



Rotterdam, The Netherlands
20-28 August 2016

WCH Rotterdam, Netherlands

21 - 28 Aug 2016

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RACE DATA

BLW1x

(Event)

U23 Lightweight Women's Single Sculls

SC/D 2

23 AUG 2016

Race 118

Dist. [m]	UGA		MDA		CZE		DEN		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.7	38.0	3.8	41.0	3.8	38.0	3.9	41.0				
100	4.4	37.0	4.4	39.0	4.4	37.0	4.6	40.0				
150	4.4	34.0	4.4	36.0	4.4	35.0	4.5	37.0				
200	4.2	33.0	4.3	36.0	4.4	36.0	4.4	35.0				
250	4.1	32.0	4.3	33.0	4.4	35.0	4.3	34.0				
300	4.1	30.0	4.2	32.0	4.3	34.0	4.2	34.0				
350	4.1	30.0	4.2	32.0	4.3	33.0	4.2	34.0				
400	4.0	30.0	4.2	32.0	4.2	33.0	4.2	33.0				
450	3.9	30.0	4.1	31.0	4.3	33.0	4.2	33.0				
500	4.0	29.0	4.2	30.0	4.2	34.0	4.1	33.0				
550	3.9	29.0	4.2	30.0	4.2	33.0	4.2	33.0				
600	3.9	29.0	4.1	30.0	4.2	34.0	4.2	33.0				
650	3.8	28.0	4.1	30.0	4.2	33.0	4.2	33.0				
700	3.9	28.0	4.1	30.0	4.2	34.0	4.1	33.0				
750	3.7	28.0	4.0	29.0	4.2	34.0	4.0	33.0				
800	3.8	28.0	3.9	29.0	4.1	34.0	4.0	33.0				
850	3.9	29.0	3.9	29.0	4.1	33.0	4.1	33.0				
900	3.7	28.0	3.9	29.0	4.1	33.0	4.1	32.0				
950	3.8	28.0	3.9	29.0	4.1	33.0	4.0	32.0				
1000	3.9	28.0	3.8	29.0	4.1	33.0	4.0	32.0				
1050	3.9	28.0	3.9	28.0	4.1	32.0	3.9	32.0				
1100	3.8	28.0	3.9	29.0	4.1	32.0	3.9	32.0				
1150	3.7	28.0	3.9	29.0	4.1	32.0	4.0	31.0				
1200	3.9	28.0	3.9	29.0	4.1	32.0	4.0	31.0				
1250	3.8	27.0	4.0	29.0	4.0	32.0	3.9	31.0				
1300	3.7	28.0	3.8	29.0	4.1	32.0	3.9	31.0				
1350	3.8	27.0	4.0	29.0	4.0	31.0	3.9	31.0				
1400	3.8	27.0	4.0	30.0	4.0	31.0	3.9	30.0				
1450	3.7	27.0	4.0	29.0	4.1	32.0	3.8	31.0				
1500	3.8	28.0	3.9	29.0	4.0	31.0	3.9	31.0				
1550	3.8	28.0	4.0	30.0	4.0	32.0	3.8	30.0				
1600	3.8	28.0	4.0	29.0	4.1	32.0	3.7	31.0				
1650	3.9	29.0	4.0	30.0	4.0	32.0	3.8	31.0				
1700	3.9	28.0	4.0	31.0	4.0	32.0	3.9	31.0				
1750	3.9	28.0	4.1	31.0	4.0	32.0	4.0	31.0				
1800	4.0	29.0	4.1	32.0	4.1	32.0	3.9	32.0				
1850	4.0	30.0	4.1	30.0	4.1	33.0	3.9	32.0				
1900	3.9	30.0	4.1	33.0	4.1	33.0	3.9	31.0				
1950	4.0	30.0	4.1	34.0	4.2	34.0	3.9	32.0				
2000	4.0	29.0	3.9	32.0	4.2	34.0	3.9	32.0				

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