5.5	38.0	5.5	38.0	5.3	37.0				
1600	5.6	39.0	5.5	39.0	5.5	38.0	5.4	38.0				
1650	5.6	39.0	5.5	39.0	5.5	38.0	5.4	37.0				
1700	5.6	39.0	5.5	39.0	5.5	38.0	5.5	38.0				
1750	5.6	39.0	5.5	40.0	5.6	39.0	5.5	38.0				
1800	5.6	39.0	5.6	40.0	5.6	40.0	5.5	39.0				
1850	5.7	40.0	5.6	41.0	5.6	40.0	5.6	40.0				
1900	5.7	40.0	5.7	42.0	5.6	40.0	5.8	41.0				
1950	5.7	40.0	5.7	43.0	5.7	42.0	5.8	41.0				
2000	5.7	41.0	5.8	43.0	5.7	42.0	5.8	41.0				

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