



ECH Seville, Spain

31 May - 2 June 2013

10
(Event)

RACE DATA
Lightweight Men's Four
SAT 1 JUN 2013

LM4-
R2
Race 76

Dist. [m]	POL		FRA		ITA		GER		Speed [m/s]	Stroke	Speed [m/s]	Stroke
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke				
50	4.1	46.0	3.8	46.0	4.2	48.0	4.3	46.0				
100	5.2	45.0	5.0	45.0	5.2	44.0	5.4	45.0				
150	5.4	39.0	5.3	44.0	5.5	43.0	5.6	44.0				
200	5.3	41.0	5.5	42.0	5.4	42.0	5.4	42.0				
250	5.3	40.0	5.4	41.0	5.4	41.0	5.2	41.0				
300	5.2	39.0	5.2	39.0	5.3	40.0	5.4	40.0				
350	5.0	39.0	5.1	39.0	5.1	40.0	5.4	39.0				
400	5.1	38.0	5.2	39.0	5.1	39.0	5.2	38.0				
450	5.0	37.0	5.1	38.0	5.0	38.0	5.2	38.0				
500	4.8	37.0	4.9	37.0	5.0	38.0	5.1	38.0				
550	4.8	37.0	4.8	37.0	4.9	38.0	5.0	37.0				
600	4.8	37.0	4.9	37.0	4.8	38.0	4.9	34.0				
650	4.8	37.0	4.8	36.0	4.9	38.0	5.0	36.0				
700	4.9	37.0	4.8	36.0	5.0	38.0	5.2	37.0				
750	4.8	36.0	4.9	36.0	5.0	38.0	5.2	37.0				
800	4.7	36.0	4.9	36.0	4.9	38.0	4.9	37.0				
850	4.7	36.0	4.8	36.0	4.9	38.0	4.8	37.0				
900	4.8	35.0	4.7	35.0	5.0	38.0	5.0	36.0				
950	4.9	36.0	4.8	36.0	5.0	38.0	4.9	36.0				
1000	4.8	36.0	4.9	36.0	5.0	38.0	5.0	36.0				
1050	4.7	36.0	4.9	36.0	5.0	37.0	5.0	36.0				
1100	4.7	35.0	5.0	37.0	4.9	38.0	5.0	36.0				
1150	4.6	35.0	4.8	34.0	4.8	35.0	4.9	35.0				
1200	4.7	35.0	4.8	36.0	4.9	37.0	4.9	35.0				
1250	4.7	35.0	4.9	36.0	5.0	37.0	4.7	35.0				
1300	4.3	35.0	4.2	35.0	4.6	36.0	4.5	35.0				
1350	4.5	35.0	5.0	35.0	4.8	35.0	4.7	35.0				
1400	4.6	35.0	5.2	35.0	4.8	32.0	4.6	35.0				
1450	4.6	35.0	5.0	36.0	4.8	37.0	4.5	35.0				
1500	4.5	34.0	4.8	36.0	4.8	35.0	4.7	35.0				
1550	4.5	32.0	4.7	35.0	4.8	32.0	4.8	35.0				
1600	4.4	32.0	4.8	36.0	4.8	37.0	4.8	36.0				
1650	4.5	32.0	4.8	36.0	4.7	37.0	4.4	35.0				
1700	4.3	32.0	4.9	36.0	4.7	37.0	4.5	35.0				
1750	4.1	32.0	4.8	36.0	4.6	34.0	4.4	35.0				
1800	4.3	32.0	4.7	35.0	4.5	34.0	4.2	35.0				
1850	4.3	31.0	4.7	35.0	4.5	34.0	4.3	34.0				
1900	4.5	31.0	4.7	37.0	4.7	33.0	4.9	34.0				
1950	4.5	31.0	4.8	37.0	4.7	33.0	5.0	34.0				
2000	4.5	31.0	5.1	37.0	4.6	30.0	4.7	35.0				

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