



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

6
(Event)

GPS RACE DATA
Women's Single Sculls - Heat 3
FRI 10 SEP 2010

W1x
H3
Race 18

Dist. [m]	GER		BEL		FIN		CZE					
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	2.1	38.7	3.1	37.6	3.9	39.8	3.6	38.1	3.4	41.4		
100	2.9	38.9	3.6	36.6	4.4	39.1	4.3	37.1	4.3	38.4		
150	4.1	38.8	3.7	35.4	4.5	38.0	4.5	36.2	4.4	36.1		
200	4.1	37.8	3.6	35.0	4.4	37.0	4.3	34.9	4.3	33.1		
250	4.1	34.9	3.7	34.2	4.3	36.1	4.1	34.2	4.2	31.8		
300	4.2	32.7	3.7	33.5	4.2	35.4	4.1	32.4	4.1	30.8		
350	4.0	32.2	3.5	35.0	4.2	35.0	4.0	31.5	4.2	30.3		
400	4.1	32.7	3.5	37.3	4.2	34.8	4.0	31.0	4.1	29.7		
450	3.9	33.7	3.4	38.4	4.0	34.5	3.8	30.3	4.0	29.4		
500	3.9	34.0	3.3	39.3	3.9	34.1	3.8	29.9	3.9	30.8		
550	4.0	32.4	3.2	39.8	3.9	34.1	3.7	29.7	3.9	29.8		
600	3.9	31.5	3.3	38.9	4.0	33.5	3.7	29.3	3.9	28.9		
650	4.0	34.7	3.4	38.4	4.0	33.4	3.6	28.8	3.8	28.4		
700	4.0	33.9	3.4	38.7	4.1	33.3	3.5	28.4	3.8	32.3		
750	3.9	34.0	3.3	38.7	4.1	33.6	3.6	28.1	3.8	30.6		
800	4.0	33.2	3.3	38.8	4.1	33.6	3.5	27.9	4.0	29.4		
850	3.9	34.3	3.2	37.0	4.1	33.6	3.6	27.6	4.0	28.6		
900	3.6	33.4	3.4	36.1	4.0	33.1	3.5	27.8	3.8	28.4		
950	3.7	34.5	3.1	34.0	4.0	32.8	3.5	27.9	3.8	28.2		
1000	3.6	32.1	3.1	37.1	3.9	32.2	3.6	27.6	3.7	28.1		
1050	3.7	32.1	3.1	38.7	4.1	32.0	3.5	27.7	3.7	28.0		
1100	3.8	32.1	3.2	37.8	4.0	32.1	3.4	27.5	3.8	28.1		
1150	3.8	31.9	3.0	37.6	4.1	32.4	3.4	27.7	3.9	28.6		
1200	3.8	33.5	3.3	31.9	4.0	32.2	3.4	27.7	3.8	28.2		
1250	3.9	33.7	3.2	35.2	4.0	31.8	3.6	27.6	3.8	28.0		
1300	4.0	33.5	3.1	34.6	4.0	31.6	3.4	27.5	3.7	28.0		
1350	3.8	32.6	3.2	37.4	3.9	31.4	3.6	27.7	3.8	28.2		
1400	3.7	31.7	3.0	38.8	4.0	31.8	3.6	28.0	3.9	28.5		
1450	3.7	31.1	3.2	39.1	3.9	31.9	3.6	28.3	3.8	28.5		
1500	3.7	31.0	3.3	39.8	3.9	31.6	3.7	28.1	3.8	28.8		
1550	3.6	33.3	3.4	37.5	3.9	31.7	3.5	28.0	3.9	28.2		
1600	3.8	30.4	3.0	37.9	3.8	32.5	3.6	28.1	4.0	28.2		
1650	3.8	28.8	3.3	39.8	4.0	32.6	3.5	27.9	4.0	31.4		
1700	3.8	29.4	3.3	36.8	4.1	32.6	3.3	28.2	3.9	30.4		
1750	3.9	29.3	3.3	38.2	4.0	32.1	3.6	28.5	4.0	29.4		
1800	3.9	30.1	3.3	39.6	4.0	32.4	3.4	29.0	4.2	29.1		
1850	3.8	33.5	3.4	37.6	4.3	33.1	3.7	29.9	4.2	30.4		
1900	3.8	31.2	3.4	39.6	4.3	34.6	3.6	30.0	4.0	30.2		
1950	4.0	30.9	3.2	39.3	4.4	35.2	3.8	29.9	3.9	29.4		
2000	4.0	31.3	3.3	37.4	4.1	34.2	3.7	30.5	4.2	31.0		