



FOQR Lucerne, Switzerland

22 - 24 May 2016

5
(Event)

RACE DATA

Men's Four

22 MAY 2016

**M4-
H2
Race 22**

Dist. [m]	RSA		ARG		SRB							
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.4	49.0	4.2	46.0	4.3	46.0						
100	5.9	44.0	5.5	44.0	5.7	43.0						
150	6.2	42.0	5.8	43.0	5.9	40.0						
200	6.2	40.0	5.8	42.0	5.8	39.0						
250	6.0	39.0	5.8	41.0	5.8	38.0						
300	6.0	38.0	5.8	40.0	5.7	38.0						
350	5.8	37.0	5.8	40.0	5.6	38.0						
400	5.8	37.0	5.7	39.0	5.6	37.0						
450	5.8	37.0	5.6	39.0	5.5	36.0						
500	5.7	36.0	5.5	39.0	5.5	36.0						
550	5.7	37.0	5.5	38.0	5.4	35.0						
600	5.6	36.0	5.4	38.0	5.4	35.0						
650	5.6	37.0	5.4	38.0	5.3	35.0						
700	5.6	37.0	5.4	37.0	5.3	34.0						
750	5.6	37.0	5.4	37.0	5.3	35.0						
800	5.5	37.0	5.4	37.0	5.4	34.0						
850	5.6	37.0	5.4	37.0	5.3	34.0						
900	5.5	36.0	5.5	37.0	5.4	34.0						
950	5.5	36.0	5.6	37.0	5.3	34.0						
1000	5.5	36.0	5.5	37.0	5.3	34.0						
1050	5.5	36.0	5.6	38.0	5.4	34.0						
1100	5.5	36.0	5.6	38.0	5.4	34.0						
1150	5.6	36.0	5.6	37.0	5.5	35.0						
1200	5.6	36.0	5.6	37.0	5.6	35.0						
1250	5.6	35.0	5.6	37.0	5.5	34.0						
1300	5.5	35.0	5.6	38.0	5.5	35.0						
1350	5.5	35.0	5.6	38.0	5.5	34.0						
1400	5.5	36.0	5.5	38.0	5.3	33.0						
1450	5.5	35.0	5.6	38.0	5.3	33.0						
1500	5.4	35.0	5.5	38.0	5.2	32.0						
1550	5.5	36.0	5.5	38.0	5.1	31.0						
1600	5.4	36.0	5.5	38.0	5.0	31.0						
1650	5.5	35.0	5.4	38.0	4.9	30.0						
1700	5.3	35.0	5.4	38.0	4.9	29.0						
1750	5.4	35.0	5.5	38.0	4.8	28.0						
1800	5.4	35.0	5.4	38.0	4.7	28.0						
1850	5.4	35.0	5.3	37.0	4.7	27.0						
1900	5.3	34.0	5.3	37.0	4.7	27.0						
1950	5.3	34.0	5.3	37.0	4.8	26.0						
2000	5.1	34.0	5.2	37.0	4.6	25.0						