



WCH Amsterdam, NED

24 - 31 August 2014

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H2

SUN 24 AUG 2014

Race 7

Dist. [m]	NED		ISR		CHN		BEL		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.8	42.0	3.7	39.0	3.8	42.0	3.9	45.0				
100	4.5	39.0	4.5	38.0	4.5	39.0	4.6	39.0				
150	4.6	37.0	4.5	36.0	4.6	37.0	4.6	35.0				
200	4.5	36.0	4.4	35.0	4.6	35.0	4.5	34.0				
250	4.5	35.0	4.3	34.0	4.4	34.0	4.4	33.0				
300	4.5	34.0	4.4	33.0	4.5	33.0	4.4	32.0				
350	4.4	33.0	4.3	33.0	4.3	32.0	4.4	31.0				
400	4.4	32.0	4.3	32.0	4.3	32.0	4.4	31.0				
450	4.3	32.0	4.3	32.0	4.3	32.0	4.4	31.0				
500	4.3	32.0	4.2	32.0	4.4	32.0	4.4	31.0				
550	4.3	31.0	4.2	31.0	4.3	32.0	4.3	30.0				
600	4.3	32.0	4.2	31.0	4.2	31.0	4.3	30.0				
650	4.2	31.0	4.3	31.0	4.2	31.0	4.3	30.0				
700	4.2	31.0	4.2	30.0	4.3	31.0	4.3	30.0				
750	4.2	31.0	4.1	30.0	4.3	31.0	4.3	30.0				
800	4.2	31.0	4.1	31.0	4.1	31.0	4.2	29.0				
850	4.2	31.0	4.0	31.0	4.2	31.0	4.3	29.0				
900	4.3	31.0	4.0	30.0	4.3	30.0	4.3	29.0				
950	4.3	31.0	4.1	31.0	4.2	30.0	4.2	29.0				
1000	4.2	30.0	4.1	31.0	4.2	30.0	4.2	29.0				
1050	4.1	30.0	4.1	31.0	4.3	31.0	4.3	29.0				
1100	4.2	32.0	4.1	31.0	4.3	31.0	4.3	29.0				
1150	4.2	31.0	4.1	31.0	4.3	32.0	4.3	30.0				
1200	4.2	31.0	4.1	31.0	4.3	31.0	4.3	29.0				
1250	4.3	32.0	4.1	31.0	4.3	31.0	4.3	29.0				
1300	4.2	31.0	4.1	31.0	4.2	31.0	4.4	29.0				
1350	4.2	32.0	4.1	31.0	4.3	31.0	4.3	29.0				
1400	4.1	31.0	4.1	31.0	4.3	31.0	4.3	29.0				
1450	4.2	30.0	4.1	31.0	4.3	30.0	4.3	30.0				
1500	4.2	31.0	4.2	32.0	4.3	31.0	4.3	30.0				
1550	4.2	31.0	4.1	32.0	4.3	32.0	4.4	30.0				
1600	4.1	31.0	4.1	31.0	4.3	32.0	4.4	29.0				
1650	4.1	30.0	4.0	32.0	4.4	32.0	4.3	30.0				
1700	4.1	30.0	4.1	32.0	4.3	31.0	4.3	30.0				
1750	4.0	29.0	4.1	32.0	4.3	32.0	4.3	30.0				
1800	4.1	29.0	4.1	32.0	4.4	33.0	4.3	30.0				
1850	4.1	29.0	4.2	33.0	4.5	35.0	4.4	31.0				
1900	4.1	29.0	4.2	34.0	4.6	38.0	4.4	32.0				
1950	4.0	29.0	4.2	33.0	4.6	37.0	4.5	38.0				
2000	4.0	29.0	4.1	33.0	4.4	36.0	4.5	34.0				

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