



ECH Poznan, Poland

29 - 31 May 2015

10
(Event)

RACE DATA
Lightweight Men's Four
30 MAY 2015

**LM4-
SA/B 2
Race 88**

Dist. [m]	NED		FRA		ESP		GER		RUS		AUT	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.2	49.0	4.3	45.0	4.3	43.0	4.3	44.0	4.2	44.0	4.2	44.0
100	5.7	47.0	5.6	44.0	5.7	45.0	5.7	45.0	5.5	40.0	5.5	44.0
150	6.0	46.0	5.9	42.0	6.0	44.0	6.0	44.0	5.7	39.0	5.8	43.0
200	5.9	44.0	6.0	41.0	6.1	43.0	6.0	43.0	5.7	38.0	5.8	42.0
250	5.8	41.0	6.0	41.0	6.0	42.0	6.0	42.0	5.8	37.0	5.7	41.0
300	5.8	40.0	6.0	40.0	5.9	42.0	5.9	41.0	5.8	37.0	5.7	41.0
350	5.9	40.0	5.9	39.0	5.9	41.0	5.8	41.0	5.8	37.0	5.6	40.0
400	5.7	39.0	5.9	39.0	5.9	40.0	5.7	40.0	5.7	37.0	5.5	40.0
450	5.6	38.0	5.8	38.0	5.9	40.0	5.7	39.0	5.6	37.0	5.4	39.0
500	5.5	38.0	5.8	38.0	5.7	40.0	5.6	39.0	5.5	37.0	5.4	39.0
550	5.6	37.0	5.8	37.0	5.7	39.0	5.6	39.0	5.6	37.0	5.4	38.0
600	5.6	37.0	5.7	38.0	5.7	39.0	5.7	39.0	5.5	36.0	5.4	38.0
650	5.5	37.0	5.7	37.0	5.7	39.0	5.6	39.0	5.6	37.0	5.4	38.0
700	5.6	36.0	5.7	37.0	5.7	39.0	5.6	39.0	5.6	37.0	5.4	38.0
750	5.6	36.0	5.6	36.0	5.7	39.0	5.6	39.0	5.6	37.0	5.5	38.0
800	5.7	36.0	5.6	37.0	5.6	38.0	5.5	38.0	5.5	37.0	5.5	38.0
850	5.6	36.0	5.6	37.0	5.6	38.0	5.5	38.0	5.5	37.0	5.5	37.0
900	5.6	36.0	5.5	36.0	5.6	38.0	5.5	38.0	5.6	36.0	5.4	37.0
950	5.7	36.0	5.6	36.0	5.6	38.0	5.7	39.0	5.5	36.0	5.4	37.0
1000	5.5	36.0	5.6	36.0	5.6	38.0	5.7	39.0	5.6	37.0	5.3	37.0
1050	5.6	35.0	5.6	36.0	5.6	37.0	5.6	38.0	5.6	37.0	5.3	37.0
1100	5.5	36.0	5.6	36.0	5.6	38.0	5.5	38.0	5.6	37.0	5.2	36.0
1150	5.6	36.0	5.5	36.0	5.6	37.0	5.5	38.0	5.6	37.0	5.1	36.0
1200	5.5	36.0	5.5	35.0	5.6	37.0	5.5	38.0	5.6	37.0	5.2	37.0
1250	5.6	37.0	5.5	35.0	5.5	37.0	5.6	39.0	5.5	37.0	5.3	36.0
1300	5.6	37.0	5.6	37.0	5.4	37.0	5.5	38.0	5.5	37.0	5.3	36.0
1350	5.5	36.0	5.6	36.0	5.4	37.0	5.5	38.0	5.4	37.0	5.4	36.0
1400	5.5	37.0	5.6	36.0	5.5	37.0	5.5	38.0	5.3	36.0	5.4	36.0
1450	5.5	36.0	5.5	36.0	5.5	37.0	5.5	38.0	5.3	36.0	5.3	36.0
1500	5.6	37.0	5.6	36.0	5.4	38.0	5.3	38.0	5.4	37.0	5.2	36.0
1550	5.6	37.0	5.5	35.0	5.5	38.0	5.4	38.0	5.4	36.0	5.1	35.0
1600	5.6	37.0	5.6	36.0	5.5	38.0	5.4	38.0	5.4	37.0	5.0	35.0
1650	5.7	38.0	5.5	36.0	5.6	38.0	5.4	38.0	5.5	38.0	5.1	35.0
1700	5.6	38.0	5.6	36.0	5.6	38.0	5.5	39.0	5.5	38.0	5.2	35.0
1750	5.6	38.0	5.6	36.0	5.6	38.0	5.5	39.0	5.6	38.0	5.2	35.0
1800	5.7	38.0	5.7	37.0	5.6	38.0	5.5	39.0	5.6	38.0	5.1	35.0
1850	5.8	39.0	5.7	37.0	5.6	39.0	5.6	39.0	5.5	39.0	5.1	35.0
1900	5.8	40.0	5.7	37.0	5.5	38.0	5.6	39.0	5.4	38.0	4.9	34.0
1950	5.7	40.0	5.4	36.0	5.4	38.0	5.5	38.0	5.4	38.0	4.9	34.0
2000	5.5	39.0	5.4	37.0	5.3	38.0	5.4	37.0	5.3	38.0	4.9	34.0

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