



Rotterdam, The Netherlands  
20-28 August 2016

U23WCH Rotterdam, Netherlands

21 - 28 Aug 2016

54

RACE DATA

BLM1x

(Event)

U23 Lightweight Men's Single Sculls

HR1

21 AUG 2016

Re-Row

Race 433

Dist. [m]	GEO		MAR									
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.0	40.0	4.1	45.0								
100	4.8	38.0	4.9	41.0								
150	4.7	37.0	4.9	39.0								
200	4.7	36.0	4.8	38.0								
250	4.7	36.0	4.7	37.0								
300	4.5	35.0	4.7	36.0								
350	4.6	34.0	4.6	35.0								
400	4.5	34.0	4.4	33.0								
450	4.5	34.0	4.4	34.0								
500	4.5	34.0	4.4	34.0								
550	4.4	33.0	4.4	33.0								
600	4.3	33.0	4.4	33.0								
650	4.4	32.0	4.3	32.0								
700	4.4	33.0	4.0	33.0								
750	4.3	33.0	4.1	29.0								
800	4.3	33.0	4.0	29.0								
850	4.3	32.0	4.0	30.0								
900	4.3	33.0	3.9	29.0								
950	4.1	32.0	3.8	28.0								
1000	4.2	32.0	3.8	28.0								
1050	4.2	32.0	3.9	29.0								
1100	4.1	32.0	3.9	29.0								
1150	4.2	33.0	3.8	29.0								
1200	4.1	32.0	4.0	30.0								
1250	4.2	32.0	4.0	29.0								
1300	4.2	32.0	4.1	30.0								
1350	4.3	32.0	4.1	29.0								
1400	4.5	32.0	4.0	29.0								
1450	4.4	32.0	4.0	30.0								
1500	4.3	32.0	4.1	29.0								
1550	4.4	32.0	4.1	31.0								
1600	4.3	32.0	3.8	27.0								
1650	4.4	32.0	3.7	26.0								
1700	4.4	32.0	3.8	27.0								
1750	4.5	32.0	3.9	27.0								
1800	4.5	32.0	3.9	26.0								
1850	4.3	32.0	4.0	28.0								
1900	4.3	32.0	4.0	28.0								
1950	4.3	32.0	3.9	27.0								
2000	4.4	32.0	3.7	26.0								

INTERNET Service: [www.worldrowing.com](http://www.worldrowing.com)

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FISA Data Service

data processing by SWISS TIMING

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