



FOQR Lucerne, Switzerland

22 - 24 May 2016

12
(Event)

RACE DATA
Men's Quadruple Sculls
22 MAY 2016

M4x
H2
Race 28

Dist. [m]	RUS		CAN		NOR							
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.5	44.0	4.4	44.0	4.3	45.0						
100	6.0	43.0	5.9	43.0	5.7	42.0						
150	6.3	39.0	6.3	42.0	6.0	40.0						
200	6.4	38.0	6.3	40.0	6.2	38.0						
250	6.3	38.0	6.3	39.0	6.1	37.0						
300	6.2	37.0	6.2	38.0	5.9	36.0						
350	6.2	37.0	6.1	37.0	5.9	36.0						
400	6.1	37.0	6.0	36.0	5.8	36.0						
450	6.0	37.0	5.8	35.0	5.7	35.0						
500	5.9	37.0	5.8	35.0	5.7	34.0						
550	5.9	36.0	5.8	35.0	5.7	35.0						
600	5.8	35.0	5.8	35.0	5.7	34.0						
650	5.8	35.0	5.7	35.0	5.6	34.0						
700	5.8	35.0	5.7	35.0	5.6	34.0						
750	5.7	35.0	5.7	35.0	5.5	34.0						
800	5.7	35.0	5.6	35.0	5.5	34.0						
850	5.7	35.0	5.6	35.0	5.6	34.0						
900	5.8	35.0	5.6	35.0	5.6	34.0						
950	5.7	35.0	5.6	34.0	5.5	34.0						
1000	5.7	35.0	5.5	34.0	5.5	34.0						
1050	5.7	35.0	5.6	35.0	5.6	34.0						
1100	5.7	35.0	5.6	35.0	5.7	34.0						
1150	5.6	35.0	5.6	35.0	5.7	34.0						
1200	5.7	35.0	5.6	35.0	5.7	34.0						
1250	5.7	36.0	5.6	35.0	5.7	35.0						
1300	5.7	35.0	5.6	36.0	5.7	35.0						
1350	5.7	35.0	5.6	37.0	5.7	35.0						
1400	5.7	36.0	5.6	36.0	5.6	34.0						
1450	5.7	35.0	5.6	36.0	5.6	34.0						
1500	5.6	36.0	5.6	36.0	5.6	34.0						
1550	5.7	35.0	5.6	36.0	5.5	34.0						
1600	5.7	35.0	5.6	36.0	5.4	34.0						
1650	5.7	35.0	5.5	35.0	5.5	33.0						
1700	5.6	36.0	5.6	36.0	5.5	33.0						
1750	5.7	36.0	5.6	36.0	5.5	33.0						
1800	5.6	36.0	5.6	37.0	5.4	33.0						
1850	5.6	36.0	5.6	36.0	5.4	33.0						
1900	5.6	36.0	5.5	35.0	5.4	33.0						
1950	5.5	36.0	5.5	35.0	5.5	33.0						
2000	5.4	35.0	5.5	34.0	5.5	33.0						