



Rotterdam, The Netherlands  
20-28 August 2016

WCH Rotterdam, Netherlands

21 - 28 Aug 2016

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RACE DATA

BLW1x

(Event)

U23 Lightweight Women's Single Sculls

H3

21 AUG 2016

Race 21

Dist. [m]	NED		SUI		CZE		AUT		MDA		Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke		
50	3.8	41.0	3.6	38.0	3.6	39.0	3.7	42.0	3.5	41.0		
100	4.5	36.0	4.1	35.0	4.2	37.0	4.3	38.0	4.3	37.0		
150	4.5	35.0	4.2	35.0	4.3	37.0	4.3	37.0	4.4	36.0		
200	4.5	34.0	4.1	34.0	4.3	36.0	4.3	36.0	4.3	35.0		
250	4.5	34.0	4.1	34.0	4.3	35.0	4.3	36.0	4.5	34.0		
300	4.5	34.0	4.1	34.0	4.4	36.0	4.3	35.0	4.4	34.0		
350	4.5	33.0	4.1	33.0	4.4	36.0	4.4	34.0	4.3	33.0		
400	4.4	33.0	3.9	33.0	4.3	35.0	4.3	34.0	4.3	32.0		
450	4.4	33.0	4.0	32.0	4.3	35.0	4.2	34.0	4.0	32.0		
500	4.4	33.0	4.0	31.0	4.2	34.0	4.2	34.0	4.1	31.0		
550	4.4	33.0	3.9	31.0	4.2	34.0	4.2	34.0	4.1	30.0		
600	4.4	33.0	3.9	32.0	4.2	34.0	4.2	34.0	4.1	30.0		
650	4.3	33.0	4.0	31.0	4.2	34.0	4.2	34.0	4.1	30.0		
700	4.4	33.0	3.9	31.0	4.2	34.0	4.2	34.0	4.1	30.0		
750	4.4	33.0	3.9	31.0	4.2	34.0	4.2	34.0	4.2	30.0		
800	4.3	33.0	3.8	30.0	4.1	34.0	4.3	34.0	4.1	30.0		
850	4.3	32.0	3.9	30.0	4.1	34.0	4.2	33.0	4.0	30.0		
900	4.3	32.0	3.9	31.0	4.1	34.0	4.2	33.0	3.9	29.0		
950	4.3	32.0	3.8	30.0	4.0	34.0	4.2	33.0	3.9	28.0		
1000	4.3	32.0	3.8	30.0	4.0	33.0	4.1	32.0	3.8	28.0		
1050	4.3	32.0	3.9	30.0	4.0	33.0	4.1	32.0	3.9	29.0		
1100	4.2	32.0	3.8	30.0	4.0	33.0	4.1	33.0	3.8	28.0		
1150	4.3	32.0	3.9	30.0	3.9	33.0	4.1	32.0	3.7	28.0		
1200	4.3	32.0	3.7	29.0	3.9	32.0	4.0	32.0	3.7	28.0		
1250	4.2	31.0	3.6	29.0	3.9	32.0	4.0	31.0	3.9	29.0		
1300	4.2	31.0	3.7	29.0	3.9	32.0	4.0	30.0	3.6	28.0		
1350	4.2	31.0	3.8	29.0	3.9	33.0	3.9	31.0	3.6	29.0		
1400	4.1	31.0	3.7	29.0	3.8	32.0	4.1	31.0	3.7	28.0		
1450	4.1	31.0	3.7	30.0	3.9	32.0	4.0	31.0	3.7	28.0		
1500	4.1	30.0	3.8	29.0	3.9	32.0	3.9	31.0	3.7	28.0		
1550	4.2	30.0	3.8	30.0	3.9	33.0	3.9	30.0	3.6	28.0		
1600	4.1	30.0	3.9	30.0	4.0	33.0	3.9	30.0	3.6	28.0		
1650	4.0	29.0	3.9	30.0	3.9	32.0	4.0	31.0	3.7	28.0		
1700	4.1	30.0	3.7	30.0	3.9	33.0	4.0	31.0	3.7	29.0		
1750	4.0	30.0	3.7	30.0	3.8	32.0	4.0	30.0	3.8	29.0		
1800	4.0	29.0	3.9	31.0	3.8	32.0	3.9	31.0	3.9	29.0		
1850	4.0	29.0	4.0	31.0	3.9	32.0	3.9	30.0	3.9	29.0		
1900	4.0	29.0	3.9	31.0	3.9	32.0	4.0	30.0	3.8	28.0		
1950	4.0	29.0	3.9	32.0	3.9	32.0	4.0	30.0	3.8	30.0		
2000	4.0	29.0	4.0	32.0	3.9	31.0	3.9	29.0	3.8	32.0		

