



ECH Poznan, Poland

29 - 31 May 2015

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H3

29 MAY 2015

Race 6

Dist. [m]	GER		DEN		IRL		POL		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.8	42.0	3.8	46.0	3.8	44.0	3.8	42.0				
100	4.5	40.0	4.5	41.0	4.4	39.0	4.3	39.0				
150	4.4	39.0	4.5	39.0	4.4	38.0	4.3	36.0				
200	4.4	37.0	4.5	37.0	4.3	34.0	4.3	36.0				
250	4.4	36.0	4.4	36.0	4.3	34.0	4.3	35.0				
300	4.3	36.0	4.4	35.0	4.4	35.0	4.3	35.0				
350	4.4	36.0	4.4	34.0	4.4	35.0	4.3	35.0				
400	4.4	36.0	4.3	34.0	4.3	34.0	4.2	34.0				
450	4.3	36.0	4.3	34.0	4.4	34.0	4.3	34.0				
500	4.3	36.0	4.2	33.0	4.3	34.0	4.2	34.0				
550	4.4	36.0	4.2	33.0	4.3	34.0	4.2	34.0				
600	4.4	36.0	4.3	33.0	4.3	33.0	4.2	34.0				
650	4.3	36.0	4.2	33.0	4.3	33.0	4.2	33.0				
700	4.3	35.0	4.3	33.0	4.3	32.0	4.2	33.0				
750	4.2	35.0	4.2	32.0	4.2	33.0	4.2	33.0				
800	4.3	35.0	4.2	32.0	4.3	33.0	4.1	33.0				
850	4.3	34.0	4.2	32.0	4.3	33.0	4.2	34.0				
900	4.3	34.0	4.2	32.0	4.3	33.0	4.2	33.0				
950	4.3	34.0	4.2	32.0	4.3	33.0	4.1	33.0				
1000	4.2	33.0	4.3	33.0	4.3	33.0	4.1	32.0				
1050	4.4	34.0	4.3	33.0	4.3	33.0	4.2	33.0				
1100	4.4	35.0	4.3	33.0	4.3	33.0	4.2	33.0				
1150	4.3	35.0	4.3	32.0	4.3	33.0	4.1	32.0				
1200	4.3	34.0	4.3	32.0	4.3	32.0	4.2	32.0				
1250	4.2	33.0	4.2	32.0	4.3	33.0	4.1	32.0				
1300	4.2	33.0	4.2	32.0	4.2	33.0	4.0	32.0				
1350	4.2	34.0	4.2	32.0	4.2	33.0	4.0	31.0				
1400	4.2	34.0	4.2	32.0	4.2	32.0	4.0	31.0				
1450	4.2	33.0	4.2	32.0	4.2	32.0	4.0	31.0				
1500	4.3	34.0	4.2	32.0	4.2	32.0	3.9	30.0				
1550	4.3	35.0	4.2	32.0	4.2	33.0	4.1	30.0				
1600	4.2	34.0	4.2	32.0	4.2	32.0	4.0	31.0				
1650	4.2	34.0	4.2	32.0	4.2	32.0	4.1	31.0				
1700	4.2	34.0	4.3	32.0	4.2	32.0	4.0	30.0				
1750	4.2	34.0	4.2	33.0	4.2	32.0	4.0	30.0				
1800	4.2	34.0	4.2	33.0	4.2	34.0	4.0	29.0				
1850	4.2	34.0	4.2	33.0	4.2	34.0	3.9	29.0				
1900	4.3	35.0	4.3	34.0	4.2	34.0	4.0	30.0				
1950	4.2	35.0	4.3	34.0	4.2	35.0	4.0	29.0				
2000	4.2	35.0	4.3	35.0	4.2	37.0	3.9	29.0				

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AQUANET 150

