



FOQR Lucerne, Switzerland

22 - 24 May 2016

**10**  
(Event)

**RACE DATA**  
**Lightweight Men's Four**  
24 MAY 2016

**LM4-**  
**F**  
**Race 64**

Dist. [m]	HUN		ESP		GRE		GER		RUS		JPN	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.2	45.0	4.2	43.0	4.1	46.0	4.3	47.0	4.0	44.0	4.3	44.0
100	5.5	44.0	5.6	44.0	5.6	46.0	5.6	47.0	5.5	43.0	5.6	44.0
150	5.8	43.0	5.9	43.0	6.0	45.0	6.0	46.0	5.8	42.0	5.9	42.0
200	5.8	42.0	5.9	41.0	6.0	43.0	6.0	45.0	5.9	41.0	5.8	40.0
250	5.7	42.0	5.8	40.0	5.9	41.0	5.8	44.0	5.8	39.0	5.7	40.0
300	5.6	41.0	5.7	39.0	5.8	41.0	5.7	43.0	5.7	38.0	5.7	39.0
350	5.6	40.0	5.7	39.0	5.8	40.0	5.7	42.0	5.7	37.0	5.7	39.0
400	5.5	40.0	5.6	38.0	5.7	40.0	5.7	41.0	5.6	37.0	5.6	38.0
450	5.5	38.0	5.6	38.0	5.7	40.0	5.6	40.0	5.6	37.0	5.5	38.0
500	5.4	38.0	5.5	37.0	5.6	39.0	5.5	40.0	5.5	36.0	5.4	37.0
550	5.3	37.0	5.5	37.0	5.5	38.0	5.5	40.0	5.4	36.0	5.4	37.0
600	5.3	37.0	5.4	37.0	5.4	38.0	5.4	40.0	5.4	35.0	5.4	37.0
650	5.3	37.0	5.4	36.0	5.4	38.0	5.4	39.0	5.4	35.0	5.4	37.0
700	5.3	37.0	5.5	37.0	5.5	37.0	5.5	39.0	5.5	35.0	5.4	37.0
750	5.3	37.0	5.4	37.0	5.5	37.0	5.5	39.0	5.4	35.0	5.5	36.0
800	5.4	37.0	5.5	37.0	5.5	37.0	5.5	39.0	5.5	35.0	5.4	36.0
850	5.4	37.0	5.5	36.0	5.5	37.0	5.4	39.0	5.4	35.0	5.4	36.0
900	5.3	37.0	5.4	36.0	5.4	37.0	5.4	38.0	5.5	35.0	5.4	37.0
950	5.3	36.0	5.4	36.0	5.4	37.0	5.4	38.0	5.4	35.0	5.4	36.0
1000	5.3	37.0	5.5	36.0	5.4	37.0	5.4	38.0	5.4	35.0	5.3	36.0
1050	5.3	37.0	5.4	36.0	5.4	37.0	5.4	38.0	5.4	35.0	5.3	37.0
1100	5.4	38.0	5.4	37.0	5.4	38.0	5.4	38.0	5.4	36.0	5.3	37.0
1150	5.3	37.0	5.3	36.0	5.4	38.0	5.4	38.0	5.5	36.0	5.4	37.0
1200	5.4	38.0	5.4	37.0	5.4	38.0	5.4	38.0	5.4	36.0	5.4	37.0
1250	5.3	37.0	5.4	37.0	5.4	38.0	5.4	38.0	5.4	36.0	5.4	37.0
1300	5.3	37.0	5.4	37.0	5.4	38.0	5.4	38.0	5.5	36.0	5.4	38.0
1350	5.2	37.0	5.3	37.0	5.4	38.0	5.4	38.0	5.4	37.0	5.4	38.0
1400	5.2	37.0	5.3	37.0	5.4	38.0	5.4	38.0	5.5	37.0	5.4	37.0
1450	5.2	38.0	5.3	37.0	5.4	38.0	5.3	38.0	5.5	37.0	5.3	37.0
1500	5.2	37.0	5.3	37.0	5.4	39.0	5.3	38.0	5.5	37.0	5.3	37.0
1550	5.2	37.0	5.4	37.0	5.4	39.0	5.4	39.0	5.5	38.0	5.3	38.0
1600	5.3	37.0	5.4	39.0	5.4	39.0	5.5	40.0	5.5	38.0	5.3	38.0
1650	5.4	38.0	5.4	39.0	5.4	40.0	5.6	40.0	5.6	40.0	5.3	38.0
1700	5.3	38.0	5.3	39.0	5.4	39.0	5.5	41.0	5.6	40.0	5.3	38.0
1750	5.3	39.0	5.4	39.0	5.3	39.0	5.5	41.0	5.6	39.0	5.2	37.0
1800	5.3	39.0	5.4	40.0	5.3	39.0	5.5	41.0	5.5	39.0	5.3	37.0
1850	5.4	40.0	5.3	39.0	5.3	40.0	5.4	42.0	5.6	40.0	5.4	40.0
1900	5.4	41.0	5.3	39.0	5.4	41.0	5.5	41.0	5.6	40.0	5.5	39.0
1950	5.3	41.0	5.3	39.0	5.2	39.0	5.5	41.0	5.6	40.0	5.5	40.0
2000	5.2	39.0	5.1	38.0	5.0	36.0	5.2	40.0	5.6	39.0	5.5	40.0