



FOQR Lucerne, Switzerland

22 - 24 May 2016

10
(Event)

RACE DATA
Lightweight Men's Four
22 MAY 2016

**LM4-
H1
Race 23**

Dist. [m]	ESP		SRB		INA		UZB		GRE		RUS	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.2	43.0	4.2	46.0	4.2	46.0	4.2	43.0	4.3	47.0	4.2	42.0
100	5.6	45.0	5.4	44.0	5.4	42.0	5.5	42.0	5.6	46.0	5.5	41.0
150	5.9	43.0	5.7	43.0	5.7	40.0	5.8	42.0	5.9	44.0	5.8	40.0
200	6.0	42.0	5.7	42.0	5.7	39.0	5.9	41.0	5.9	43.0	5.8	39.0
250	5.9	41.0	5.6	41.0	5.6	38.0	5.7	41.0	5.9	42.0	5.8	37.0
300	5.9	41.0	5.6	41.0	5.6	38.0	5.6	41.0	5.8	41.0	5.7	37.0
350	5.8	41.0	5.6	40.0	5.5	38.0	5.5	40.0	5.7	41.0	5.6	36.0
400	5.9	40.0	5.6	40.0	5.6	37.0	5.5	39.0	5.7	40.0	5.6	36.0
450	5.8	39.0	5.5	39.0	5.5	37.0	5.4	39.0	5.7	40.0	5.6	35.0
500	5.7	39.0	5.5	39.0	5.4	37.0	5.4	39.0	5.6	39.0	5.6	35.0
550	5.6	39.0	5.4	38.0	5.4	36.0	5.3	39.0	5.6	39.0	5.5	35.0
600	5.6	39.0	5.3	38.0	5.5	36.0	5.3	37.0	5.6	38.0	5.5	35.0
650	5.6	38.0	5.3	37.0	5.4	36.0	5.3	37.0	5.5	38.0	5.6	35.0
700	5.6	38.0	5.3	38.0	5.4	36.0	5.1	37.0	5.5	38.0	5.5	35.0
750	5.5	38.0	5.3	37.0	5.4	36.0	5.1	37.0	5.4	37.0	5.5	35.0
800	5.5	38.0	5.3	37.0	5.4	35.0	5.1	37.0	5.5	38.0	5.5	35.0
850	5.4	37.0	5.4	37.0	5.3	35.0	5.2	37.0	5.5	37.0	5.4	35.0
900	5.4	37.0	5.3	37.0	5.3	35.0	5.1	37.0	5.5	38.0	5.5	35.0
950	5.4	37.0	5.3	37.0	5.4	35.0	5.1	37.0	5.5	38.0	5.4	35.0
1000	5.5	38.0	5.3	37.0	5.3	34.0	4.7	36.0	5.5	38.0	5.4	35.0
1050	5.5	38.0	5.3	37.0	5.3	34.0	5.0	37.0	5.4	37.0	5.4	35.0
1100	5.5	38.0	5.2	36.0	5.3	35.0	5.0	36.0	5.4	37.0	5.4	35.0
1150	5.4	37.0	5.2	36.0	5.4	35.0	5.1	36.0	5.5	37.0	5.5	35.0
1200	5.4	37.0	5.2	36.0	5.3	35.0	5.1	36.0	5.5	38.0	5.5	35.0
1250	5.3	38.0	5.3	36.0	5.3	35.0	4.9	36.0	5.5	39.0	5.5	36.0
1300	5.3	38.0	5.3	36.0	5.3	35.0	4.9	36.0	5.6	39.0	5.5	36.0
1350	5.2	37.0	5.3	36.0	5.3	35.0	5.0	35.0	5.6	39.0	5.5	36.0
1400	5.3	38.0	5.4	37.0	5.4	35.0	4.8	35.0	5.6	39.0	5.5	36.0
1450	5.3	38.0	5.4	37.0	5.3	34.0	4.8	35.0	5.6	39.0	5.4	36.0
1500	5.2	38.0	5.2	35.0	5.3	35.0	4.9	35.0	5.5	39.0	5.5	36.0
1550	5.2	38.0	4.2	29.0	5.3	35.0	4.9	35.0	5.5	39.0	5.5	37.0
1600	5.2	37.0	4.0	26.0	5.2	35.0	4.8	35.0	5.5	39.0	5.5	37.0
1650	5.2	37.0	4.2	27.0	5.3	35.0	4.9	35.0	5.5	39.0	5.5	37.0
1700	5.1	37.0	4.5	28.0	5.3	35.0	4.8	36.0	5.5	39.0	5.5	37.0
1750	5.1	37.0	4.6	28.0	5.2	35.0	4.8	35.0	5.5	40.0	5.4	37.0
1800	4.9	36.0	4.8	28.0	5.1	35.0	4.8	36.0	5.5	41.0	5.4	37.0
1850	4.7	33.0	4.8	29.0	5.2	35.0	5.1	38.0	5.5	41.0	5.5	37.0
1900	4.6	31.0	4.9	29.0	5.3	35.0	5.1	38.0	5.6	40.0	5.5	37.0
1950	4.5	30.0	5.2	33.0	5.3	36.0	5.2	39.0	5.4	40.0	5.5	37.0
2000	4.7	32.0	5.2	33.0	5.3	36.0	5.1	40.0	5.3	38.0	5.4	36.0