



Rotterdam, The Netherlands

20-28 August 2016

WCHIE Rotterdam, Netherlands

21 - 28 Aug 2016

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H1

22 AUG 2016

Race 102

Dist. [m]	DEN		GRE		LAT		JPN		AUS		ESA	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.9	44.0	3.9	39.0	3.8	39.0	3.8	37.0	3.7	47.0	3.8	46.0
100	4.6	38.0	4.4	37.0	4.3	37.0	4.3	34.0	4.3	43.0	4.3	42.0
150	4.6	36.0	4.4	36.0	4.4	35.0	4.3	31.0	4.4	39.0	4.3	40.0
200	4.5	35.0	4.4	34.0	4.5	36.0	4.3	31.0	4.3	38.0	4.4	40.0
250	4.6	35.0	4.4	33.0	4.5	35.0	4.3	30.0	4.3	37.0	4.5	40.0
300	4.5	34.0	4.4	32.0	4.3	35.0	4.1	30.0	4.3	35.0	4.2	37.0
350	4.5	34.0	4.4	32.0	4.2	34.0	4.0	28.0	4.3	35.0	4.2	36.0
400	4.4	32.0	4.3	32.0	4.4	34.0	4.1	28.0	4.2	35.0	3.9	34.0
450	4.4	32.0	4.4	32.0	4.3	34.0	4.1	29.0	4.2	34.0	4.1	35.0
500	4.4	33.0	4.3	30.0	4.3	34.0	3.9	27.0	4.2	33.0	4.1	33.0
550	4.4	32.0	4.3	31.0	4.3	33.0	4.2	28.0	4.2	33.0	3.9	33.0
600	4.4	32.0	4.4	31.0	4.2	32.0	4.1	28.0	4.2	34.0	4.0	34.0
650	4.4	31.0	4.4	31.0	4.2	32.0	3.9	27.0	4.2	33.0	4.0	34.0
700	4.4	31.0	4.3	31.0	4.1	32.0	4.1	27.0	4.1	33.0	3.9	33.0
750	4.3	31.0	4.3	31.0	4.1	32.0	4.1	27.0	4.1	33.0	4.0	34.0
800	4.2	31.0	4.2	31.0	4.1	32.0	4.1	29.0	4.1	32.0	4.0	35.0
850	4.2	31.0	4.2	30.0	4.2	32.0	4.1	28.0	4.1	33.0	3.9	34.0
900	4.3	31.0	4.3	31.0	4.1	32.0	3.8	27.0	4.1	32.0	4.0	35.0
950	4.2	31.0	4.3	31.0	4.1	33.0	4.2	28.0	4.2	33.0	4.1	35.0
1000	4.1	31.0	4.3	31.0	4.2	33.0	4.2	29.0	4.1	31.0	4.1	35.0
1050	4.2	31.0	4.2	31.0	4.1	32.0	4.1	28.0	4.1	33.0	4.0	33.0
1100	4.3	31.0	4.2	30.0	4.0	32.0	4.0	27.0	4.1	32.0	4.0	34.0
1150	4.2	31.0	4.2	30.0	4.0	32.0	4.0	28.0	4.0	32.0	3.8	33.0
1200	4.2	31.0	4.2	31.0	4.0	32.0	4.1	27.0	4.0	32.0	3.7	33.0
1250	4.2	31.0	4.3	32.0	4.0	32.0	4.1	27.0	3.9	29.0	3.8	32.0
1300	4.2	31.0	4.2	31.0	3.9	32.0	4.0	27.0	3.8	29.0	3.9	33.0
1350	4.1	31.0	4.1	31.0	4.1	32.0	3.9	27.0	3.9	29.0	3.7	29.0
1400	4.1	31.0	4.1	32.0	4.0	32.0	3.8	26.0	3.9	29.0	3.7	31.0
1450	4.2	32.0	4.2	31.0	3.8	30.0	3.8	26.0	3.9	28.0	3.7	31.0
1500	4.2	31.0	4.3	31.0	3.9	31.0	4.0	27.0	3.9	28.0	3.6	29.0
1550	4.3	31.0	4.3	31.0	3.9	31.0	3.8	26.0	3.9	28.0	3.7	31.0
1600	4.2	31.0	4.2	32.0	3.9	31.0	3.9	26.0	3.9	30.0	3.7	30.0
1650	4.2	31.0	4.3	32.0	3.9	31.0	3.8	26.0	3.9	28.0	3.6	28.0
1700	4.2	31.0	4.2	32.0	4.0	31.0	3.8	26.0	3.9	28.0	3.7	29.0
1750	4.2	31.0	4.3	32.0	4.0	32.0	4.0	26.0	3.9	27.0	3.8	29.0
1800	4.3	32.0	4.3	33.0	3.9	30.0	4.0	25.0	3.9	28.0	3.8	28.0
1850	4.3	33.0	4.3	33.0	4.0	31.0	3.9	26.0	3.9	28.0	3.9	27.0
1900	4.2	33.0	4.3	32.0	4.1	30.0	3.9	26.0	3.9	28.0	3.9	27.0
1950	4.2	33.0	4.1	33.0	4.1	31.0	3.9	26.0	3.9	28.0	4.0	28.0
2000	4.2	33.0	4.2	32.0	4.0	31.0	4.1	26.0	4.0	28.0	3.9	28.0

