



ECH Poznan, Poland

29 - 31 May 2015

17

RACE DATA

LW1x

(Event)

Lightweight Women's Single Sculls

H1

29 MAY 2015

Race 4

Dist. [m]	CYP		SWE		GBR		GRE		LTU		Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke		
50	3.8	45.0	3.8	44.0	3.6	46.0	3.7	39.0	3.7	41.0		
100	4.7	41.0	4.4	40.0	4.4	43.0	4.3	36.0	4.4	38.0		
150	4.7	39.0	4.5	40.0	4.5	42.0	4.4	35.0	4.4	35.0		
200	4.6	37.0	4.6	39.0	4.5	41.0	4.3	35.0	4.5	34.0		
250	4.6	37.0	4.5	36.0	4.6	40.0	4.3	34.0	4.4	34.0		
300	4.5	36.0	4.5	36.0	4.4	39.0	4.2	34.0	4.4	33.0		
350	4.5	36.0	4.4	35.0	4.4	38.0	4.1	33.0	4.3	33.0		
400	4.4	35.0	4.4	35.0	4.4	37.0	4.2	33.0	4.3	33.0		
450	4.4	36.0	4.3	35.0	4.4	36.0	4.1	32.0	4.2	32.0		
500	4.3	35.0	4.3	33.0	4.3	36.0	4.0	32.0	4.3	32.0		
550	4.3	34.0	4.3	33.0	4.3	35.0	4.1	32.0	4.3	32.0		
600	4.3	34.0	4.3	33.0	4.4	35.0	4.0	32.0	4.2	31.0		
650	4.4	34.0	4.3	33.0	4.3	34.0	4.1	32.0	4.2	31.0		
700	4.3	33.0	4.2	33.0	4.4	33.0	4.1	31.0	4.2	30.0		
750	4.2	34.0	4.3	33.0	4.3	33.0	4.0	31.0	4.2	31.0		
800	4.2	34.0	4.2	33.0	4.3	33.0	4.1	31.0	4.2	30.0		
850	4.2	34.0	4.3	33.0	4.3	33.0	4.1	32.0	4.2	30.0		
900	4.1	33.0	4.3	33.0	4.3	32.0	4.0	31.0	4.2	31.0		
950	4.1	34.0	4.3	33.0	4.3	33.0	4.1	31.0	4.2	30.0		
1000	4.1	33.0	4.3	33.0	4.3	34.0	4.0	31.0	4.1	30.0		
1050	4.2	34.0	4.3	34.0	4.4	33.0	4.1	32.0	4.1	29.0		
1100	4.1	34.0	4.4	33.0	4.4	33.0	4.1	31.0	4.2	30.0		
1150	4.1	32.0	4.3	33.0	4.4	33.0	4.0	31.0	4.1	30.0		
1200	4.1	32.0	4.3	33.0	4.3	33.0	4.0	31.0	4.1	29.0		
1250	4.1	33.0	4.3	33.0	4.4	33.0	4.1	31.0	4.1	30.0		
1300	4.1	33.0	4.3	33.0	4.3	34.0	4.1	31.0	4.2	30.0		
1350	4.1	33.0	4.3	32.0	4.4	33.0	4.1	32.0	4.1	29.0		
1400	4.2	33.0	4.3	32.0	4.3	34.0	4.1	31.0	4.2	29.0		
1450	4.2	33.0	4.2	33.0	4.3	33.0	4.1	31.0	4.1	29.0		
1500	4.2	32.0	4.3	33.0	4.3	33.0	4.1	32.0	4.1	29.0		
1550	4.1	33.0	4.3	33.0	4.3	34.0	4.1	32.0	4.0	29.0		
1600	4.1	33.0	4.2	34.0	4.3	33.0	4.1	32.0	4.1	30.0		
1650	4.2	33.0	4.3	34.0	4.3	33.0	4.1	32.0	4.1	30.0		
1700	4.1	33.0	4.3	34.0	4.4	33.0	4.2	32.0	4.1	29.0		
1750	4.1	32.0	4.3	34.0	4.4	33.0	4.1	32.0	4.1	30.0		
1800	4.2	33.0	4.3	34.0	4.4	34.0	4.2	32.0	4.1	29.0		
1850	4.2	33.0	4.3	34.0	4.4	34.0	4.1	32.0	4.1	29.0		
1900	4.1	32.0	4.3	34.0	4.3	34.0	4.1	32.0	4.1	29.0		
1950	4.1	31.0	4.3	34.0	4.3	34.0	4.2	33.0	4.1	29.0		
2000	4.0	31.0	4.3	34.0	4.3	34.0	4.1	32.0	3.9	28.0		

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