



Rotterdam, The Netherlands

20-28 August 2016

WCH Rotterdam, Netherlands

21 - 28 Aug 2016

53

RACE DATA

BLW1x

(Event)

U23 Lightweight Women's Single Sculls

H4

21 AUG 2016

Race 22

Dist. [m]	ITA		MEX		ROU		RSA		ESP		Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke		
50	3.8	44.0	3.9	46.0	3.7	37.0	3.9	45.0	3.4	44.0		
100	4.4	41.0	4.5	38.0	4.4	35.0	4.7	41.0	4.2	40.0		
150	4.4	40.0	4.6	35.0	4.4	34.0	4.8	38.0	4.4	38.0		
200	4.2	38.0	4.4	34.0	4.4	33.0	4.7	38.0	4.2	37.0		
250	4.2	36.0	4.4	33.0	4.3	32.0	4.6	37.0	4.1	36.0		
300	4.2	35.0	4.3	33.0	4.2	32.0	4.5	35.0	4.2	34.0		
350	4.2	34.0	4.3	33.0	4.2	31.0	4.4	35.0	4.1	34.0		
400	4.1	34.0	4.3	34.0	4.2	31.0	4.4	34.0	4.0	33.0		
450	4.0	34.0	4.2	32.0	4.2	30.0	4.3	33.0	4.0	32.0		
500	4.0	34.0	4.3	34.0	4.1	30.0	4.3	33.0	4.0	33.0		
550	4.0	34.0	4.3	33.0	4.1	30.0	4.3	33.0	4.0	34.0		
600	4.0	33.0	4.2	32.0	4.1	30.0	4.2	32.0	4.0	34.0		
650	4.0	33.0	4.2	33.0	4.1	29.0	4.2	32.0	4.0	34.0		
700	4.0	33.0	4.2	33.0	4.1	29.0	4.2	32.0	3.9	34.0		
750	4.0	33.0	4.2	33.0	4.1	29.0	4.2	32.0	3.9	34.0		
800	4.1	33.0	4.2	32.0	4.1	28.0	4.2	32.0	4.0	33.0		
850	4.1	33.0	4.1	32.0	4.1	29.0	4.2	31.0	4.0	33.0		
900	4.0	33.0	4.1	32.0	4.1	29.0	4.1	31.0	4.0	33.0		
950	4.0	33.0	4.1	33.0	4.1	29.0	4.2	32.0	3.9	33.0		
1000	3.9	33.0	4.2	33.0	4.1	28.0	4.1	31.0	4.0	33.0		
1050	3.9	33.0	4.1	32.0	4.2	29.0	4.2	32.0	4.0	33.0		
1100	3.9	33.0	4.2	32.0	4.2	29.0	4.1	31.0	4.0	36.0		
1150	3.9	32.0	4.1	32.0	4.1	29.0	4.2	31.0	3.9	34.0		
1200	3.9	32.0	4.1	32.0	4.1	29.0	4.1	31.0	3.8	34.0		
1250	3.9	32.0	4.2	33.0	4.1	28.0	4.1	31.0	3.8	33.0		
1300	3.9	32.0	4.2	33.0	4.1	28.0	4.1	32.0	3.9	33.0		
1350	3.9	32.0	4.1	32.0	4.1	28.0	4.1	31.0	3.9	33.0		
1400	3.9	33.0	4.0	32.0	4.1	29.0	4.1	31.0	3.9	33.0		
1450	3.9	33.0	4.1	32.0	4.1	29.0	4.0	29.0	3.9	35.0		
1500	3.9	33.0	4.1	32.0	4.0	28.0	4.1	31.0	3.9	33.0		
1550	4.0	33.0	4.0	32.0	3.9	28.0	4.0	31.0	3.9	34.0		
1600	4.0	32.0	4.1	33.0	4.0	27.0	4.1	30.0	3.9	32.0		
1650	4.0	32.0	4.1	33.0	4.1	28.0	4.1	30.0	3.9	34.0		
1700	3.9	31.0	4.0	31.0	4.1	28.0	4.1	31.0	4.0	33.0		
1750	4.0	32.0	4.0	32.0	4.1	28.0	4.2	31.0	4.0	33.0		
1800	4.0	32.0	4.0	32.0	4.1	28.0	4.1	30.0	3.8	33.0		
1850	4.0	33.0	4.1	32.0	4.2	29.0	4.1	31.0	3.8	31.0		
1900	4.0	33.0	4.0	32.0	4.2	28.0	4.2	31.0	3.7	31.0		
1950	3.9	32.0	4.1	30.0	4.1	28.0	4.1	30.0	3.9	32.0		
2000	3.9	32.0	3.9	31.0	4.0	27.0	4.0	29.0	3.8	30.0		

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