



Rotterdam, The Netherlands
20-28 August 2016

WCH Rotterdam, Netherlands

21 - 28 Aug 2016

53

RACE DATA

BLW1x

(Event)

U23 Lightweight Women's Single Sculls

H1

21 AUG 2016

Race 19

Dist. [m]	POR		SWE		GER				UGA		NOR	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.8	45.0	3.9	47.0	3.9	42.0			3.6	37.0		
100	4.4	41.0	4.7	42.0	4.5	40.0			4.3	36.0		
150	4.4	39.0	4.6	38.0	4.6	38.0			4.3	34.0		
200	4.3	38.0	4.6	37.0	4.5	37.0			4.2	33.0		
250	4.2	37.0	4.5	36.0	4.4	36.0			4.2	32.0		
300	4.1	36.0	4.4	35.0	4.4	35.0			4.0	30.0		
350	4.1	35.0	4.4	34.0	4.5	35.0			4.0	29.0		
400	4.0	34.0	4.3	33.0	4.3	34.0			4.0	29.0		
450	3.9	34.0	4.3	34.0	4.3	34.0			3.8	29.0		
500	4.0	34.0	4.3	33.0	4.3	34.0			3.8	28.0		
550	3.9	33.0	4.3	34.0	4.3	34.0			3.8	27.0		
600	3.9	33.0	4.2	34.0	4.2	34.0			3.9	27.0		
650	4.0	34.0	4.3	32.0	4.2	34.0			3.8	27.0		
700	3.9	33.0	4.2	32.0	4.3	34.0			3.9	27.0		
750	3.9	33.0	4.2	33.0	4.3	34.0			3.9	29.0		
800	4.0	33.0	4.2	32.0	4.2	33.0			3.7	27.0		
850	4.0	34.0	4.1	32.0	4.2	33.0			3.8	28.0		
900	3.9	33.0	4.2	33.0	4.2	33.0			3.7	27.0		
950	3.9	33.0	4.1	33.0	4.2	33.0			3.7	27.0		
1000	3.8	32.0	4.0	31.0	4.1	33.0			3.7	28.0		
1050	3.9	32.0	4.1	31.0	4.1	33.0			3.9	28.0		
1100	3.9	32.0	4.1	31.0	4.2	33.0			3.7	28.0		
1150	3.9	32.0	4.1	30.0	4.2	33.0			3.7	28.0		
1200	3.8	31.0	4.1	32.0	4.1	33.0			3.7	28.0		
1250	3.8	32.0	4.2	33.0	4.1	33.0			3.7	28.0		
1300	3.9	32.0	4.2	33.0	4.2	33.0			3.8	27.0		
1350	4.0	33.0	4.1	32.0	4.2	33.0			3.7	27.0		
1400	3.9	32.0	4.2	32.0	4.2	33.0			3.7	27.0		
1450	3.8	32.0	4.1	33.0	4.1	33.0			3.7	26.0		
1500	3.8	32.0	4.1	32.0	4.2	33.0			3.7	27.0		
1550	3.9	33.0	4.1	32.0	4.2	34.0			3.7	26.0		
1600	3.9	33.0	4.0	31.0	4.2	33.0			3.6	27.0		
1650	4.0	33.0	4.1	31.0	4.2	33.0			3.8	27.0		
1700	4.0	34.0	4.1	33.0	4.2	33.0			3.8	27.0		
1750	3.9	34.0	4.1	32.0	4.2	33.0			3.7	27.0		
1800	4.0	34.0	4.2	32.0	4.1	33.0			3.7	27.0		
1850	4.0	34.0	4.2	33.0	4.1	33.0			3.9	29.0		
1900	4.0	35.0	4.1	33.0	4.2	33.0			3.9	29.0		
1950	3.9	34.0	4.1	32.0	4.1	33.0			3.8	28.0		
2000	3.9	34.0	4.0	32.0	4.0	32.0			3.9	28.0		

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