



WRC II Aiguebelette, France

Aiguebelette, France, 20-22 June, 2014

20 - 22 June 2014

**18**  
(Event)

**RACE DATA**

**LM1x**

**Lightweight Men's Single Sculls**

**FC**

SAT 21 JUN 2014

**Race 109**

| Dist.<br>[m] | HKG2           |        | HKG1           |        | SUI2           |        | TUN1           |        | IRL2           |        | TUN2           |        |
|--------------|----------------|--------|----------------|--------|----------------|--------|----------------|--------|----------------|--------|----------------|--------|
|              | Speed<br>[m/s] | Stroke | Speed<br>[m/s] | Stroke | Speed<br>[m/s] | Stroke | Speed<br>[m/s] | Stroke | Speed<br>[m/s] | Stroke | Speed<br>[m/s] | Stroke |
| 50           | 2.9            | 39.0   | 2.5            | 41.0   | 2.3            | 46.0   | 2.4            | 36.0   | 1.6            | 41.0   | 1.6            | 40.0   |
| 100          | 4.7            | 43.0   | 4.5            | 42.0   | 4.5            | 41.0   | 4.5            | 40.0   | 3.9            | 42.0   | 4.0            | 42.0   |
| 150          | 4.7            | 38.0   | 4.7            | 39.0   | 4.7            | 39.0   | 4.8            | 39.0   | 4.4            | 40.0   | 4.7            | 39.0   |
| 200          | 4.7            | 37.0   | 4.6            | 37.0   | 4.8            | 37.0   | 4.7            | 37.0   | 4.6            | 38.0   | 4.8            | 36.0   |
| 250          | 4.7            | 36.0   | 4.7            | 39.0   | 4.6            | 35.0   | 4.7            | 38.0   | 4.6            | 37.0   | 4.7            | 34.0   |
| 300          | 4.6            | 35.0   | 4.5            | 36.0   | 4.6            | 35.0   | 4.7            | 37.0   | 4.6            | 35.0   | 4.6            | 33.0   |
| 350          | 4.5            | 34.0   | 4.6            | 35.0   | 4.6            | 33.0   | 4.6            | 37.0   | 4.5            | 35.0   | 4.5            | 33.0   |
| 400          | 4.5            | 31.0   | 4.5            | 35.0   | 4.5            | 33.0   | 4.6            | 34.0   | 4.5            | 35.0   | 4.5            | 32.0   |
| 450          | 4.5            | 32.0   | 4.5            | 35.0   | 4.4            | 33.0   | 4.5            | 34.0   | 4.5            | 35.0   | 4.4            | 32.0   |
| 500          | 4.4            | 34.0   | 4.5            | 36.0   | 4.5            | 33.0   | 4.5            | 36.0   | 4.6            | 35.0   | 4.4            | 31.0   |
| 550          | 4.5            | 34.0   | 4.4            | 35.0   | 4.5            | 33.0   | 4.5            | 33.0   | 4.5            | 34.0   | 4.4            | 30.0   |
| 600          | 4.4            | 32.0   | 4.4            | 35.0   | 4.4            | 32.0   | 4.5            | 35.0   | 4.5            | 33.0   | 4.4            | 30.0   |
| 650          | 4.5            | 32.0   | 4.5            | 36.0   | 4.4            | 32.0   | 4.5            | 34.0   | 4.5            | 34.0   | 4.4            | 31.0   |
| 700          | 4.3            | 28.0   | 4.4            | 36.0   | 4.4            | 32.0   | 4.5            | 31.0   | 4.4            | 33.0   | 4.4            | 30.0   |
| 750          | 4.4            | 31.0   | 4.4            | 35.0   | 4.5            | 33.0   | 4.6            | 32.0   | 4.5            | 34.0   | 4.3            | 30.0   |
| 800          | 4.5            | 33.0   | 4.4            | 34.0   | 4.4            | 33.0   | 4.4            | 33.0   | 4.6            | 34.0   | 4.3            | 29.0   |
| 850          | 4.4            | 30.0   | 4.3            | 34.0   | 4.5            | 33.0   | 4.5            | 32.0   | 4.5            | 34.0   | 4.4            | 29.0   |
| 900          | 4.3            | 30.0   | 4.3            | 34.0   | 4.4            | 33.0   | 4.5            | 34.0   | 4.5            | 34.0   | 4.3            | 29.0   |
| 950          | 4.4            | 30.0   | 4.3            | 34.0   | 4.5            | 33.0   | 4.6            | 34.0   | 4.5            | 34.0   | 4.4            | 29.0   |
| 1000         | 4.4            | 32.0   | 4.3            | 34.0   | 4.4            | 32.0   | 4.6            | 31.0   | 4.4            | 34.0   | 4.3            | 29.0   |
| 1050         | 4.3            | 32.0   | 4.4            | 35.0   | 4.5            | 32.0   | 4.6            | 33.0   | 4.5            | 34.0   | 4.4            | 31.0   |
| 1100         | 4.2            | 32.0   | 4.4            | 34.0   | 4.4            | 32.0   | 4.6            | 32.0   | 4.4            | 34.0   | 4.3            | 30.0   |
| 1150         | 4.4            | 30.0   | 4.4            | 35.0   | 4.5            | 32.0   | 4.6            | 32.0   | 4.4            | 33.0   | 4.2            | 28.0   |
| 1200         | 4.2            | 32.0   | 4.4            | 35.0   | 4.5            | 32.0   | 4.5            | 32.0   | 4.5            | 34.0   | 4.3            | 31.0   |
| 1250         | 4.1            | 30.0   | 4.4            | 35.0   | 4.4            | 32.0   | 4.5            | 32.0   | 4.5            | 34.0   | 4.2            | 29.0   |
| 1300         | 4.0            | 30.0   | 4.4            | 35.0   | 4.4            | 32.0   | 4.5            | 32.0   | 4.4            | 34.0   | 4.3            | 29.0   |
| 1350         | 4.0            | 29.0   | 4.4            | 35.0   | 4.4            | 32.0   | 4.5            | 32.0   | 4.4            | 33.0   | 4.2            | 28.0   |
| 1400         | 4.0            | 28.0   | 4.3            | 35.0   | 4.4            | 32.0   | 4.5            | 33.0   | 4.3            | 33.0   | 4.2            | 29.0   |
| 1450         | 4.0            | 28.0   | 4.4            | 35.0   | 4.5            | 32.0   | 4.6            | 30.0   | 4.4            | 33.0   | 4.2            | 30.0   |
| 1500         | 4.1            | 29.0   | 4.4            | 35.0   | 4.4            | 32.0   | 4.6            | 34.0   | 4.4            | 32.0   | 4.2            | 30.0   |
| 1550         | 4.1            | 30.0   | 4.4            | 35.0   | 4.4            | 32.0   | 4.5            | 32.0   | 4.4            | 33.0   | 4.3            | 32.0   |
| 1600         | 4.1            | 29.0   | 4.3            | 34.0   | 4.4            | 33.0   | 4.4            | 31.0   | 4.4            | 33.0   | 4.3            | 32.0   |
| 1650         | 4.1            | 29.0   | 4.4            | 35.0   | 4.5            | 33.0   | 4.5            | 34.0   | 4.5            | 33.0   | 4.3            | 30.0   |
| 1700         | 4.1            | 29.0   | 4.4            | 35.0   | 4.5            | 33.0   | 4.4            | 33.0   | 4.4            | 33.0   | 4.2            | 30.0   |
| 1750         | 4.3            | 31.0   | 4.3            | 35.0   | 4.5            | 34.0   | 4.6            | 32.0   | 4.5            | 33.0   | 4.2            | 30.0   |
| 1800         | 4.2            | 31.0   | 4.4            | 36.0   | 4.7            | 35.0   | 4.5            | 35.0   | 4.6            | 34.0   | 4.4            | 32.0   |
| 1850         | 4.0            | 28.0   | 4.5            | 35.0   | 4.7            | 36.0   | 4.6            | 35.0   | 4.6            | 33.0   | 4.3            | 31.0   |
| 1900         | 4.0            | 27.0   | 4.5            | 36.0   | 4.8            | 36.0   | 4.6            | 36.0   | 4.7            | 36.0   | 4.4            | 31.0   |
| 1950         | 4.1            | 28.0   | 4.4            | 35.0   | 4.8            | 37.0   | 4.7            | 36.0   | 4.9            | 40.0   | 4.2            | 30.0   |
| 2000         | 4.0            | 31.0   | 4.3            | 36.0   | 4.8            | 37.0   | 4.7            | 37.0   | 4.9            | 41.0   | 4.1            | 30.0   |

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Page 1 of 1

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