



ECH Poznan, Poland

29 - 31 May 2015

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H2

29 MAY 2015

Race 5

Dist. [m]	NED		RUS		AUT		LAT		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	3.8	40.0	3.7	40.0	3.8	42.0	3.7	35.0				
100	4.6	38.0	4.4	37.0	4.5	38.0	4.3	35.0				
150	4.7	37.0	4.5	35.0	4.5	36.0	4.4	34.0				
200	4.6	36.0	4.5	35.0	4.5	35.0	4.4	33.0				
250	4.6	35.0	4.5	34.0	4.5	35.0	4.3	32.0				
300	4.5	34.0	4.4	34.0	4.3	34.0	4.4	32.0				
350	4.4	33.0	4.4	33.0	4.4	34.0	4.3	32.0				
400	4.5	33.0	4.4	32.0	4.3	34.0	4.3	33.0				
450	4.4	33.0	4.4	32.0	4.3	33.0	4.2	32.0				
500	4.4	33.0	4.4	33.0	4.3	34.0	4.2	32.0				
550	4.4	32.0	4.3	33.0	4.3	33.0	4.2	32.0				
600	4.4	32.0	4.3	32.0	4.3	32.0	4.2	32.0				
650	4.3	31.0	4.4	31.0	4.2	32.0	4.2	32.0				
700	4.2	31.0	4.4	31.0	4.3	32.0	4.2	32.0				
750	4.2	31.0	4.3	32.0	4.2	32.0	4.2	32.0				
800	4.3	31.0	4.3	32.0	4.2	32.0	4.1	32.0				
850	4.3	31.0	4.3	32.0	4.2	32.0	4.2	32.0				
900	4.2	31.0	4.3	32.0	4.2	32.0	4.1	31.0				
950	4.2	31.0	4.3	31.0	4.3	32.0	4.1	33.0				
1000	4.2	31.0	4.3	32.0	4.2	32.0	4.1	32.0				
1050	4.2	30.0	4.3	32.0	4.2	32.0	4.2	31.0				
1100	4.2	30.0	4.2	31.0	4.2	32.0	4.1	31.0				
1150	4.1	30.0	4.2	31.0	4.1	32.0	4.1	32.0				
1200	4.1	30.0	4.2	32.0	4.1	31.0	4.0	31.0				
1250	4.1	30.0	4.2	31.0	4.1	31.0	4.0	31.0				
1300	4.1	31.0	4.2	31.0	4.0	31.0	4.0	30.0				
1350	4.1	31.0	4.2	31.0	4.1	31.0	4.0	30.0				
1400	4.2	30.0	4.2	32.0	4.1	31.0	4.0	31.0				
1450	4.2	30.0	4.3	32.0	4.1	31.0	4.0	30.0				
1500	4.1	30.0	4.2	32.0	4.1	31.0	3.9	0.0				
1550	4.1	31.0	4.2	32.0	4.1	31.0	4.0	32.0				
1600	4.2	30.0	4.3	32.0	4.0	31.0	4.0	0.0				
1650	4.2	30.0	4.2	32.0	4.1	31.0	4.0	31.0				
1700	4.2	31.0	4.2	32.0	4.0	30.0	4.0	0.0				
1750	4.1	31.0	4.3	33.0	4.0	30.0	4.0	0.0				
1800	4.2	30.0	4.2	32.0	4.0	31.0	3.9	0.0				
1850	4.2	30.0	4.2	32.0	4.0	29.0	4.0	0.0				
1900	4.2	31.0	4.3	30.0	4.0	30.0	3.9	30.0				
1950	4.1	31.0	4.3	31.0	4.0	29.0	4.1	0.0				
2000	4.1	31.0	4.2	31.0	3.9	29.0	4.0	0.0				

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