



FOQR Lucerne, Switzerland

22 - 24 May 2016

**6**  
(Event)

**RACE DATA**  
**Women's Single Sculls**  
22 MAY 2016

**W1x**  
**H3**  
**Race 3**

Dist. [m]	ESP		RUS		NZL		GBR		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.8	41.0	3.8	39.0	3.9	45.0	3.9	42.0				
100	4.6	36.0	4.5	38.0	4.6	38.0	4.6	37.0				
150	4.6	34.0	4.6	36.0	4.7	36.0	4.6	36.0				
200	4.6	32.0	4.6	35.0	4.7	35.0	4.7	35.0				
250	4.6	31.0	4.5	34.0	4.7	34.0	4.6	35.0				
300	4.5	31.0	4.5	34.0	4.6	33.0	4.6	34.0				
350	4.4	30.0	4.5	34.0	4.6	33.0	4.6	34.0				
400	4.3	30.0	4.4	33.0	4.6	33.0	4.5	34.0				
450	4.4	29.0	4.3	32.0	4.5	33.0	4.5	34.0				
500	4.3	29.0	4.4	32.0	4.5	33.0	4.5	33.0				
550	4.3	29.0	4.3	32.0	4.4	32.0	4.4	33.0				
600	4.2	29.0	4.3	32.0	4.4	32.0	4.4	33.0				
650	4.3	28.0	4.3	32.0	4.4	31.0	4.4	33.0				
700	4.3	28.0	4.3	31.0	4.5	32.0	4.3	33.0				
750	4.3	28.0	4.3	31.0	4.5	32.0	4.3	32.0				
800	4.2	28.0	4.3	30.0	4.4	32.0	4.3	33.0				
850	4.2	28.0	4.3	31.0	4.5	31.0	4.4	32.0				
900	4.3	28.0	4.3	31.0	4.4	31.0	4.3	33.0				
950	4.3	28.0	4.3	31.0	4.4	31.0	4.3	33.0				
1000	4.2	28.0	4.3	31.0	4.4	31.0	4.4	32.0				
1050	4.3	28.0	4.3	30.0	4.4	31.0	4.3	32.0				
1100	4.3	28.0	4.3	31.0	4.4	30.0	4.3	32.0				
1150	4.3	29.0	4.3	31.0	4.5	30.0	4.3	32.0				
1200	4.4	29.0	4.3	31.0	4.5	32.0	4.3	32.0				
1250	4.4	29.0	4.3	31.0	4.6	32.0	4.3	32.0				
1300	4.4	30.0	4.3	31.0	4.5	31.0	4.4	32.0				
1350	4.4	29.0	4.3	32.0	4.5	31.0	4.2	32.0				
1400	4.4	29.0	4.4	32.0	4.4	31.0	4.3	32.0				
1450	4.4	30.0	4.4	32.0	4.4	31.0	4.3	32.0				
1500	4.4	30.0	4.4	32.0	4.4	31.0	4.2	32.0				
1550	4.4	29.0	4.4	32.0	4.4	31.0	4.3	32.0				
1600	4.4	29.0	4.4	32.0	4.4	31.0	4.2	32.0				
1650	4.1	28.0	4.4	31.0	4.3	31.0	4.3	32.0				
1700	3.8	25.0	4.3	31.0	4.3	30.0	4.4	33.0				
1750	3.8	25.0	4.2	30.0	4.2	30.0	4.3	32.0				
1800	3.8	25.0	4.2	30.0	4.3	30.0	4.3	33.0				
1850	3.9	25.0	4.1	30.0	4.3	30.0	4.3	32.0				
1900	3.8	25.0	4.1	29.0	4.3	30.0	4.2	32.0				
1950	3.8	25.0	4.1	30.0	4.3	30.0	4.2	30.0				
2000	3.7	25.0	4.2	30.0	4.3	29.0	4.1	30.0				