



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

11

GPS RACE DATA

W4x

(Event)

Women's Quadruple Sculls - Final A

FA

SUN 12 SEP 2010

Race 121

Dist. [m]	RUS		POL		GER		UKR		SUI		ITA	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.4	41.0			3.4	39.5	4.5	40.3	4.1	40.7	4.2	41.3
100	5.1	41.2			5.4	40.7	5.8	41.1	5.0	38.5	5.3	42.8
150	5.4	41.0			5.7	39.3	6.0	38.7	5.4	38.6	5.5	41.4
200	5.6	40.1			5.7	38.5	5.8	38.5	5.5	38.8	5.5	40.8
250	5.5	39.5			5.5	37.5	5.6	37.2	5.5	38.9	5.4	38.9
300	5.4	38.6			5.2	36.6	5.6	35.6	5.3	41.8	5.3	37.0
350	5.3	37.8			5.2	35.9	5.4	35.0	5.3	44.0	5.4	35.9
400	5.3	37.3			5.1	35.2	5.2	34.6	5.1	44.8	5.2	35.4
450	5.1	36.6			4.7	34.7	5.1	34.4	5.1	39.2	5.1	35.0
500	5.2	35.9			4.8	34.4	5.1	35.7	5.0	32.2	5.0	34.9
550	5.1	35.0			4.7	34.1	5.1	35.0	4.9	29.9	4.9	34.8
600	5.2	36.9			4.9	34.0	5.1	34.8	4.9	29.9	5.0	34.5
650	5.1	37.2			4.9	33.4	5.1	35.5	4.9	31.0	5.3	34.2
700	5.1	36.3			4.7	33.1	5.0	39.5	4.8	31.7	5.1	33.7
750	4.9	35.6			4.9	32.7	4.9	40.3	4.9	32.1	5.1	33.6
800	5.0	34.6			4.7	32.7	4.9	36.8	4.8	32.3	5.2	33.6
850	5.0	34.3			4.8	32.7	4.9	36.1	4.8	32.3	5.2	33.7
900	5.0	35.1			4.8	32.9	5.0	35.0	4.8	32.4	5.0	33.7
950	5.0	34.8			5.0	32.7	4.8	30.0	4.8	32.4	4.8	33.6
1000	5.0	34.8			4.8	32.8	4.9	32.4	4.8	32.4	4.9	33.5
1050	5.0	35.1			4.9	32.9	4.8	32.6	4.7	32.4	5.0	33.6
1100	5.1	35.1			4.9	32.9	4.8	34.1	4.9	32.4	4.8	33.6
1150	5.1	35.8			4.8	32.9	4.9	38.2	4.6	32.4	5.0	33.7
1200	5.0	35.6			4.7	32.6	4.9	41.4	4.8	32.4	4.9	33.7
1250	4.9	35.8			4.7	32.6	4.7	38.9	4.7	32.4	4.9	33.5
1300	4.8	35.5			4.8	32.8	4.9	39.0	4.5	32.4	4.7	33.3
1350	4.9	35.8			4.9	32.7	4.8	36.1	4.6	32.4	4.8	33.4
1400	5.0	34.8			4.9	32.3	4.7	36.0	4.7	32.4	4.7	33.4
1450	5.0	34.9			4.7	32.3	4.8	35.4	4.7	32.4	5.0	33.6
1500	5.1	35.2			4.7	32.2	4.8	36.2	4.8	32.4	4.9	33.7
1550	5.1	36.1			4.7	32.6	5.1	36.3	4.8	32.4	5.0	34.0
1600	5.2	36.7			5.1	32.8	4.9	37.5	4.8	32.9	5.0	34.4
1650	5.2	36.5			4.9	33.1	4.8	36.2	4.8	38.8	4.9	34.5
1700	5.2	36.8			5.0	33.0	4.9	36.8	4.8	41.5	5.0	34.7
1750	5.2	36.9			4.9	33.2	4.9	35.9	4.7	40.3	5.0	35.1
1800	5.1	36.8			4.7	33.0	5.1	37.4	4.6	33.1	5.2	36.0
1850	5.2	37.7			4.9	33.6	5.1	36.6	4.7	29.2	5.4	36.6
1900	5.4	38.8			5.0	34.1	5.4	37.5	4.9	28.2	5.3	36.8
1950	5.4	39.5			5.2	34.3	5.3	38.3	5.1	31.3	5.2	37.0
2000	5.5	39.4			5.4	34.3	5.1	37.4	5.1	33.1	5.2	37.5