



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

10

GPS RACE DATA

LM4-

(Event)

Lightweight Men's Four - Heat 2

H2

FRI 10 SEP 2010

Race 30

Dist. [m]	AUT		NED		RUS		ITA		Speed [m/s]	Stroke	Speed [m/s]	Stroke	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke					
50													
100	0.2	40.0	0.2	40.1	0.2	40.0	0.2	39.9	0.2	40.0	0.2	39.9	
150	0.4	40.0	0.4	40.1	0.3	40.0	0.3	39.9	0.3	40.0	0.3	39.9	
200	2.2	40.0	2.0	39.8	2.1	40.2	0.4	39.8	3.3	40.3	3.5	38.3	
250	4.2	41.2	5.0	40.4	3.8	40.0	0.5	39.8	4.7	41.6	4.7	36.9	
300	5.3	40.3	5.4	40.8	4.8	39.3	0.7	39.8	5.3	40.2	5.3	35.8	
350	5.5	39.3	5.4	40.2	5.1	38.8	0.8	39.7	5.4	39.0	5.3	34.9	
400	5.4	38.4	5.5	39.9	5.0	38.0	2.1	39.5	5.5	38.0	5.1	34.6	
450	5.3	37.8	5.6	39.1	5.0	37.8	3.8	38.8	5.4	36.9	5.2	34.3	
500	5.1	37.5	5.4	38.1	5.1	36.8	4.7	38.5	5.4	36.9	5.1	34.0	
550	5.2	37.3	5.4	37.4	5.2	36.2	5.0	38.0	5.4	38.0	5.1	33.8	
600	5.2	36.9	5.2	36.9	5.1	36.0	5.2	37.8	5.6	38.0	5.2	34.3	
650	5.1	36.8	5.2	36.5	5.1	35.9	5.4	37.0	5.4	37.4	5.2	34.1	
700	5.2	36.4	5.2	36.0	5.3	35.4	5.2	37.9	5.2	37.1	5.0	33.8	
750	5.0	36.2	5.1	35.7	5.2	35.2	5.2	38.0	5.3	36.3	4.9	33.3	
800	5.1	35.9	5.0	35.4	5.1	34.9	5.2	37.7	5.2	35.6	4.9	33.2	
850	5.1	35.9	4.9	35.3	5.1	34.7	5.1	37.3	5.2	35.5	4.9	32.9	
900	4.8	35.6	4.7	35.1	5.0	34.6	4.9	37.5	5.0	35.4	5.1	32.8	
950	5.0	35.5	4.7	35.2	5.1	34.5	4.8	37.5	5.1	36.4	5.0	33.1	
1000	4.9	35.5	4.9	35.1	5.0	34.4	5.0	38.2	5.1	35.2	5.0	33.2	
1050	4.9	35.4	5.0	34.9	5.0	34.4	5.1	37.8	5.1	34.9	4.9	33.1	
1100	5.0	35.6	4.9	34.9	5.1	34.2	5.2	36.2	5.0	34.2	4.7	32.8	
1150	4.9	35.7	4.7	34.1	5.1	34.3	4.8	37.0	5.1	34.4	4.8	32.6	
1200	4.9	35.5	4.8	34.1	5.0	34.2	4.8	36.6	5.0	35.7	4.6	32.5	
1250	4.9	35.5	4.8	33.9	4.8	34.2	4.8	36.6	4.9	34.2	4.8	32.2	
1300	4.8	35.3	4.5	33.6	4.8	34.2	4.8	35.3	4.7	34.1	4.5	31.8	
1350	4.7	35.1	4.5	33.4	5.0	34.2	4.9	36.5	4.7	33.7	4.7	31.7	
1400	4.8	34.5	4.5	33.4	4.9	34.3	4.7	36.5	4.7	33.9	4.7	31.9	
1450	4.9	34.8	4.5	33.3	4.9	34.2	4.7	36.7	4.7	33.5	4.6	32.2	
1500	4.9	35.3	4.5	33.1	5.0	34.1	4.7	35.1	4.8	33.6	4.6	32.3	
1550	5.0	36.0	4.5	32.6	4.8	34.1	4.5	35.3	4.7	33.8	4.8	32.7	
1600	5.0	36.3	4.4	33.2	4.8	34.1	4.7	36.0	4.8	33.4	4.5	32.9	
1650	5.2	36.3	4.5	33.0	4.6	33.9	4.9	35.9	4.8	33.2	5.0	33.2	
1700	5.1	36.4	4.4	32.8	4.8	33.9	4.8	36.1	4.9	33.6	4.8	33.3	
1750	5.3	35.9	4.5	32.7	4.9	33.9	4.7	36.0	4.8	33.2	4.8	33.2	
1800	4.8	36.7	4.4	32.9	5.0	34.4	4.7	35.5	5.0	34.6	4.8	33.0	
1850	5.3	37.0	4.5	32.7	5.1	34.9	4.8	36.8	5.0	34.6	4.9	33.0	
1900	5.3	37.8	4.2	32.8	5.1	35.5	4.9	36.6	4.9	35.4	4.9	33.0	
1950	5.2	38.3	4.4	33.0	5.1	36.3	4.9	36.0	4.8	35.4	4.8	33.0	
2000	5.2	38.4	4.5	33.0	4.9	36.2	4.9	36.6	4.6	35.1	4.6	32.6	