



WU23CH Amsterdam, NED

20 - 24 July 2011

56

GPS RACE DATA

BLW4x

(Event)

Under 23 Lightweight Women's Quadruple Sculls

H2

THU 21 JUL 2011

Race 18

Dist. [m]	GER		AUS		GBR		FRA		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	4.0	38.3	3.9	37.3	3.6	32.2	3.9	39.2				
100	5.0	39.8	4.9	38.5	4.8	35.2	4.8	39.8				
150	5.2	40.1	5.1	39.8	5.0	37.2	4.9	39.7				
200	5.1	39.9	5.0	40.3	5.1	38.6	5.0	39.1				
250	5.0	39.2	4.9	39.8	5.0	39.0	4.8	38.1				
300	5.0	38.4	4.8	39.0	4.9	38.7	4.8	37.5				
350	4.9	37.3	4.7	37.7	4.9	38.6	4.9	37.2				
400	4.9	36.6	4.7	36.6	4.8	38.1	4.7	36.9				
450	4.8	36.3	4.6	36.4	4.8	37.7	4.7	36.6				
500	4.8	35.7	4.6	36.0	4.7	37.3	4.6	36.0				
550	4.8	35.3	4.6	35.6	4.7	37.0	4.5	35.3				
600	4.7	35.4	4.4	35.2	4.7	36.8	4.5	35.0				
650	4.7	35.1	4.4	35.3	4.6	36.5	4.5	34.9				
700	4.6	34.9	4.4	35.1	4.7	36.4	4.5	34.8				
750	4.7	34.9	4.5	34.8	4.6	36.2	4.6	34.7				
800	4.7	34.8	4.5	34.8	4.6	36.2	4.6	34.6				
850	4.6	34.7	4.5	34.8	4.5	36.4	4.5	34.7				
900	4.7	34.4	4.6	34.8	4.5	36.5	4.5	34.6				
950	4.6	34.5	4.5	35.0	4.6	36.4	4.6	34.7				
1000	4.6	34.5	4.4	34.9	4.4	36.1	4.6	34.7				
1050	4.6	34.6	4.4	34.7	4.4	35.8	4.6	34.7				
1100	4.6	34.4	4.4	34.4	4.6	35.8	4.6	34.7				
1150	4.7	34.3	4.4	34.3	4.5	35.8	4.5	34.8				
1200	4.7	34.2	4.3	34.2	4.6	36.0	4.5	34.5				
1250	4.7	34.1	4.3	34.1	4.5	36.2	4.5	34.3				
1300	4.6	34.1	4.2	34.1	4.5	36.2	4.5	34.3				
1350	4.6	33.8	4.3	33.8	4.4	36.0	4.4	34.2				
1400	4.5	33.5	4.3	33.7	4.3	36.0	4.4	34.3				
1450	4.4	33.2	4.3	33.8	4.3	35.6	4.3	34.1				
1500	4.4	33.0	4.1	33.7	4.3	35.5	4.4	34.0				
1550	4.4	32.8	4.1	33.4	4.3	35.6	4.3	34.3				
1600	4.4	32.7	4.2	33.1	4.4	36.1	4.3	34.5				
1650	4.4	32.5	4.3	33.0	4.3	36.3	4.3	34.5				
1700	4.4	32.5	4.2	33.2	4.3	35.9	4.4	34.5				
1750	4.4	32.4	4.2	33.5	4.3	35.7	4.4	34.8				
1800	4.4	32.4	4.2	33.2	4.3	35.7	4.4	34.9				
1850	4.3	32.4	4.3	33.0	4.4	35.8	4.4	35.3				
1900	4.4	32.3	4.3	33.1	4.4	36.0	4.7	35.9				
1950	4.5	32.4	4.3	33.2	4.3	35.7	4.6	36.4				
2000	4.5	32.4	4.4	33.3	4.3	35.3	4.5	36.5				

