



Rotterdam, The Netherlands  
20-28 August 2016

WCHIE Rotterdam, Netherlands

21 - 28 Aug 2016

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H3

22 AUG 2016

Race 104

Dist. [m]	SWE		CAN		RUS		GBR		CHN		Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke		
50	3.9	45.0	3.8	41.0	3.8	41.0	3.8	45.0	3.9	43.0		
100	4.6	43.0	4.4	37.0	4.5	37.0	4.5	44.0	4.6	40.0		
150	4.6	39.0	4.5	35.0	4.5	36.0	4.5	42.0	4.6	38.0		
200	4.5	38.0	4.5	35.0	4.4	36.0	4.5	40.0	4.5	36.0		
250	4.5	36.0	4.5	35.0	4.4	34.0	4.3	38.0	4.4	36.0		
300	4.5	36.0	4.5	35.0	4.4	35.0	4.3	36.0	4.4	35.0		
350	4.5	34.0	4.4	34.0	4.4	34.0	4.3	36.0	4.4	34.0		
400	4.4	34.0	4.4	33.0	4.4	34.0	4.4	34.0	4.3	33.0		
450	4.4	34.0	4.3	33.0	4.3	33.0	4.3	34.0	4.3	33.0		
500	4.5	34.0	4.4	33.0	4.4	34.0	4.4	33.0	4.3	33.0		
550	4.4	33.0	4.4	33.0	4.3	33.0	4.3	33.0	4.3	33.0		
600	4.4	33.0	4.4	33.0	4.3	34.0	4.4	33.0	4.3	32.0		
650	4.4	33.0	4.3	33.0	4.2	33.0	4.2	32.0	4.2	32.0		
700	4.3	33.0	4.3	34.0	4.3	33.0	4.2	32.0	4.2	32.0		
750	4.3	32.0	4.3	33.0	4.2	33.0	4.2	31.0	4.2	32.0		
800	4.4	31.0	4.4	33.0	4.2	33.0	4.2	31.0	4.2	32.0		
850	4.4	31.0	4.4	33.0	4.2	33.0	4.2	32.0	4.1	31.0		
900	4.3	31.0	4.3	34.0	4.2	32.0	4.2	32.0	4.2	32.0		
950	4.2	31.0	4.3	34.0	4.2	33.0	4.2	32.0	4.1	32.0		
1000	4.3	31.0	4.3	33.0	4.2	33.0	4.2	30.0	4.2	31.0		
1050	4.3	32.0	4.3	33.0	4.1	32.0	4.1	31.0	4.1	30.0		
1100	4.3	31.0	4.3	34.0	4.1	32.0	4.1	31.0	4.0	30.0		
1150	4.2	31.0	3.9	33.0	4.2	32.0	4.1	31.0	4.1	29.0		
1200	4.3	30.0	4.1	32.0	4.2	32.0	4.2	31.0	4.1	30.0		
1250	4.3	31.0	4.3	33.0	4.2	32.0	4.3	31.0	4.2	30.0		
1300	4.2	30.0	4.2	32.0	4.2	32.0	4.2	32.0	4.2	32.0		
1350	4.2	30.0	4.3	32.0	4.1	31.0	4.1	31.0	4.1	31.0		
1400	4.2	30.0	4.2	32.0	4.1	31.0	4.0	31.0	4.0	32.0		
1450	4.2	30.0	4.2	32.0	4.1	32.0	4.1	31.0	4.1	30.0		
1500	4.1	30.0	4.3	33.0	4.2	31.0	4.3	32.0	4.1	31.0		
1550	4.1	30.0	4.2	33.0	4.2	32.0	4.1	32.0	4.2	32.0		
1600	4.2	30.0	4.3	33.0	4.1	32.0	4.2	32.0	4.2	30.0		
1650	4.1	29.0	4.2	32.0	4.1	31.0	4.2	32.0	4.2	31.0		
1700	4.2	29.0	4.3	34.0	4.2	32.0	4.2	32.0	4.1	32.0		
1750	4.2	29.0	4.4	34.0	4.2	32.0	4.1	31.0	4.1	32.0		
1800	4.3	29.0	4.4	34.0	4.2	34.0	4.2	32.0	4.2	32.0		
1850	4.3	31.0	4.4	34.0	4.2	33.0	4.2	32.0	4.3	32.0		
1900	4.3	31.0	4.4	36.0	4.4	37.0	4.3	33.0	4.2	33.0		
1950	4.3	31.0	4.3	36.0	4.4	37.0	4.3	34.0	4.1	31.0		
2000	4.3	34.0	4.3	36.0	4.4	37.0	4.3	34.0	4.0	30.0		

