



ECH Poznan, Poland

29 - 31 May 2015

10
(Event)

RACE DATA
Lightweight Men's Four
29 MAY 2015

**LM4-
H3
Race 28**

Dist. [m]	SUI		TUR		POL		FRA		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	4.2	48.0	4.2	50.0	4.1	46.0	4.2	45.0				
100	5.6	46.0	5.5	48.0	5.4	43.0	5.6	44.0				
150	5.9	44.0	5.8	46.0	5.6	42.0	5.9	42.0				
200	5.9	42.0	5.7	44.0	5.5	41.0	5.8	41.0				
250	5.9	41.0	5.7	43.0	5.5	40.0	5.9	40.0				
300	5.8	40.0	5.7	41.0	5.4	39.0	5.8	39.0				
350	5.7	39.0	5.7	40.0	5.4	39.0	5.7	38.0				
400	5.7	38.0	5.6	40.0	5.4	38.0	5.7	38.0				
450	5.7	38.0	5.6	40.0	5.5	38.0	5.7	37.0				
500	5.6	38.0	5.6	38.0	5.6	38.0	5.6	37.0				
550	5.6	37.0	5.5	38.0	5.5	37.0	5.6	36.0				
600	5.6	37.0	5.4	38.0	5.5	37.0	5.6	36.0				
650	5.5	37.0	5.4	38.0	5.5	37.0	5.6	36.0				
700	5.6	36.0	5.4	38.0	5.5	37.0	5.5	35.0				
750	5.5	36.0	5.4	38.0	5.4	37.0	5.4	35.0				
800	5.6	36.0	5.4	37.0	5.4	36.0	5.5	35.0				
850	5.5	36.0	5.5	37.0	5.4	36.0	5.5	35.0				
900	5.6	36.0	5.5	37.0	5.3	37.0	5.5	35.0				
950	5.5	36.0	5.4	37.0	5.2	36.0	5.5	35.0				
1000	5.5	36.0	5.4	37.0	5.2	36.0	5.6	35.0				
1050	5.5	37.0	5.4	37.0	5.2	36.0	5.5	35.0				
1100	5.5	37.0	5.5	37.0	5.3	37.0	5.5	35.0				
1150	5.4	37.0	5.4	37.0	5.3	37.0	5.4	35.0				
1200	5.4	37.0	5.3	37.0	5.3	37.0	5.4	35.0				
1250	5.3	36.0	5.3	36.0	5.3	36.0	5.4	35.0				
1300	5.4	36.0	5.3	36.0	5.2	36.0	5.4	35.0				
1350	5.4	37.0	5.3	36.0	5.1	36.0	5.4	35.0				
1400	5.5	37.0	5.3	36.0	5.1	36.0	5.4	35.0				
1450	5.4	37.0	5.2	36.0	5.0	36.0	5.3	35.0				
1500	5.4	37.0	5.1	36.0	5.0	35.0	5.4	35.0				
1550	5.4	37.0	5.1	36.0	5.1	35.0	5.3	35.0				
1600	5.4	38.0	5.1	36.0	5.1	35.0	5.4	35.0				
1650	5.4	38.0	5.2	36.0	4.9	34.0	5.3	35.0				
1700	5.4	39.0	5.1	36.0	4.0	29.0	5.4	35.0				
1750	5.5	39.0	5.0	35.0	3.7	27.0	5.4	35.0				
1800	5.5	39.0	5.0	35.0	3.7	26.0	5.6	38.0				
1850	5.5	39.0	5.0	35.0	3.7	25.0	5.6	38.0				
1900	5.6	40.0	4.9	34.0	3.9	25.0	5.7	38.0				
1950	5.6	41.0	4.9	34.0	3.9	25.0	5.8	40.0				
2000	5.5	41.0	4.8	34.0	4.0	25.0	5.8	40.0				

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