



WRC II Aiguebelette, France

Aiguebelette, France, 20-22 June, 2014

20 - 22 June 2014

18
(Event)

RACE DATA
Lightweight Men's Single Sculls
SAT 21 JUN 2014

LM1x
FD
Race 104

Dist. [m]	IRI		ALG2									
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.5	39.0	3.5	43.0								
100	4.7	35.0	4.7	38.0								
150	4.8	33.0	4.8	35.0								
200	4.8	32.0	4.7	33.0								
250	4.8	31.0	4.6	32.0								
300	4.7	30.0	4.5	31.0								
350	4.8	30.0	4.4	30.0								
400	4.6	36.0	4.2	29.0								
450	4.7	31.0	4.2	29.0								
500	4.6	31.0	4.2	28.0								
550	4.7	30.0	4.1	28.0								
600	4.6	35.0	4.2	27.0								
650	4.7	30.0	4.0	27.0								
700	4.6	30.0	4.1	27.0								
750	4.6	30.0	4.0	26.0								
800	4.5	30.0	4.1	27.0								
850	4.6	34.0	4.1	27.0								
900	4.5	30.0	4.0	26.0								
950	4.6	30.0	4.1	27.0								
1000	4.6	31.0	4.0	27.0								
1050	4.5	31.0	4.1	27.0								
1100	4.6	30.0	4.0	26.0								
1150	4.5	30.0	4.0	26.0								
1200	4.6	30.0	4.0	26.0								
1250	4.5	31.0	4.0	26.0								
1300	4.4	36.0	4.0	26.0								
1350	4.6	31.0	4.0	26.0								
1400	4.5	31.0	3.9	26.0								
1450	4.5	35.0	3.9	25.0								
1500	4.6	36.0	3.9	26.0								
1550	4.6	31.0	4.0	26.0								
1600	4.5	31.0	4.0	26.0								
1650	4.6	30.0	4.0	26.0								
1700	4.6	41.0	4.0	27.0								
1750	4.6	31.0	4.0	26.0								
1800	4.6	36.0	4.1	27.0								
1850	4.7	44.0	4.1	27.0								
1900	4.8	34.0	4.0	27.0								
1950	4.7	39.0	4.1	28.0								
2000	4.6	45.0	4.1	28.0								

INTERNET Service: www.worldrowing.com
FISA Data Service

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