



WRC II Varese, Italy

19 - 21 June

10
(Event)

RACE DATA
Lightweight Men's Four
SUN 21 JUN 2015

**LM4-
FB
Race 160**

| Dist. [m] | AUS | | CAN | | AUT | | ITA1 | | ITA2 | | JPN1 | |
|--------------|----------------|--------|----------------|--------|----------------|--------|----------------|--------|----------------|--------|----------------|--------|
| | Speed [m/s] | Stroke | Speed [m/s] | Stroke | Speed [m/s] | Stroke | Speed [m/s] | Stroke | Speed [m/s] | Stroke | Speed [m/s] | Stroke |
| 50 | 4.2 | 45.0 | 4.3 | 46.0 | 4.3 | 45.0 | 4.4 | 49.0 | 4.3 | 50.0 | 4.2 | 46.0 |
| 100 | 5.6 | 45.0 | 5.6 | 46.0 | 5.7 | 44.0 | 5.8 | 47.0 | 5.8 | 48.0 | 5.5 | 46.0 |
| 150 | 5.8 | 44.0 | 5.9 | 45.0 | 5.9 | 43.0 | 6.1 | 46.0 | 6.0 | 46.0 | 5.8 | 45.0 |
| 200 | 5.8 | 43.0 | 6.0 | 44.0 | 6.0 | 42.0 | 6.1 | 44.0 | 6.0 | 44.0 | 5.8 | 44.0 |
| 250 | 5.8 | 42.0 | 5.8 | 44.0 | 5.9 | 41.0 | 6.1 | 44.0 | 5.9 | 43.0 | 5.7 | 43.0 |
| 300 | 5.7 | 41.0 | 5.8 | 43.0 | 5.8 | 40.0 | 6.0 | 43.0 | 5.8 | 42.0 | 5.7 | 41.0 |
| 350 | 5.7 | 40.0 | 5.8 | 42.0 | 5.7 | 40.0 | 6.0 | 42.0 | 5.7 | 41.0 | 5.7 | 41.0 |
| 400 | 5.6 | 40.0 | 5.7 | 40.0 | 5.7 | 40.0 | 5.9 | 42.0 | 5.7 | 41.0 | 5.6 | 40.0 |
| 450 | 5.6 | 39.0 | 5.7 | 40.0 | 5.6 | 39.0 | 5.9 | 41.0 | 5.7 | 41.0 | 5.6 | 39.0 |
| 500 | 5.6 | 39.0 | 5.6 | 40.0 | 5.6 | 39.0 | 5.8 | 40.0 | 5.7 | 41.0 | 5.6 | 39.0 |
| 550 | 5.6 | 38.0 | 5.6 | 40.0 | 5.5 | 39.0 | 5.7 | 39.0 | 5.6 | 40.0 | 5.6 | 39.0 |
| 600 | 5.6 | 38.0 | 5.5 | 39.0 | 5.5 | 38.0 | 5.7 | 39.0 | 5.6 | 38.0 | 5.5 | 39.0 |
| 650 | 5.5 | 37.0 | 5.6 | 39.0 | 5.6 | 38.0 | 5.7 | 39.0 | 5.5 | 38.0 | 5.6 | 39.0 |
| 700 | 5.5 | 37.0 | 5.5 | 39.0 | 5.5 | 38.0 | 5.6 | 38.0 | 5.6 | 38.0 | 5.5 | 39.0 |
| 750 | 5.6 | 37.0 | 5.5 | 39.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.6 | 38.0 | 5.5 | 39.0 |
| 800 | 5.5 | 37.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 39.0 |
| 850 | 5.5 | 37.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.6 | 38.0 | 5.5 | 37.0 | 5.4 | 39.0 |
| 900 | 5.4 | 37.0 | 5.4 | 38.0 | 5.4 | 38.0 | 5.6 | 38.0 | 5.5 | 38.0 | 5.4 | 39.0 |
| 950 | 5.4 | 36.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.5 | 37.0 | 5.4 | 39.0 |
| 1000 | 5.4 | 37.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.5 | 37.0 | 5.4 | 39.0 |
| 1050 | 5.4 | 37.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.4 | 39.0 |
| 1100 | 5.5 | 37.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.6 | 38.0 | 5.6 | 38.0 | 5.4 | 39.0 |
| 1150 | 5.4 | 37.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.7 | 39.0 | 5.6 | 38.0 | 5.5 | 40.0 |
| 1200 | 5.4 | 36.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.6 | 39.0 | 5.6 | 38.0 | 5.5 | 39.0 |
| 1250 | 5.4 | 36.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 39.0 |
| 1300 | 5.4 | 36.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.5 | 39.0 |
| 1350 | 5.4 | 37.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.4 | 40.0 |
| 1400 | 5.5 | 36.0 | 5.4 | 38.0 | 5.5 | 38.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.4 | 39.0 |
| 1450 | 5.4 | 36.0 | 5.4 | 38.0 | 5.6 | 38.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.3 | 39.0 |
| 1500 | 5.4 | 37.0 | 5.5 | 38.0 | 5.6 | 38.0 | 5.5 | 38.0 | 5.4 | 38.0 | 5.4 | 39.0 |
| 1550 | 5.4 | 37.0 | 5.6 | 39.0 | 5.5 | 39.0 | 5.5 | 38.0 | 5.4 | 39.0 | 5.5 | 40.0 |
| 1600 | 5.5 | 37.0 | 5.6 | 39.0 | 5.5 | 39.0 | 5.5 | 39.0 | 5.4 | 39.0 | 5.6 | 41.0 |
| 1650 | 5.5 | 37.0 | 5.5 | 39.0 | 5.5 | 39.0 | 5.5 | 38.0 | 5.4 | 39.0 | 5.5 | 41.0 |
| 1700 | 5.5 | 38.0 | 5.5 | 39.0 | 5.6 | 39.0 | 5.5 | 39.0 | 5.4 | 39.0 | 5.5 | 41.0 |
| 1750 | 5.5 | 37.0 | 5.5 | 40.0 | 5.6 | 40.0 | 5.4 | 39.0 | 5.4 | 39.0 | 5.6 | 42.0 |
| 1800 | 5.5 | 38.0 | 5.5 | 41.0 | 5.6 | 40.0 | 5.5 | 39.0 | 5.4 | 40.0 | 5.6 | 42.0 |
| 1850 | 5.6 | 39.0 | 5.7 | 42.0 | 5.7 | 41.0 | 5.6 | 40.0 | 5.4 | 40.0 | 5.8 | 44.0 |
| 1900 | 5.6 | 39.0 | 5.7 | 42.0 | 5.8 | 41.0 | 5.6 | 40.0 | 5.5 | 41.0 | 5.9 | 44.0 |
| 1950 | 5.6 | 39.0 | 5.7 | 42.0 | 5.7 | 42.0 | 5.7 | 42.0 | 5.6 | 41.0 | 5.9 | 44.0 |
| 2000 | 5.7 | 39.0 | 5.8 | 42.0 | 5.7 | 42.0 | 5.6 | 43.0 | 5.6 | 42.0 | 5.7 | 42.0 |

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