



WCH Aiguebelette, France

30 Aug - 6 Sept 2015

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

R3

TUE 1 SEP 2015

Race 115

Dist. [m]	ALG		MEX		ITA		SWE		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.8	43.0	3.9	38.0	3.8	43.0	3.7	45.0				
100	4.2	37.0	4.5	39.0	4.4	40.0	4.5	39.0				
150	4.2	36.0	4.5	36.0	4.5	39.0	4.4	37.0				
200	4.1	33.0	4.4	35.0	4.3	36.0	4.3	36.0				
250	4.1	35.0	4.3	34.0	4.3	35.0	4.2	34.0				
300	4.0	33.0	4.2	33.0	4.3	34.0	4.2	33.0				
350	3.9	32.0	4.2	34.0	4.2	33.0	4.1	32.0				
400	3.7	32.0	4.2	33.0	4.1	32.0	4.1	31.0				
450	3.8	30.0	4.2	33.0	4.1	32.0	4.0	31.0				
500	3.9	30.0	4.2	33.0	4.1	32.0	4.1	32.0				
550	4.0	32.0	4.3	33.0	4.2	32.0	4.1	33.0				
600	4.0	30.0	4.2	33.0	4.1	31.0	4.1	30.0				
650	3.8	29.0	4.2	34.0	4.0	31.0	4.0	31.0				
700	3.9	29.0	4.2	32.0	4.1	31.0	4.0	31.0				
750	3.5	28.0	4.2	33.0	4.0	30.0	4.0	30.0				
800	3.6	27.0	4.1	33.0	4.0	30.0	4.0	30.0				
850	3.7	28.0	4.1	33.0	4.1	30.0	4.0	32.0				
900	3.8	29.0	4.2	32.0	4.1	31.0	3.9	30.0				
950	3.8	27.0	4.1	33.0	4.1	30.0	3.9	31.0				
1000	3.8	26.0	4.1	33.0	4.0	30.0	4.0	30.0				
1050	3.8	28.0	4.1	33.0	4.0	31.0	4.0	30.0				
1100	3.7	27.0	4.1	33.0	4.1	31.0	4.0	31.0				
1150	3.8	27.0	4.1	33.0	4.1	31.0	4.1	33.0				
1200	3.8	29.0	4.2	33.0	4.1	31.0	4.1	33.0				
1250	3.8	28.0	4.1	34.0	4.1	31.0	4.0	32.0				
1300	3.9	28.0	4.2	33.0	4.1	31.0	4.0	31.0				
1350	3.9	28.0	4.2	33.0	4.1	31.0	4.0	30.0				
1400	3.9	28.0	4.1	33.0	4.2	31.0	4.0	31.0				
1450	3.9	28.0	4.2	34.0	4.1	31.0	4.2	32.0				
1500	3.9	28.0	4.2	33.0	4.1	30.0	4.1	32.0				
1550	3.9	29.0	4.2	34.0	4.1	31.0	4.1	32.0				
1600	3.9	29.0	4.2	35.0	4.1	30.0	4.2	32.0				
1650	4.0	30.0	4.3	34.0	4.1	31.0	4.2	31.0				
1700	4.0	31.0	4.2	33.0	4.1	31.0	4.1	31.0				
1750	4.0	31.0	4.2	33.0	4.1	31.0	4.1	32.0				
1800	4.0	32.0	4.2	34.0	4.2	31.0	4.2	33.0				
1850	4.1	32.0	4.2	34.0	4.1	31.0	4.2	33.0				
1900	4.1	32.0	4.2	33.0	4.1	30.0	4.2	32.0				
1950	4.1	32.0	4.1	34.0	4.1	31.0	4.2	34.0				
2000	4.0	32.0	4.0	33.0	4.1	30.0	4.1	34.0				

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