



WCH Bled, Slovenia

28 Aug - 4 Sept 2011

17

(Event)

GPS RACE DATA

Women's Lightweight Single Sculls

WED 31 AUG 2011

LW1x

SC/D 1

Race 152

Dist. [m]	ESA		THA		SWE		IRI		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.4	37.8	3.4	32.7	3.4	33.8	3.3	35.9				
100	4.2	39.1	4.3	34.2	4.2	33.0	4.1	38.0				
150	4.3	38.3	4.5	35.4	4.4	32.7	4.4	40.0				
200	4.8	37.7	4.5	35.4	4.4	33.0	4.3	40.5				
250	4.4	37.3	4.5	35.0	4.3	33.7	4.3	39.5				
300	4.4	36.5	4.3	34.9	4.3	35.9	4.2	38.4				
350	4.3	35.3	4.3	34.8	4.2	37.0	4.1	37.3				
400	4.3	34.7	4.2	34.0	4.2	36.5	4.0	35.9				
450	4.3	34.2	4.2	33.0	4.1	36.4	4.0	35.8				
500	4.2	34.1	4.1	32.1	4.1	36.1	3.9	34.3				
550	4.2	33.5	4.1	31.3	4.0	35.8	3.8	33.0				
600	4.1	33.2	4.1	30.8	4.1	35.3	3.8	32.3				
650	4.1	33.3	4.0	30.0	4.0	34.7	3.9	32.2				
700	4.1	33.5	4.0	29.7	4.0	34.6	3.9	32.3				
750	4.1	34.1	4.1	29.2	4.9	34.0	3.9	32.4				
800	4.1	34.5	4.0	28.5	4.2	34.3	3.8	32.1				
850	4.1	34.4	3.9	27.9	4.0	33.9	3.8	31.9				
900	4.1	34.1	3.9	27.4	3.9	34.2	3.9	32.1				
950	4.0	33.9	4.0	27.1	4.0	34.1	3.8	32.6				
1000	4.0	35.0	3.9	27.0	4.0	33.5	3.9	32.8				
1050	4.0	34.9	3.9	27.3	4.0	33.2	3.8	32.5				
1100	4.0	35.2	3.9	28.6	4.0	33.2	3.8	32.3				
1150	4.0	34.1	3.9	27.7	4.1	33.1	3.9	32.1				
1200	4.0	33.4	4.0	26.6	4.0	33.2	3.8	31.8				
1250	4.0	33.5	3.8	26.3	3.9	33.5	3.8	32.1				
1300	4.0	33.6	3.9	26.3	4.0	33.2	3.8	32.3				
1350	4.0	33.4	3.8	26.2	4.0	33.4	3.8	31.7				
1400	3.9	32.9	3.8	26.1	3.9	33.5	3.7	31.8				
1450	3.8	32.8	3.8	25.8	3.9	33.7	3.7	31.9				
1500	3.8	33.0	3.7	25.8	3.8	33.2	3.7	31.8				
1550	4.1	33.6	3.7	26.0	3.9	33.4	3.7	32.1				
1600	3.9	34.0	3.6	26.2	3.9	33.0	3.7	32.5				
1650	3.8	33.4	3.8	26.3	3.8	32.7	3.8	32.9				
1700	3.8	33.0	3.7	26.3	3.8	32.7	3.9	32.8				
1750	3.8	33.4	3.8	26.4	3.8	32.8	3.8	32.6				
1800	3.7	33.5	3.8	26.8	3.7	33.0	3.7	32.6				
1850	3.7	32.6	3.7	26.9	3.8	33.3	3.7	32.8				
1900	3.7	32.1	3.9	27.2	3.9	33.7	3.8	32.9				
1950	3.7	32.3	4.0	28.1	3.9	33.7	3.9	33.0				
2000	3.7	32.3	4.0	28.6	3.9	34.3	3.9	33.3				